



# ZONTA

CLUB OF  
ADELAIDE INC

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District 23 Area 2

# ZEPHYR

Newsletter of the  
Zonta Club of Adelaide

**APRIL 2025**

Issue 401



## PRESIDENT'S REPORT

### ROSIE EGAN

As we move into April, we are faced by challenging world events, where gains achieved in gender equity are increasingly under pressure. There is a solution, however and in the words of the UN Secretary-General António Guterres, speaking at the 69th session of the Commission on the Status of Women (CSW69) in New York, *'the antidote is action'*.

Zonta International is a member-based human rights organisation with a focus on both advocacy and service to deliver on its mission and goals to build a better world for women and girls. It is up to us continue to construct a world where gender equality is achieved through active advocacy and effective service.

Bridget Mather, Chair of the Zonta Australia Committee and Co-convenor of the Advocacy Committee, has written letters to Cricket Australia and relevant politicians expressing Zonta Australia's concern over Cricket Australia's inclusion of the Afghan men's cricket team, despite the extremely negative circumstances faced by Afghan women. She has also written to Senator Gallagher to 'call for a reaffirmed commitment to the Sustainable Development Goals (SDGs), particularly Goal 5 (SDG5), which aims to achieve gender equality and empower all women and girls'. These letters have been distributed to club members by email. These actions further demonstrate Zonta's goals of providing a credible and visible voice and making a commitment to gender equality. Thank you, Bridget.

Our March speaker, Professor Wendy Ingman, clearly outlined 'Breast cancer risk and the modern woman', giving us a greater understanding of this important topic. Thank you, Kaye, for organising this insightful presenter.

With a focus upon education equity, Rosie and Raema attended an International Women's Day Assembly at Mitcham Girls High School on 4 March, presenting scholarships to students Hollie Knott and Claire Rowan. It was wonderful to see student empowerment and leadership in action at the student-led assembly. Thanks to Zonta members Colleen Tomlian and Jill Olifent for facilitating this event.

Bailee Phillips was presented with the Young Women's Community & Spirit Award by Her Excellency the Honourable Frances Adamson at the International Women's Day Afternoon Tea at the Town Hall on 5 March. This award recognises young women who are using their skills to make our community a better place for women and girls, and Bailee certainly fits this description. Congratulations Bailee!

Our International Woman's Day breakfast at the Norwood Function Centre on 7 March was posted on the Zonta International website. Amy Park, Communications Associate from Zonta International thanked us for sharing our story, and also for 'building a better world for the women and girls in your community'.

The 2025 theme, "March Forward," emphasized turning promises into progress and advancing the fight for gender equality. Over 60 attendees appreciated the inspiring message from speaker Rachel Perkins, which focused on the influence of her mother Eileen.

Thanks need to go to the team of Sue, Karen, Desi, Bev, Mel, Kaye, Bailee, Margie, Louise, Maxine, Vonney, Bridget, Heather and Di, who all contributed to the success of this event.

Lesley Hills Sieglhoff and the Zonta Club of Adelaide Flinders generously donated small fabric Heart Hugs for our IWD event. They were a wonderful addition to our breakfast, illustrating love, care and solidarity between our clubs. We raised nearly \$1400 for UN Women Australia, reinforcing the club's commitment to supporting initiatives for women's empowerment.

We are looking forward to the Young Women in Leadership Award Ceremony at Government House on Wednesday 26 March and learning the name of our successful candidate from the Zonta Club of Adelaide, who will then have the opportunity of winning a \$5000 prize from Zonta International. The award focuses upon the applicant's participation in leadership, her achievements and commitment to building a better world for women and girls through service and advocacy.

The aim is to ensure more women are represented in key decision-making positions worldwide. Thank you to Jenni Foreman, Area 2 Director and Raema Mahony, Awards Committee Convenor for their sustained efforts to bring this event to fruition. We will welcome these applicants at our April meeting.

Please note that a special screening of 'Songs Inside' on Sunday 30 March at the Regal Theatre at 2.30 pm has been organised by the Zonta D23 Area 2 Clubs. The healing power of music is explored within the Adelaide Women's Prison in this film, which promises to be an uplifting presentation.

