



# ZONTA

CLUB OF  
ADELAIDE INC

Charter 0627 on 17/4/1969  
District 23 Area 2

# ZEPHYR

Newsletter of the  
Zonta Club of Adelaide

## NOVEMBER 2024

Issue 397



### PRESIDENT'S REPORT

#### ROSIE EGAN

The Zonta Club of Adelaide continues to accomplish success across a wide range of activities. In keeping with the Zonta International 2024-2026 Biennial Goals of a Credible and Visible Voice, as well as a Leadership and Sustainability, our Adelaide Club projects reflect achievements in these areas.

The Zonta goal of Education Equality within the area of a Credible and Visible Voice was evidenced by scholarship recipient Katherine Davey from Mitcham Girls High School. She commented that 'I am forever grateful for the benefits that the Zonta scholarship provided me with that will last a lifetime in all aspects of my life' by 'alleviating the financial burden of pursuing an academic opportunity'. (Her letter is included in this Zephyr.) Katherine added that 'Through this experience, I have gained valuable skills, grown personally, and taken a significant step toward my future goals'.

We should never underestimate the impact of these scholarships on the young women recipients.

A major fundraiser, the Billabong Walk-a-Thon, took place on Sunday 20 October, and proved to be a major triumph, with participants and donors raising money to support our many causes. Congratulations to Maxine and Thelma and their team who planned and organised this fabulous event for over a year. The beauty and serenity of the Torrens River walk had an impact of all participants. A total of \$1615 was raised overall.

The Service Committee's next Open Garden event is at The Mosaic Garden, Kensington Gardens on November 30th and December 1st. Please come along and help if you can.

Gerry and her team are also asking for donated gifts for the East Adelaide Domestic Violence Centre, which can be brought to the November meeting.

The updated Constitution has been presented to last Board Meeting and is to be distributed to all members for consideration. It will be voted on at the next Club Meeting, 6th November.

Thanks to Verena, Erica and Wendy for their sustained efforts in this task.

Zonta's 16 Days of Activism takes place from 25 November to 10 December.

On 25 November, Zonta International commemorates the International Day for the Elimination of Violence Against Women and begins the 16 Days of Activism to End Gender-Based Violence.

Bev, Bridget, Wendy and Rosie are meeting to discuss ideas for action and publicity, which will be presented at the November meeting.

We will be looking for activities to raise awareness and to influence and change gender-based attitudes and behaviours to end violence against women.

In response to the inspiring speakers at our October meeting from Seeds of Affinity, the Zonta Board is examining ways our club can support this organisation and assist in the important work of supporting women when in prison, and when leaving incarceration.

The next club meeting on Wednesday 6th November will feature a talk by Jennifer Howard from Safe Pets, Safe Families. This organisation provides a range of support services to vulnerable pet owners in South Australia.

The Zonta Christmas lunch is on Saturday 7th December at the Torrens Arms. The invitations and Trybooking details will be sent out soon. Please join us in celebrating another very successful year.

Please also put Sunday morning, 19 January 2025, in your calendars for the Amelia Earhart breakfast, to raise funds for AE scholarships in the aerospace industry.

Putting a face to a name is always hard for new members and to make this process easier, we encourage our members to wear their name badges to meetings. Members of our committee wear a yellow rose brooch so that we are easy to identify. We are always happy to organise introductions, answer questions and generally ensure that all members are comfortable at our meetings.

To facilitate this process further, we plan to add details to the place names that we use at our dinner meetings. I mentioned this at our October meeting and everyone seemed to be in favour of this. Di has agreed to take members' photos to forward to me so that I can add them to each member's place name. If you prefer, you can forward me a favourite photo of yourself rather than having a new one taken. I would also like to add other details such as each member's particular interests and hobbies. I will circulate a sheet at the next meeting so that, if you wish, you can record these details. For example, my place name shows that my interests are family, reading, painting and Pilates.

At our November meeting, we will induct Vonney Karpinski. Vonney is a retired company owner who teaches art classes at U3A as a volunteer. Vonney has attended several of our meetings this year as well as several of our social functions. Vonney has considerable experience in mentoring and running a business incorporating information technology and is interested in working towards a better future for women and girls for the prevention of domestic violence

Melissa Klenke, Karen Bellchambers, April Edelston, Kaye Leach, Lucy McDonald and Marlene Fabrizio are interested in joining our club. All have attended one or more Club meetings or social gatherings and we look forward to welcoming them to future meetings and events.

We are also looking forward to welcoming Bella McCulloch to future meetings now that she has returned from North America.

