



ZONTA
CLUB OF
ADELAIDE INC

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District 23 Area 2



ZEPHYR

Newsletter of the
Zonta Club of Adelaide

OCTOBER 2025

Issue 407

PRESIDENT'S REPORT

Rosie Egan

I'd like to express my appreciation to Bridget and Erica for their generosity of spirit and wise guidance as Acting Presidents while I was in London with my family. Thanks also to Desi for kindly chairing the July Board Meeting. Our club was in excellent hands with these experienced Zontians.

As we approach the end of 2025, it's important to look to the future of our club by engaging all members, especially the younger generation, by ensuring that they feel heard, valued and empowered. We are fortunate to have younger members, as well as experienced ones in our club. It is brilliant that these young members are involved in committees, contributing to social media updates and participating in and organising events. In the words of Salla Touminen, President of Zonta International, we wish to help these young women become 'a generation that creates positive change'.

She adds that 'The newly launched core values, Global Community, Friendship, Equality and Inclusion, Respect, and Integrity, are not just words on paper. They are also the foundation of how we engage with young people. Let's ensure that our Zonta club engages with all our members, especially young women, to continue to build a community across generations.

I wish to draw your attention to the core values of Zonta, as referenced by Salla Touminen. These values are the foundation of our club, and guide our actions and interactions as we work together to build a better world for women and girls.

In July I sent out the newly developed D23 Code of Conduct and Conflict Resolution documents. These documents are also available on the D23 website. Please ensure that you are familiar with these, as we build and maintain an organisation where each member is valued and feels a sense of belonging and purpose.

It was wonderful to take part in the Rotary Walk for Respect on Saturday 11 October. We gathered in Victoria Square and then marched with a range of groups, proudly representing Zonta in our orange caps and t-shirts.

The walk concluded at Festival Plaza, where keynote presenters addressed the crowd. Minister for Child Protection, Minister for Domestic, Family and Sexual Violence, and Minister for Women, The Hon. Katrine Hilliard MP spoke about the SA Royal Commission into Family, Domestic and Sexual Violence and the need for the community to be involved in prevention.

Professor Leah Bromfield, SA's 2025 Australian of the Year, revealed the impact of domestic violence upon children, while The Hon. Michelle Lensink, MLC, Shadow Minister for Women and the Prevention of Domestic, Family, and Sexual Violence outlined her support of the Commission's findings.

I would like to recommend two upcoming events to you:

- Billabong Walkathon 9th November – to support scholarships and the YWL programs
- Mt Lofty Vigil, Tuesday 2nd December – organised by the Zonta Club of Adelaide Hills. Join the AZ group at 6.00 pm for a light meal at the Mt Lofty Café, followed by the 8.00 pm Twilight Vigil to honour women and children who have lost their lives as a result of Domestic Violence. Please let me know if you'd like to be part of this group.

Our Adelaide Zonta Christmas Lunch is on Saturday 6 December at noon at the Torrens Arms. Erica has emailed the flyer to you. Please book by 25 November for this Christmas celebration - it promises to be a fabulous celebration of our year's achievements, with delicious food and delightful company. Partners are most welcome.

Zonta Club of Adelaide Christmas Lunch 2025

RE



THE ZONTA CLUB OF
ADELAIDE INVITES YOU TO

Christmas Lunch

Join in the celebrations on
Saturday 6 December 2025

The Torrens Arms Hotel

95 Belair Road

12 noon

\$65/person plus complimentary
welcome drink on arrival

Partners welcome

Please book by 25 November
TryBooking

DV SAFE PHONES

DV Safe Phones organisation is repurposing used phones into secure, untraceable lifelines to help victims of domestic violence to safely reach support. Since 2020, the group has collected, repaired, and distributed free phones through a nationwide network of 500+ partner agencies - including police, hospitals, safe houses, and community organisations.

Access the website at <https://dvsafephone.org> to find out your closest drop-off point. For example, there is one at the Burnside Council, the City of Mitcham offices and at the Blackwood Library. Answers to questions you may have can also be found at the website, including how to clear your data from your phone before you donate it.

Eye of the Dragonfly

The first female presenter of ABC Grandstand will talk about her new book with Tory Shepherd at the Hawke Centre, University of SA, on Thursday 13th November at 6 p.m. Register for this free event by accessing the www.unisa.edu.au website .