The District 23 Area 2 Workshop will be held on 17 May at the Payneham Library. Titled 'Making Cents', the workshop promises to be an exciting day of making connections and exchanging ideas. The Keynote Speaker is Jaylee Cooper, Manager of Philanthropy & Engagement, Catherine House.

The 2025/26 Committees are included in this issue. Thank you to everyone for their dedicated and ongoing commitment to these groups, which ensures the continued vision, progress and success of the Adelaide Club of Zonta.



We are coming to the end of the 2024-2025 ZI financial year so it's time for members to consider what activities, events, programs, projects etc that you'd like the club & members to undertake in 2025/2026. The finance committee needs to prepare a budget for the next financial year so we need all members to submit proposal forms to enable us to do so.

Could all leaders of current programs & projects please complete your forms so we have an idea of expenses & outlays required. We welcome ideas for fundraising activities & events or new projects from all members. Please nominate 2 or 3 respective dates so we can plan events & space them over the next 12 months so they aren't happening on top of each other.

Proposal forms were sent to members to submit for consideration for 2025/2026 fundraising, events & projects & programs. I have split the event & fundraising into separate forms because a fundraising idea may not necessarily involve holding an event. Also attached was an expense claim for form members should they need to be reimbursed for approved expenses relating to club activity.

At the last meeting we discussed and voted for setting up a Zoom facility for the club. Whilst we are still encouraging members to attend meetings in person the facility will provide flexibility for members who are unable to attend meetings due to health concerns, work commitments or are travelling. Flexibility is the key in order to keep members connected and also opens up the possibility of engaging guest speakers who are based interstate or overseas. The facility will also be available for committee convenors and event organisers to use for meetings. I hope to have the facility set-up for our May meeting.



Pictures from a successful IWD Breakfast

Just weeks into President's Trump's suspension of all foreign aid, the impact on millions of women and girls is catastrophic and health systems are 'crumbling' according to the UN and other women-focused global aid agencies. But it is not only health care for women that is impacted. The women of Afghanistan now have new challenges as demonstrated in the story below.

## ***Afghan Women Stranded as U.S. Halts Refugee Program***

Thousands of Afghan women who had hoped to begin new lives in the United States are now trapped in Pakistan after President Trump's administration abruptly suspended the U.S. refugee assistance program in January 2025. Among them are sisters Maryam and Zainab, who had fled Afghanistan after the Taliban's return to power. Both had been approved to immigrate under the P-2 refugee program, and Zainab was scheduled to fly to the U.S. on February 5. But with Trump's executive order freezing refugee admissions, their flights—and their hopes—were cancelled without notice.

Now stranded in Pakistan with expired visas, Maryam and Zainab live in constant fear of deportation. The Pakistani government has been cracking down on Afghan refugees, forcing many to hide in remote areas to avoid being sent back to a country where they face severe restrictions and persecution. "In Afghanistan, there is no home or place left for us, and here we have no peace," Maryam says.

Rahila, another Afghan woman affected by the policy, had spent years working on U.S.-funded projects in Afghanistan. She sold her possessions to finance her journey, only to find out through social media that her flight had been cancelled. With her savings depleted and no legal status in Pakistan, she struggles to survive by working as a tailor. "I felt that all doors had been closed to me," she says, echoing the despair of many others in her situation.

The consequences of the U.S. refugee freeze extend beyond individual cases. A February report revealed that the State Department's Office of the Coordinator for Afghan Relocation Efforts is set to shut down in April, leaving an estimated 200,000 Afghans in limbo. Many had been waiting for years, believing they were on the path to safety, only to see their futures unravel overnight.

For families like Saideh, who had given up everything to relocate, the uncertainty is devastating. After working with the U.S. for 15 years, her husband was granted a P-2 visa, allowing him to bring his family to the U.S. Their flights were scheduled for February 13, but like so many others, their plans were abruptly halted. Now crammed into a two-bedroom apartment with 14 people, they are unsure how much longer they can endure the hardship.

With no clear timeline for resuming refugee admissions, Afghan women stranded in Pakistan remain in a precarious position—unable to return home, unwanted in their host country, and abandoned by the very nation they trusted to provide them refuge.

You can read this newsletter online here: <https://lesglorieuses.fr/trump-and-the-taliban>

## **Zonta says now on Climate Change**

We emailed the Burnside Council with our proposal to assist in the fight against climate change. Members of the committee, Wendy Bruce, Bev Gum, Isabella McCulloch, Bridget Mather and myself are meeting next Wednesday before our meeting to discuss the response .