## ADVOCACY REPORT

Thelma Harvey

### ***Zonta says now on Climate Change, November 2024***

***This month, our committee, consisting of Bella McCulloch, Bev Gum, Bridget Mather, Wendy Bruce, Kaye Roberts-Thomson and myself, is focusing on ReUse or Upcycle. Many of us reuse an item rather than disposing of it. Here are just three ways to reuse items:***

***1. I fill empty wine bottles with home made sauce.***

***2. Di Lancaster converted an empty tissue box into a dispenser for a roll of environmentally friendly food scrap bags.***

***3. Coffee grounds add nitrogen to the compost heap, and can be used in the kitchen as an abrasive to clean dirty pans. Use them to remove garlic odours from your hands or odours from your refrigerator.***

***For more ideas, check Planet Ark at <https://planetark.org> or "Recycling near you" at <https://recyclingnearyou.com.au>***

## OPEN GARDENS

- We now have an open gardens sub-committee comprising 6 members: Di Lancaster, Louise Stevens, Deb Lodge, Sue Jackson, Heather Luke, Gerry Sanderson
- Lots of ideas have been exchanged and we were very pleased that the October meeting supported our notion of the club covering costs for consumables. There were many reasons for supporting this initiative and we felt that it was essential to make this process more standardised and far less difficult for everyone. Plus, there will always be a profit so we will more than cover expenditure by the club.
- We've taken on board Mel Tate's point that homemade foods have a unique quality in the OG venture so Deb has negotiated with John, the chef from Hope's Cafe. He has agreed to help us in making cakes with Deb's guidance. A wonderful solution. Other improved serving ideas are being explored but are still in a developmental stage.
- The status of the SAPOL and DSS clearances for our volunteers at the EADVS has become a critical situation in that it is quite unclear and difficult for us to determine. Especially given the departmental policy of not sending reminders to volunteer groups, nor to the EADVS. This means that some of us have exceeded our expiry dates and need to immediately submit renewal applications.
- This is further complicated by the list of other club members who have been granted clearances via my endorsement with the EADVS in the understanding that they will assist with Christmas hamper packing in December. I have been following this up with these departments but it's a slow process.
- Christmas hamper packing will be held on Monday the 9th of December.
- The EADVS quiz night was enthusiastically supported by Zonta. We gathered together 20 people to fill two tables at the fun event held on Friday 18th of October.
- Breast cushions sewing workshop is scheduled for Friday the 1st of November
- Breast cushions packing and delivery will be on Saturday the 2nd of November.

Many thanks to Trish Palmer, Annette Brock, Angela Vandellis, Mary Burford, Ivanka Ivanovich and Gerry Sanderson for volunteering to assist.



*This photo is our youngest little helper in turning through breast cushion straps in preparation for the BIG sewing day on Friday the 1st of November. Baby Georgia with her great Grandmother Colleen.*

The Mosaic Garden will be held on Saturday the 30th of November and Sunday the 1st of December.

- I'll also circulate a roster for members to fill in their willingness to help out at the open garden at the November meeting.
- Verena has kindly circulated via emails to you requesting your support in donating gift items for the Christmas hampers we traditionally provide for the victims of domestic

## YES, IT'S THAT TIME AGAIN

- Dear members, YES, it's that time again for me to request Christmas gifts for clients of the EADVS as we have done for many years. We will be packing the Christmas hampers in early December.
- Last year we filled 71 hampers.
- Last year was also a bonanza year with so many of you donating beautiful gifts
- We don't need toys because that is provided by the Influencers church, but what we DO NEED are items for the women. In the past we have spent up to \$30.00 Plus each for gifts to be included in the hampers we prepare. I've also asked that there may be some of you who feel happy to approach some of your regular service providers like: hairdressers, masseuse, beauticians, pharmacies for pamper products: soaps, shampoos, creams, body products, makeup, personal hygiene products etc.
- For those of you who are willing to contribute, I present the following list to choose from. This isn't a strict list because we have always been surprised and delighted with other gifts you have chosen.
- CHOCOLATES•CANDLES
- PERFUME•PRETTY HOSEHOLD ITEMS
- SCARVES•CUTE PERSONAL ITEMS
- COSTUME JEWELLERY•YOUR CHOICE

Delivery and/ or collection details to follow:

- PLEASE BRING YOUR DONATIONS TO THE NOVEMBER MEETING ON THE 6TH OF NOVEMBER  
OR
- TO THE CHRISTMAS CELEBRATION AT THE TORRENS ARMS 7th December



### Zonta Scholarship- Katherine Davey

Coming from a low socio-economic background there is often a large financial burden taken from any opportunity. This grant has greatly alleviated this burden and allows me to focus more on my academia rather than worrying about working to fund academic opportunities. This allowed me to be more confident and allowed me to take further steps in my education.