D23 STEM panel

Just a reminder that the closing date for the STEM award for D23 clubs is the **15th November 2025**.

Would any of our members like to volunteer to sit on the judging panel?

The judging panel will have a month to decide on a winner which will then be submitted to Zonta International by the end of December. Once the judging panel has made its decision on the applications it is anticipated that there will be at least one teleconference to discuss the applicants and outcomes. However, it is anticipated that the commitment will not be too onerous and should be most interesting to see the depths of talent we have in our communities. Please contact Elizabeth Wilson, Zonta Club of Wangaratta, at the email below, if you are interested in joining the panel or have any queries. Email: wilsonelizabeth563@gmail.com

Amplify your voice. Build a better world for women and girls!

Advocacy In Action (October was busy and November is next!!)**RECLAIM THE NIGHT 2025** - Get out the Orange Shirt!

Reclaim the Night - the last Friday in October - is an annual, global movement that began in the 1970s as a protest against gender-based violence and the fear many women and gender-diverse people experience when walking alone at night. The event brings communities together to reclaim public spaces, promote safety, and demand the right to live free from violence and harassment. Through marches, vigils and community gatherings, Reclaim the Night raises awareness, amplifies survivor voices, and reinforces the message that everyone has the right to feel safe — day or night. It is both a symbol of resistance and a call to action for systemic change and gender equality. More information is on the [Reclaim the Night website](#).

Friday 31st October

- 5:30pm > Gather at the top of Rymill Park (cnr Rundle St & East Tce)
- Marching to Parliament House, via Rundle Street & Rundle Mall

6:15pm > Rally & speakers at Parliament House, North Tce

Be part of this global activist event that calls for the elimination of gendered violence, an end to victim-blaming, and for actions to build safe and just communities.

**Walk of Respect 2025**

Zontians from all over South Australia proudly came together to participate in the Rotary Walk of Respect 2025 in Adelaide, standing united to promote respect, equality and the prevention of gender-based violence. This important community event also served as a meaningful segue into the **16 Days of Activism against Gender-Based Violence**, which begins on 25 November and is marked globally through the **Zonta Says NO to Violence Against Women** campaign. As cities and communities prepare to “**Colour the World Orange**,” this year’s walk reinforced Zonta’s commitment to raising awareness, amplifying survivor voices and inspiring lasting change. It was a powerful show of solidarity and a reminder that collective action can drive a safer, more respectful world.



CELEBRATING WOMEN'S ADVOCACY VOICES

Zontians proudly came together to participate in a special gathering hosted by BPW Adelaide to honour and celebrate the enduring contribution of women's advocacy groups across South Australia. Minister Katrine Hilliard acknowledged the extraordinary legacy of these organisations, recognising their decades of leadership in advancing gender equality, opening doors for others, and building a stronger, more inclusive state.

The event brought together a remarkable collective — including the Zonta Club of Adelaide and several other Zonta Clubs, National Council of Women South Australia, Girl Guides South Australia Inc., Women's International League for Peace and Freedom, Embolden, Pay Our Respects and parliamentary representatives Michelle Lensink MLC (an Adelaide Zontian) and Connie Bonaros MLC. President Rosie Egan, Area 2 Director Jenni Foreman, Robyn Page from the Zonta Club of Me Barker and Di Lancaster representing NCWSA attended.

This gathering was a powerful reminder of the strength that comes from standing alongside other enduring women's organisations. It celebrated a shared legacy of advocacy, leadership and collective action — and reaffirmed the importance of continuing to lift women up, open doors for others and work together toward lasting gender equality. It was both a tribute to those who came before and a call to keep driving change for generations to come.



Thank you for taking part in our round table discussion at our October meeting. We will continue to follow Zonta International's five step framework for taking action. We will gather the facts, lead by example, use our voice in our club and in the wider community, and we will advocate and collaborate.

Some good news: A company called Soft Landing, with its Head Office in Port Kembla and branches in ACT, WA and Victoria, recycles mattresses, sofas and lounge chairs, employing workers experiencing barriers to employment. It is a not-for-profit enterprise. In one year, the company recycles 433,000 mattresses, keeping waste out of landfill.