The Service Committee and guests attended a committee meeting at Gerry's home on Wednesday the 12<sup>th</sup> of March. There were 13 of us including Bev Gum (EADVS Volunteer) and Mary Burford (Friend of Zonta)

The purpose was to discuss our expanding numbers on the Service Committee and how to include everyone in meaningful hands-on projects.

It was a highly successful meeting with excellent suggestions from the group, included below.

- \*Develop a roster system at the DV Centre to 'spread the load'. Currently our volunteers attend every week. New members might be able to assist with the transportation of food to motels.
- \*Extend our responsibilities at the EADVS: Help to organise the 'linen shed' which is currently not within our capacity.
- \*Create a Z Club at Adelaide High School and/ or Mitcham Girls High School.
- \*Explore projects which can be to be shared with Puddle Jumpers.
- \*Revisit the relationship we have with Rotary. Gerry to approach Campbelltown Rotary and Bev to use Birthing Kit contacts.
- \*Strengthen our link with Seeds of Affinity.
- \*Working in Law Courts to sit with women before and when they go into court.
- \*Use of member expertise to teach English to migrant/refugee women of non-English speaking background.
- \*Caring for members in difficulties (i.e. ageing/ dealing with problems etc.)

Other avenues could be explored: Support for grandparents (usually women, 2000 in SA) who become carers of their grandchildren and receive no funding.

Liaison with The Village Company which provides essential items for new mums and their babies. For example: mums who are homeless, have mental health issues, are refugees, teenagers etc.

The purpose of this meeting was to create a sense of fellowship and common purpose. The Service Committee is aware that as circumstances change, as they have over the last 6 months, we need to ensure that our team maintains the cohesion and the sense of inclusion and contribution we have established. Also to feel valued in the recognition of the many skills and expertise we all bring to this group.

We thank the efforts of Trish Palmer who has approached a supermarket chain to ask for donations of shopping bags for our food distribution. I have composed a letter of authority to present to potential donors. Through Trish's efforts, her idea will be considered at the next (supermarket) management meeting.

The membership committee organised a gathering of new members and prospective members which was held at the Lion Hotel, North Adelaide, on Saturday 22nd March. Amongst much friendly conversation, we were able to get to know prospective members, Rachel Berry Barlow, Vicki Stravinski and Jude Murphy. There were apologies from Georgina Tenny, Hannah and Jane Brown and Linda and Alicia McKenzie. New members, Isabella McCulloch and Melissa Klenke, were able to attend. Our president, Rosie, gave an account of Zonta and its aims and objectives and answered questions. Thank you to Maxine, Erica and Kaye who joined us on this very pleasant occasion.

## COMMUNICATION AND PR COMMITTEE

Maxine Panegyres

I am pleased that a few of our new club members have joined the committee to support and enhance the work of the PR and Communication committee. They will bring skills in social media and website management.

Our members now include Kaye Roberts-Thomson, Lucy McDonald, Isabella McCulloch, Melissa Klenke, Miriam Zhu, Trish Palmer, Tasia Pertsinidis.

We farewell Andra Flynn D'Arcy who is returning to Williamstown, Victoria to live after the April Club meeting. We also thank Andrea for her work in developing the social media plan for the club which has been endorsed by the board.

Now it is up to our committee to put it into action.

## AWARDS COMMITTEE

Raema Mahony

The Awards Committee would like to thank Leanne Longfellow and Carol Summers for their membership with our committee during the last year. They will both be leaving the committee and we welcome new members Louise Stevens, Verena Colby and Karen Bellchambers.

Margaret Peters did a great job coordinating the selection panel for our club winner and nominee for the District23 competition for the 2025 Zonta Young Women in Leadership Award. We were fortunate to have 7 inspiring young women apply to our club and it made the selection a difficult task for the panel. Thank you to Lucy McDonald, Maxine Panegyres and Margaret Peters for their contribution to selecting a winner and runner up will be announced at the April club meeting.

On Wednesday 26<sup>th</sup> March these 7 applicants attended Governor House to receive certificates and the Governor SA announced to those attending who were the club winners for each of the 4 clubs participating in this competition.