Using the scholarship, I was able to afford and enrol in the Flinders University program 'Extension Studies' in the subject of Philosophy. This financed my first semester of class, of which was "Mind and World". This taught me the study of famous philosophers' concepts of consciousness, perception of life and the idea if the philosophical god could be real.

By immersing myself in the university subject and surrounding myself with undergraduate students, I developed a sense of social adaptation and was able to switch between conversations at school with mates right to conversations about controversial, deep topics whilst only being 15 at the time. This was a truly incredible experience hearing the in and out of class conversations regarding the topics covered especially regarding life and death.

This scholarship helped me study in a different environment of academics outside of the typical high school setting. Whilst school is very structured and has high levels of support, uni is so much less structured with just attending lectures and tutorials mandatory and ensuring assignments are handed up. However, there is no teacher or professor telling you to "study hard" or "get this in by then". You are in charge of your own education, and to me that was empowering. It also allowed me to adapt to a new environment of the university, which benefits me as I wish to attend flinders in the future. I now can find classrooms around the campus, navigate the canvas site and overall understand terms and language regarding universities, placing me a step forward from my peers.

Finally, using the scholarship towards my extension studies journeys has a major benefit towards my SACE and my ATAR. From completing the course at a pass level or higher, I gain 20 SACE credits which aids to the required 200 credits. More importantly, I gain ATAR points which determine which courses/degrees I can undertake at university. From semester 1, I sit at a 9/10 for 'Mind and World' and for 'Ethics and Power' I am scheduled to reach either a 9-9.8/10. This totals to a 18/20 for the courses and is the equivalent of an 'A' in high school studies.

Overall, I am forever grateful for the benefits that the Zonta scholarship provided me with that will last a lifetime in all aspects of my life as alleviating the financial burden of pursuing an academic opportunity which has benefited my life in several aspects and has given me the confidence to take on further opportunities in my academic life. Through this experience, I have gained valuable skills, grown personally, and taken a significant step toward my future goals. I am greatly appreciative of the support gained from Zonta as it led me one step closer to my dream life through education.

Kind regards and warm wishes,

Katherine Davey.



What a lovely morning we had for the walkathon on the 20th October. And what a superb spot to start our walk. Lovely shady trees to create a great environment.

Several passers by asked about Zonta which provided an opportunity to talk about our club and what we do.

All up we had 38 walkers participating and some who came to support.

Special thanks to Desi who managed the registration and collection of moneys. Margaret Lynch who posted the trail with orange ribbons, Mara Rains and Carol Summers who helped who helped set up first thing in the morning. And then again Margaret and Mara collecting the ribbons after our event.

Thelma was instrumental in gaining council approval and developed the flyers with the walking trail to follow.

Puddle Jumpers lent us their first aid kit and we thank them for that.

I received donations of fruit from Tony and Marks as well as from Peter and Joel Brockhoff, Orchardists from Lenswood. This kept our walkers going before during and after the walk.

Deb Lodge collected the remaining fruit to make banana and apple cakes for the next open garden.

I have written to both organisations to offer our thanks.

Thelma and I thank all of our helpers and supporters on the day.

Our two youngest walkers were award vouchers for gaining the most sponsorship.

Thelma and I were pleased with the result raising just over \$1600.



Bailee and co on the swing bridge .  
Leanne's family came along,  
Maxine and Stella  
Bailee and friends  
Margaret and Maxine with our orange ribbons.



Our voucher recipients. Anastasia and Stella.

Thank you for gaining sponsorship for our walk.



Thelma, Carol Pearce and Carol Summers



What a team!

Bailee, Maxine, Thelma and Desi.

Thanks to you all.



Meeting was held for Amelia Earhart Breakfast and discussed the 2 alternatives suggested by members: a large event inviting other clubs and in the form of a gala fundraiser OR continue with previous format of a picnic. The group of club volunteers felt due to timing and the overwhelming feedback that club members enjoy the relaxed format in the park to kick start the new year, that this would continue for the 19th January 2025 event. The emphasis would be on friendship with any funds going to AE scholarship. Tasks were distributed between those volunteers present with a flyer to be ready for November club meeting.