Some bad news: Choice Magazine at www.choice.com.au points out that, around the world, 3.5 million plastic toothbrushes go into landfill each year and they can take up to 500 years to break down.

Now back to the good news, Terracycle offers an oral care recycling program that turns toothpaste tubes and caps, manual toothbrushes, electric toothbrush heads and floss containers into hard plastic that can be reused by manufacturers. Do a google search to find your closest drop-off point.

You can also buy eco-friendly alternatives to plastic toothbrushes. Check out Colgate Recyclean, www.asuvi.com.au and www.turtletribe.com.au for toothbrushes made out of bamboo and cornstarch. Kmart, Woolworths and Chemist Warehouse stock eco-friendly brushes.

MEMBERSHIP COMMITTEE

Melissa Klenke

Three potential members visited our club at the October meeting. One has advised that she enjoyed the meeting but is not interested in joining at the moment. She will come to our meetings from time to time. One is enthusiastic and wants to become a member of our Club. She will have 4 visits during the next few months and then decide whether she will continue towards membership. The third has visited our Club several times and I have not had a chance to speak to her. There is to be a D23 Think Tank discussion on Membership issues and ideas via Zoom on Thursday 27th November. If anyone has any ideas/comments that I can pass on at this meeting, let me know..

On **Thursday the 9th of October**, Ivanka Jovanovich and Gerry Sanderson were invited to attend a wonderful afternoon at the Magarey Room, Adelaide Oval as guests of the St. Andrew's Hospital. Each year the foundation invites guests from the various organisations that support the hospital in many ways. A surprising number of professional bodies provide medical follow-up advice as well as therapeutic products that are made available for women who have been admitted to the hospital for breast cancer surgery. An estimated 250 people were present.



There was also a strong contingent of women who had undergone breast cancer surgery over the last year. Ivanka and I were absolutely overwhelmed by the tidal wave of these women who surged towards our table to thank us for our Zonta breast cushions that played such a supportive role in providing post-surgery comfort for them. We received \$60.00 in donations as well as a bag full of La Roche Posay products to include in our EADVS Christmas hampers.

On Thursday the 11th of October our volunteers at the Service attended a workshop run by Alison Menneaud (Senior Case Worker at the EADVS) to add to our understanding of the challenging elements of domestic violence: Why do women stay with their violent and controlling perpetrators? What are the categories of domestic violence? What do women do when they are forced to leave their homes without resources? What support is available to them? How can they protect themselves from future attacks? How do they deal with leaving behind (in some cases) their children, their pets, their possessions? It was a confronting topic and a hard session for most of us in attendance to experience. All of us were deeply impressed with Alison's knowledge and in the organised way the topic was presented.

On Monday the 10th of October I spent two hours with Margaret and John Randle, the owners of **Kin-claven**, 56 Waverley Ridge Road, Crafers West. This is the site of our upcoming Open Garden fundraiser on **Saturday the 22nd of November and Sunday the 23rd of November**.

Kinclaven is a magnificent property set on two acres surrounding an amazing historical house Circa 1850. The property is truly impressive with a waterfall and ancient trees and fascinating features waiting to surprise and delight the visitors. Margaret and John have been kind enough to donate to Zonta, half of the gate takings in response to a letter I wrote to them expounding the wonderful projects Zonta deliver and how our fundraising underpins our ability to deliver on these projects.

I still have many gaps on the roster and I'm hoping that members will be able to fill some of those gaps. We now have the added pressure of manning the gate and that involves recruiting 12 more people to do that. The Silent Sewers will help us out to a degree but please, please look at your diaries because at this stage there is a significant shortfall.

On Friday the 17th of October a table of 10 ZCA members attended the Eastern Adelaide Domestic Violence Service annual quiz night. We didn't win the main prize but we weren't humiliated either. The bonus was that Linda Mackenzie won the Heads and Tails contest. It was a wonderful evening with lots of fun and laughter. The EADVS staff were thrilled with our continued Zonta support in helping to raise money in the only fundraiser they hold each year.

On Monday the 20th of October a group of sewing girls came to my place to cut and sew breast protection discs designed for women living in Fiji who have undergone breast cancer surgery. This is a new activity for us and a bit of a learning curve when compared with our familiar breast cushion production. The project was instigated by Dymphna Sprod from Silent Sewers and by the end of the day we had constructed well over 50 discs and all of us have undertaken to sew more in our own private time.