Unable to attend the event was:-

**Madeleine Schiller** is a 17-year-old Year 12 student at Mitcham Girls High School, who is part of the senior leadership team and been involved in school representative councils since Year 6. She has undertaken the our club Zonta Young Women Leader Program and contributed to multiple community and fundraising events at school.

**SAVE TO DATE SUNDAY 9<sup>TH</sup> NOVEMBER for Awards Committee 2025 Fundraising Activity will be a Walkathon in the Linear Park.** Details to follow soon

**OUR CLUB WINNER** was **Ella Davies** . Ella Davies 18 years completed her Year 12 at Sacred Heart where she was Mission Captain and received a 2024 Order of Australia Student Citizen Award (Highly Commended) for her community volunteering and student leadership. In 2025 prior to commencing a Midwifery Degree in 2026, Ella will participate in Camp America and continue her part time jobs, mentoring and leadership roles at Puddle Jumpers children camps.



**Gursimrat Buttar** 16years is attending Year 11 Mitcham Girls High School where she is House Captain, participated in our Zonta club Young Women Leaders Program and as a member of the school Future Thinkers group. Her community involvement has been for years as a member Australian Army Cadets currently holding the leadership position of Trainee Sergeant and a Kumon Assistant contributing to the academic development of younger students.



**Lilly Collins** is a 17-year-old Adelaide High School student who is currently Year 12 Head Prefect and has been a leader throughout her schooling demonstrating outstanding communication skills. She is an effective and respected leader with her peers and participated actively in school community events also participating in our club Zonta Young Women Leader Program.



**Brianna Cragg** 18 years was able to demonstrate her leadership skills and participation in the community by her role as the 2024 Head Prefect at Adelaide High School and by receiving a 2024 Order of Australia Student Citizen Award. While commencing her 2025 Psychology Degree Brianna will continue her membership of the South Australia Youth Forum and working as a Front-End Supervisor at Drakes Supermarket.



**Abigail Hunt** 17 years has been involved in supporting young people during her mission work at Sacred Heart College and at Puddle Jumpers where she has taken on leadership roles in their camps and programs. She has demonstrated these leadership skills by undertaking supportive and compassionate roles with a new employee and young Mums at the camps for vulnerable and disadvantaged participants.



**Cody Obst** 19 years has been involved in a school leader program and for the last 3 years volunteered at Puddle Jumpers where she has undertaken roles as a Mentor, Team Leader and Program Coordinator at children and carers camps. She has received many awards in Puddle Jumpers Volunteer Awards Program and has inspired young people when employed as a Lifeguard and Swimming Instructor at Salisbury Aquatic Centre.

NCWSA meeting of March had as its guest speaker, Terese Edwards, a 2024 Ruth Gibson Memorial award recipient. As part of her presentation, she mentioned a new animated film to mark Single Parents Day. The link to watch the animation is below.

Terese's work to support single parents and uncover the funding denied to single parents and children has been recognized across the world.

### **New film calls for a 'new chapter' for single parents worldwide**

An international group of historians, policymakers and NGOs, led by [Glasgow Caledonian University](#) and [Trinity College Dublin](#), and funded by [Arts and Humanities Research Council](#), has launched a powerful new animation to mark **Single Parents Day**.

The animation *Time for a New Chapter* was produced by [Media Co-op](#) in collaboration with experts from the UK, Ireland, Australia and New Zealand. It was part of an [Arts and Humanities Research Council](#)-funded project entitled [Vulnerability & One Parent Family Network \(VOPFN\)](#), coordinated by [Dr Janet Greenlees](#), Reader in Health History at Glasgow Caledonian and [Lindsey Earner-Byrne](#), Professor of Contemporary Irish History at Trinity College Dublin, reflects both the history and the lived experiences of single parents, showcases the pride and strength in single parenthood, and addresses the misconceptions that many lone parents face.

The project was co-produced with network members, including Dr Janet Greenlees, Reader in Health History at Glasgow Caledonian University, Professor Lindsey Earner-Byrne of Trinity College Dublin, Karen Kiernan, Chief Executive of One Family Ireland and Terese Edwards of the Single Mother Families Australia Incorporated.

The animation highlights the diverse paths to single parenthood, celebrates the resilience and pride of single parents and challenges common misconceptions.