Awards Committee members Margaret, Maxine and Raema, met with the University SA Advancement Officer responsible for our university scholarship to discuss improvements to the description of our scholarship. This meeting was necessary as no scholarship winner was chosen for 2024 and the \$3,000 scholarship money has been held by the university in trust for the 2025 selection. It was agreed that the word limit would be increased to 750 words, some additional descriptions of criteria would be added and it would be open to all Honours students included international students enrolled in the Honours program. Margaret and Maxine will provide the corrections/feedback to the university in order for it to be advertised from mid -November.

Adelaide High School has chosen 2025 scholarship holders- Year 11 Sophie and Year 12 Lilly (current Yr 11 recipient). Raema attended the school assembly on Thursday 24th Oct. Mitcham Girls has sent a letter from Katherine Davey Year 11 2024 recipient.



Raema with our two Adelaide High School Scholarship recipients for 2025 at the Adelaide High School assembly.



We wish a happy birthday to our members  
celebrating in November

November	3	Sue Jackson
	21	Val Baldwin
	25	Desi Zed
	26	Heather Luke

## DIARY DATES

### NOVEMBER

2 Breast Cushion packing  
6 Club meeting Natalie Wade, Law and Disability Activist  
30—1 December Open Garden

### DECEMBER

7 Christmas lunch Torrens Arms Hotel

### JANUARY

19 Amelia Earhart Breakfast Botanic Park

# ZONTA INTERNATIONAL

Founded in 1919, Zonta International envisions a world in which women's rights are recognized as human rights and every woman is able to achieve her full potential. In such a world, women have access to all resources and are represented in decision making positions on an equal basis with men. In such a world, no woman lives in fear of violence. Its Objects are:

- To improve the legal, political, economic, educational, health, and professional status of women through service and advocacy.
- To work for the advancement of understanding, goodwill, and peace through a world fellowship of members.
- To promote justice and universal respect for human rights and fundamental freedoms.
- To be united internationally to foster high ethical standards, to implement service programs, and to provide mutual support and fellowship for members who serve their communities, their nations, and the world.

## ZONTA CLUB OF ADELAIDE INC BOARD 2024-2025

<b>President</b>	Rosie Egan	<b>Vice President</b>	Desi Zed
<b>Secretary</b>	Verena Colby	<b>Treasurer</b>	Di Lancaster
<b>Directors</b>	Sue Jackson, Louise Stevens, Carol Summers, Janice Watson		
<b>EX-Officio</b>	Kaye Roberts-Thomson		

## DRAFT COMMITTEES 2023-2024

### MEMBERSHIP

Convenor: Thelma Harvey

Members: Raema Mahony, Janice Watson, Margie Glover, Daina Long

### ADVOCACY GROUPS

Convenor: Bev Gum, Bridget Mather,

Members: Kathy Ellis, Colleen Tomlian, Miriam Zhu, Helen Pertsinidis, Heather Luke, Jill Olifent, Sue Jackson, Wendy Bruce, Thelma Harvey, Carol Summers, Mara Rains, Kaye Roberts-Thomson

### SERVICE

Co-Convenors: Gerry Sanderson, Angela Vandellis

Members: Mara Rains, Margie Glover, Thelma Harvey, Ivanka Jovanovich, Louise Stevens, Wendy Bruce

### AWARDS

Convenor: Raema Mahony

Members: Annette Brock, Leanne Longfellow, Maxine Panegyres, Carol Summers, Colleen Tomlian

### COMMUNICATION AND PR

Convenor: Maxine Panegyres,

Members: Miriam Zhu, Trish Palmer, Tasia Pertsinidis, Isabella McCulloch, Andrea Flynn D'Arcy

### FINANCE

Convenor: Erica Majba

Members: Di Lancaster, Helen Joraslafsky, Desi Zed.

### ADVISORS:

Aileen Cannon, Val Baldwin, Catherine Alcock, Deborah Lodge

### PUBLIC OFFICER

Verena Colby

### NATIONAL COUNCIL OF WOMEN SA

Maxine Panegyres, Colleen Tomlian

### VISITORS BOOK

Maxine Panegyres

### ARCHIVIST/ HISTORIAN

Maxine Panegyres

### VOLUNTEERING STRATEGY FOR SA

Val Baldwin

### FACEBOOK

Bev Gum; Di Lancaster, Bridget Mather

**We're on the Web! Zonta Club of Adelaide Inc**

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[www.zonta.org](http://www.zonta.org) (Member ID)

[www.zontadistrict23.org.au](http://www.zontadistrict23.org.au)

**Zonta Club of Adelaide**