This photo was taken at the end of the workshop after a hard day's productive work.

Thank you to those members who brought along gifts to the last meeting to contribute to the EADVS Christmas hampers.

I have now learned that Zonta is now responsible for donating All of the gifts for the women. The other donor, the Influencers Church, will provide all the children's gifts. It's never easy I know, and speaking personally, I find it hard to impose that expectation on you.. I have been collecting items since the beginning of this year and do have a reasonable stockpile, but we must fill at least 50 hampers.

I have had guarantees of donations from businesses I approached some time ago and I will be following that up next week. Please, dear members, I would be so relieved to get this support from you because the only time you can pass donations on to me will be at the next club meeting on November the 5th. A last resort is to bring items to the Christmas lunch on Saturday the 6th of December but that leaves me little time to collate and bag up in preparation on Monday.

IMPORTANT DATES

Wednesday 5th of November Christmas Hamper donations

Friday 7th of November Breast Cushion Sewing

Saturday 8th of November breast cushion packing and delivery

Friday 21st of November Birthing Kit Assembly Adelaide High School

Saturday 22ND of November Open Garden

Sunday 23rd of November Open Garden

Saturday 6th of December Christmas Hamper donations

Monday 8th of December Christmas Hamper Packing EADVS

Members are reminded that our Billabong Walkathon will be held on Sunday 9th November. We already have Tony and Marks and a local orchardist on board for donations for our walkers. Meet at the Mary Harris Bundilla Reserve in Walkerville, right near Woolworths.

It should be a fun (and fitness) morning.

We hope to encourage more walkers to join us this year. So please ask family and friends to join with us on the walk and assist us raise funds for our educational programs.

There will be a prize for the young person who raises the most funds and gifts for all participants. I hope you can find your sneakers and practise in the lead up to the walk.

The planning committee is undertaking tasks to make the event a success.

Maxine Panegyres on behalf of Awards and Planning committee.



Billabong Walkathon 2025

Fundraiser to support
club scholarships and
our High School
Young Women Leaders Program

10.00am **
Sunday 9th November

Bookings through Trybooking



Billabong Walk-a-Thon

10.00AM * 9th Nov 2025

Follow the bitumen paths, suitable for pushers and wheelchairs, of the River Torrens Linear Park, through the suburbs of Walkerville, St Peters and Gilberton on a 5 km walk

Entry fee: \$20 adults, children under 12 free, Young people 12 - 18 \$10

Meet at the Mary P Harris Bundilla Reserve, located near Woolworths Registration desk opens at 9.30 a.m. Prize for the highest money raiser!

BOOK IN HERE

<https://www.trybooking.com/DFYTJ>

BANK DETAILS

Zonta Club of Adelaide Inc

BSB: 633-000 Acc No: 149452385

Let's walk together!





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NCWSA AGM meeting 9/20/25

This month's meeting welcomed South Australian Police Commissioner Grant Stevens who spoke on Family and Domestic Violence. Since he last spoke to the group in 2021 a Royal Commission into Domestic, Family and Sexual Violence has been instigated. This was due to 4 domestic violence deaths in 2023.

Natasha Stott Despoja AO was appointed as Commissioner. A dedicated Advisory Group was formed One year in and 136 recommendations were made, 14 of which related directly to SA Police. All 136 are to be supported over a 10 year plan.

The first recommendation for the 14 was for the Government to establish a dedicated service for Domestic Violence.

Multi Agency Hubs have been created.

Maria Hagias oversees all DV centres in SA. Two SAPOL officers have been provided to work in these areas. Enhanced training is now provided specialising in DV. 6000 staff are to be trained.

A DV Disclosure Scheme is now in place enabling 3rd parties to contact police if they believe dangers are evident in relationships.

Reports of DV has increased but this is believed to be due to a more positive response. Time spent on DV reports/claims 2018 was 1.5 hours. In 2023 it had increased to 3.75 hours.

An SA Initiative is Operation Storm, which concentrates on DV perpetrators and delivering full force of the law as warranted and hunting down offender.

Recruiting for SAPOL has been a major issue which has become more evident since COVID. There has also been an increase in resignations, retirements and poaching from other agencies in the Government and private sectors. Fatigue is also an issue in the DV sector for officers.