Through its narrative, it calls on governments to help write 'a new chapter' for single parents by developing policies that better support single parent families, including fairer social security, affordable childcare, secure housing, financial stability, and greater respect. Viewers are also encouraged to share their ideas by visiting <https://www.vopfn.org/timeforachange>.

[The full film can be watched here.](#)

### **Terese Edwards, Chief Executive of Single Mother Families Australia**

"Single Mother Families Australia is thrilled to support and participate in this international initiative. We advocate for policies that celebrate and empower single mothers and their children. This engaging animation illustrates how respect can transform policy-making, paving the way for a new chapter. In Australia, this release coincides with the heartfelt national apology for the forced adoption practices that single mothers experienced."



Dr Aileen Connon AM will be 95 years in July and has contributed during her lifetime to the community particularly to women and children. She was born in Aberdeen, Scotland.

She was fortunate to gain a place in Medicine at The Queen's University of Belfast, as one of 21 women and 98 returned ex-service men. In 1955, after completing her intern training in Glasgow she came out to join her family, who had moved to from Scotland to Tasmania. When she came off the ship, she discovered that her father had arranged an interview for a position in The Queen Victoria Memorial Hospital in Melbourne where she completed her basic training in Obstetrics and Gynaecology.

She then travelled to London in 1963 to obtain her Membership of the Royal College of O and G. She later became a Fellow of the RCOG.

After working in the UK she obtained a University of Liverpool Research Fellowship in Obstetrics and Gynaecology, where she undertook her Doctor of Medicine research. While there she was offered a position as Lecturer Obstetrics and Gynaecology at the University of Adelaide, eventually becoming an Associate Dean of the Faculty of Medicine. Aileen's career in medicine was at a time when it was not common for women to go to university, become doctors, specialists and university academics.

Aileen was granted 12-month sabbatical leave from the University of Adelaide in 1974. She travelled to The University of California, Berkeley USA to undertake a Master of Maternal and Child Health degree, where she was keen to learn new ideas. On her return she prepared a Study Leave report to the Council of the University of Adelaide which included practices adopted by the university for students to report rape and sexual assault.

At that time, Dame Roma Mitchell, a member of the University of Adelaide Council, had recently handed down her "Royal Commission Report on Rape and Sexual Assault" and she requested Professor Lloyd Cox to assist Aileen to set up a Sexual Assault Referral Centre in The Queen Elizabeth Hospital. This involved a Coordinating Committee from The Department of Health, Queen Elizabeth staff, Police Major Crime Unit, the Crown Prosecutor, the Department Community Welfare Crisis Care Unit and the Women's Advisor to the Premier. This was in an era when this type of collaboration was not the norm.

Aileen had many achievements including 9 years as a senior bureaucrat within the SA Health Commission. During this time she worked closely with the multicultural community. She then moved to Flinders University as an Associate Professor in the Department of Obstetrics and Gynaecology.

She was appointed a Member in the General Division of the Order of Australia (AM) in 2005 for service to public health and medicine, particularly through organisations to improve available health care for women and children, and to medical education.

In 2006, Aileen decided to honour her mother by funding two university Scholarships in Medicine at the University Adelaide. The students have to be in Second Year of the Bachelor of Medical Studies and demonstrate that they are in financial need. The scholarship is named the "Lottie and Aileen Connon Scholarship" in honour of her mother Lottie.

Aileen is a lover of music particularly classical music. As a result, she sponsors a Music Chair in the Cello Section of the Adelaide Symphony Orchestra.

**Reflection on Joining Zonta** - Aileen was aware that most of her friendship groups were limited to hospitals and universities and were predominantly men. She felt the need to widen her contacts and found that by joining Zonta, she met through Zonta a diverse group of women from different occupations and thinking. It also connected her to an international organisation. When she travelled, she was able to attend Zonta club meetings in a country she was staying in, including Japan and Italy and was always warmly welcomed. This she found very stimulating.

# DIARY DATES

## APRIL

2 Club meeting: Speaker Yihan Li from WIRE on Financial Wellness For Women  
Slate for 2025-26 Board membership presented

14 Board meeting

## MAY

7 Annual General Meeting. Speaker Pauline Glover from Rugs with Love.

10 Rugs with Love afternoon tea

16 Breast Cushion sewing

17 Area 2 Meeting

17 Breast cushion packing and delivery

19 Board Meeting Changeover dinner

## JUNE

4 Club meeting. Induction of new Board

16 Board meeting

## JULY

2 Club meeting

21 Board meeting

## AUGUST

6 Club meeting

6 Breast cushion sewing

7 Breast cushion packing and delivery

## SEPTEMBER

3 Club meeting Young Women Leaders Graduation

5-7 District 23 Conference in Devonport Tasmania

## OCTOBER

1 Club meeting

## NOVEMBER

5 Club meeting

7 Breast cushion sewing

8 Breast cushion packing and delivery

9 Awards Committee 2025 Fundraising Activity Walkathon in the Linear Park

**President** Rosie Egan **Vice President** Desi Zed

**Secretary** Verena Colby **Treasurer** Di Lancaster

**Directors** Sue Jackson, Louise Stevens, Carol Summers, Janice Watson

Ex Officio Kaye Roberts-Thomson

## COMMITTEES 2025-2026

### MEMBERSHIP

**Convenor: Thelma Harvey**

Members: Annette Brock, Raema Mahony, Janice Watson, Margie Glover, Daina Long

### ADVOCACY GROUPS

**Convenor: Bev Gum, Bridget Mather**

Members: Kathy Ellis, Colleen Tomlian, Miriam Zhu, Helen Pertsinidis, Heather Luke, Jill Olifent, Sue Jackson, Wendy Bruce, Thelma Harvey, Carol Summers, Mara Rains, Kaye Roberts-Thomson

### SERVICE

**Co-Convenors: Gerry Sanderson, Angela Vandellis**

Members: Mara Rains, Margie Glover, Thelma Harvey, Ivanka Jovanovich, Louise Stevens, Wendy Bruce, Vonney Karpinski, Melissa Klenke, Annette Brock

Deb Lodge, Karen Bellchambers - assisting with birthing kits.

### AWARDS

**Convenor: Raema Mahony**

Members: Maxine Panegyres, Colleen Tomlian, Karen Bellchambers, Louise Stevens, Verena Colby, Margaret Peters – on leave – helping out, Lucy McDonald – helping with ZYWLA & Mentor on leadership projects

### COMMUNICATION AND PR

**Convenor: Maxine Panegyres**

Members: Miriam Zhu, Trish Palmer, Tasia Pertsinidis, Isabella McCulloch, Melissa Klenke, Lucy McDonald, Kaye Roberts-Thomson

### FINANCE

**Convenor: Erica Majba**

Members: Di Lancaster, Helen Joraslafsky, Desi Zed

### ADVISORS

Aileen Connon, Val Baldwin, Catherine Alcock, Deborah Lodge

**PUBLIC OFFICER** Verena Colby

**NATIONAL COUNCIL OF WOMEN SA** Maxine Panegyres, Colleen Tomlian

**VISITORS BOOK** Maxine Panegyres

**ARCHIVIST/ HISTORIAN** Maxine Panegyres

**VOLUNTEERING STRATEGY FOR SA** Val Baldwin

Actively involved across a number of committees - Bailee Phillips, Mel Tate



**We wish a happy birthday to our member  
celebrating in April**

**APRIL**

**18 Bev Gum**

#### ZONTA INTERNATIONAL

Founded in 1919, Zonta International envisions a world in which women's rights are recognized as human rights and every woman is able to achieve her full potential. In such a world, women have access to all resources and are represented in decision making positions on an equal basis with men. In such a world, no woman lives in fear of violence. Its Objects are:

- To improve the legal, political, economic, educational, health, and professional status of women through service and advocacy.
- To work for the advancement of understanding, goodwill, and peace through a world fellowship of members.
- To promote justice and universal respect for human rights and fundamental freedoms.
- To be united internationally to foster high ethical standards, to implement service programs, and to provide mutual support and fellowship for members who serve their communities, their nations, and the world.

**We're on the Web! Zonta Club of Adelaide Inc**

**Club, International and District Box 3132 PO, Norwood 5067**

**[www.zontaclubofadelaide.org.au](http://www.zontaclubofadelaide.org.au) [zontaclubofadelaide@gmail.com](mailto:zontaclubofadelaide@gmail.com)**

**[www.zonta.org](http://www.zonta.org) (Member ID)**

**[www.zontadistrict23.org.au](http://www.zontadistrict23.org.au) Zonta Club of Adelaide**