Courses have increased from 6 to 12 and 50 officers have been pulled to help with training.

Diversity in nationality/culture and sex has been a highlight in recruitment advertising. Barriers have been lifted to allow progression for women through the force.

He also addressed current issues being triggers for DV such as environmental with droughts and now the algae bloom impacting businesses and incomes.

AGM Other business

4 retirements from committee mainly due reaching 6 year time limit for roles.

Positions were put up for re-election and have now been filled.

We invite you to a
TWILIGHT VIGIL

**HONOURING WOMEN AND CHILDREN WHO
HAVE SUFFERED FROM DOMESTIC VIOLENCE**

Tuesday 2 December

Mount Lofty Summit

**Cafe open from 6:00 pm for light meals,
followed by the Vigil at 8:00 pm**

**Join us at this iconic location overlooking Adelaide,
to reflect on, and honour, women and children who
have lost their lives as a result of Domestic Violence.**

PLEASE WEAR SOMETHING ORANGE

This event is organised by the Zonta Club of Adelaide Hills as part of the 16 Days of Activism against gender-based violence – a global campaign held each year between 25 November and 10 December, advocating to end violence against women and children.



Facebook:
ZontaAdelaideHills

Scan to learn more
about Zonta.

Proudly
Supported by:

Supporting
survivors of FGM
and war crimes



ZONTA
CLUB OF
ADELAIDE HILLS INC

Build a Better World for Women and Girls

Summary

Bev introduced Erfan Abidi. She discussed the contributions of Erfan, an Afghan man who has been in Australia for over four years and has made significant positive impacts through education, particularly by establishing underground schools for girls. She also mentioned that Erfan has received numerous awards and was involved with the United Nations.

Women's Rights in Afghanistan's Past

Erfan discussed Afghanistan's history, particularly focusing on the period before 1979 when women had more rights and freedoms. He described how women were involved in education, the military, and politics during this time, and highlighted the importance of education for both men and women. Erfan expressed his passion for promoting women's education and equality, drawing on his own family's history of educated women. He also touched on the challenges faced by Afghanistan, including conflicts and restrictions on women's rights in recent years.

Afghanistan's Historical Struggles and Progress

Erfan shared a historical overview of Afghanistan, highlighting the country's struggles and achievements over the past 20 years. He discussed the impact of conflicts, including the Soviet invasion, the civil war, and the rise of the Taliban, as well as the role of extremist groups like Al-Qaeda. He emphasized the significant progress made during this period, including improvements in education, women's rights, and various sectors such as telecommunications, agriculture, and the arts. However, he also noted the challenges faced, including corruption and the recent takeover by the Taliban, which led to widespread protests and a mass exodus of people from the country.

Girls' Education in Afghanistan

Erfan discussed his efforts to educate girls in Afghanistan, starting with a hashtag campaign that gained global attention. He described opening underground schools in Pakistan in 2022, initially operating in secret due to security concerns. Erfan's movement expanded to include 300-400 schools and a thousand stores, providing education and resources to girls who otherwise would not have access. He emphasized the importance of keeping the girls' identities confidential and maintaining strict security protocols.

Afghanistan's Internet Disruption Impact

He discussed the impact of recent restrictions in Afghanistan, highlighting the loss of internet connectivity and communication with teachers, students, and international educators. He explained that online education programs, which were a critical lifeline for many Afghan students, have been disrupted, affecting their learning and mental health. Erfan expressed concern about the uncertainty of the situation and the need for global attention to restore internet services and continue supporting Afghan students.

Advocating for Afghan Women's Education

The meeting focused on supporting educational initiatives for women and girls, particularly in Afghanistan, where access to education has been challenging. Members discussed the importance of funding for teachers and students, including providing stationery and other resources. They also talked about writing letters to politicians to advocate for the reopening of schools and the importance of education for both boys and girls. The group agreed to take action by writing letters to government officials and approaching local female politicians.

Next steps

- Bev to write a letter to politicians regarding the internet shutdown in Afghanistan and circulate it to club members within a week.
- Club members to approach their local politicians or female politicians with the letter to bring pressure on international communities to reopen internet access in Afghanistan.
- Club to make a decision about financial support for Afghan underground schools at the next meeting.

DIARY DATES

NOVEMBER

- 5 Club meeting Speaker: Katrina Ellis on matters related to superannuation and security
- Christmas hamper contributions
- 7 Breast cushion sewing
- 8 Breast cushion packing and delivery 9-11am
- 9 Walkathon in the Linear Park
- 17 Board meeting
- 21 Birthing kits assembly Adelaide High School
- 22/23 Open Garden Crafers West (Sessions 9.30-12, 12-2, 2-4)

DECEMBER

- 6 Club Christmas celebration
- Christmas hamper contributions
- 8 Packing Christmas hampers

JANUARY

FEBRUARY 2026

- 4 Club meeting Speaker: Kate Ramsay, author of 'A Hell of a Glass Ceiling—Achieving gender equality in the workplace'
- 16 Board meeting

MARCH 2026

- 4 Club meeting Panel of politicians planned to discuss women's issues for the State election
- 6 International Women's Day Breakfast
- 16 Board meeting

President Rosie Egan **Vice President** Desi Zed

Secretary Thelma Harvey **Treasurer** Di Lancaster

Directors Louise Stevens, Janice Watson, Yvonne Karpinski, Colleen Tomlian

COMMITTEES 2025-2026

MEMBERSHIP

Convenor: Melissa Klenke

Members: Annette Brock, Raema Mahony, Janice Watson, Margie Glover, Daina Long, Jan Wood.

ADVOCACY GROUPS

Convenor: Bev Gum, Bridget Mather

Members: Kathy Ellis, Colleen Tomlian, Helen Pertsinidis, Jill Olifent, Wendy Bruce, Thelma Harvey, Carol Summers, Mara Rains, Kaye Roberts-Thomson, Georgina Tenny, Jude Murphy.

SERVICE

Co-Convenors: Gerry Sanderson, Angela Vandellis

Members: Mara Rains, Margie Glover, Thelma Harvey, Ivanka Jovanovich, Louise Stevens, Wendy Bruce, Vonney Karpinski, Melissa Klenke, Annette Brock, Linda Mackenzie.

Karen Bellchambers - assisting with birthing kits.

AWARDS

Convenor: Raema Mahony

Members: Maxine Panegyres, Colleen Tomlian, Karen Bellchambers, Louise Stevens, Verena Colby, Lucy McDonald – helping with ZYWLA & Mentor on leadership projects

COMMUNICATION AND PR

Convenor: Maxine Panegyres

Members: Miriam Zhu, Trish Palmer, Isabella McCulloch, Melissa Klenke, Lucy McDonald, Kaye Roberts-Thomson.

FINANCE

Convenor: Erica Majba

Members: Di Lancaster, Helen Joraslafsky, Desi Zed

ADVISORS

Aileen Connon, Val Baldwin, Catherine Alcock, Deborah Lodge

PUBLIC OFFICER Verena Colby

NATIONAL COUNCIL OF WOMEN SA Linda Mackenzie, Karen Bellchambers

VISITORS BOOK Maxine Panegyres

ARCHIVIST/ HISTORIAN Maxine Panegyres

VOLUNTEERING STRATEGY FOR SA Val Baldwin

Actively involved across a number of committees - Bailee Phillips, Mel Tate



**We wish a happy birthday to our members
celebrating in November**

NOVEMBER

**21 Val Baldwin
25 Desi Zed**

ZONTA INTERNATIONAL

Founded in 1919, Zonta International envisions a world in which women's rights are recognized as human rights and every woman is able to achieve her full potential. In such a world, women have access to all resources and are represented in decision making positions on an equal basis with men. In such a world, no woman lives in fear of violence. Its Objects are:

- To improve the legal, political, economic, educational, health, and professional status of women through service and advocacy.
- To work for the advancement of understanding, goodwill, and peace through a world fellowship of members.
- To promote justice and universal respect for human rights and fundamental freedoms.
- To be united internationally to foster high ethical standards, to implement service programs, and to provide mutual support and fellowship for members who serve their communities, their nations, and the world.

We're on the Web! Zonta Club of Adelaide Inc
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www.zontaclubofadelaide.org.au zontaclubofadelaide@gmail.com
www.zonta.org (Member ID)
www.zontadistrict23.org.au Zonta Club of Adelaide

