ZONTA CLUB OF ADELAIDE INC

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ZEPHYR

Newsletter of the Zonta Club of Adelaide SEPTEMBER 2024 Issue 395



VICE PRESIDENT'S REPORT

DESIZED

Our club continued its activities and preparations for upcoming events, throughout the month of August and into September.

I would like to thank Carol Summers for hosting the August Board meeting at her home this month, as there was an issue with the key card at the Mitcham Library and we were unable to enter. Unfortunately there had been an upgrade of their key card system and we were missed being notified. A new card has now been issued and picked up and a refund has

been received for that night's rental fee.

As the Board felt that the venue of Stamps would be too small and after much research by Carol, it was decided to book the Torrens Hotel for our club Christmas lunch to be held on the 7th of December.

The Young Women Leaders Program Graduation ceremony is well in hand and bookings are available via Trybooking. If you haven't yet booked and are planning to attend please book ASAP in order that the organisers are able to cater sufficiently. The YWLP is a very important project that our club is involved with and the graduation of the young women doing this program gets bigger and better each year. A great deal of effort is put in by the students, the schools and our club mentors in order to see this annual project to fruition. The graduation ceremony is held in lieu of our normal club meeting in order to make it easy for all our members to attend and celebrate the young students' success. I do hope to see as many of you supporting this event, as possible.

Our partnership with Puddle Jumpers saw four of our members, Sue Jackson, Bridget Mather, Erica Majba and Janice Watson, take the Plunge and abseil 70 metres down from the roof of the Intercontinental Hotel. It was an exciting event to watch and have several of our members in the audience, to support them. Everyone wore orange and cheered very loudly as our four members descended the sheer wall to the chants of Zonta, Zonta, Zonta...

The Open Garden fundraiser is coming up early in September and I know that with everyone's help this will be another successful fundraising event for our club. If you have not yet offered your assistance over the weekend of the 7th and 8th of September, please contact Gerry and offer whatever time you can spare.

Breast cushions were also made packed and delivered to St. Andrew's hospital during the month of August. That small band of volunteer members seem to work like clockwork, for that particular project.

I look forward to seeing you all at the YWLP Graduation ceremony on the 4th September. At that time we will also be welcoming back our President, Rosie Egan, to take the helm following her trip overseas.



2024 Young Leaders group with their 'CAN DO' ducks.

FINANCE COMMITTEE REPORT

Erica raised over \$1500 with her Zonta Womens Artist Talks which took place on Thursday mornings 1 - 22 August. They were informative and well received & amp; the yummy morning teas provided by her team were well received by the attendees.

Well done to Erica & amp; her team. A great result

The 2024-25 budget was emailed to all members late May beginning of June. A friendly reminder for all convenors and; project/fundraising leaders to review the approved expenditure amounts and keep track of all expenses in order to keep within the budgeted amounts. If it looks like the amount will be exceeded please liaise with the treasurer to seek approval before any further expenditure is made.

If you are proposing an event or fundraising activity a Proposal Form must be submitted for the board to review and approve. Please keep in mind we need to assess things such as risk factors, timing, profitability etc. We want to ensure that events will be successful and that we work smarter not harder to achieve results and that we keep the FUN in FUNdraising.

To have expenses reimbursed please complete an Expense Reimbursement Form and attach any receipt(s) and give them to me. Also, please advise the convenor or project/fundraiser leader of the amount so they can keep their own record of expenses incurred.

Copies of forms will be distributed to all members.

Leading up to Christmas we have a number of fundraising events or activities planned. Please encourage your friends, families, work colleagues, neighbours and members of other organisations you may belong to come along to support our efforts.

Di Lancaster

Treasurer



Our end of Women Artists talk with a tour of the APY Gallery in Thebarton and lunch at Nest

About the award

The Zonta District 23 Women Taking Climate Action Award is for recognition of climate change action that • engages with women • contributes to the global efforts towards climate change innovation. The award winner will receive \$1,000. The award is open between 1 September 2024 and 21 October 2024. The award supports the Zonta Says NOW to gender-equal climate action work coordinated by Zonta District 23. District 23 includes the Northern Territory, South Australia, Tasmania, Victoria and Western Australia.

Who can apply

To be eligible for the award applicants must • identify as a woman (cisgender or transgender) • be a resident of Zonta District 23. Applications are sought on innovative activities or achievements that assist in climate change • mitigation • adaptation • communication, advocacy or service.

What you need to do

You must • submit your completed application form to info@zontamelbourneonyarra.org.au by midnight Monday 21 October • provide contact details of two referees - people who can attest to your climate change action either in a professional or a personal capacity • include your resume with the application.

How the winner will be selected

Selection will be based on the application as outlined above. Top-ranked applicants may be interviewed online by the selection committee. The award recipient will be invited to speak at a Zonta club meeting (online or in person).

Need help? Send your questions to info@zontamelbourneonyarra.org.au

Application form is available from Bev Gum.



Zonta says now to gender equal climate change: Thelma Harvey, Wendy Bruce, Bev Gum, Bella McCulloch, Bridget Mather

At our club meeting in August, we focused on *Recycling* and Wendy collected batteries you had brought to the meeting and took them to Officeworks. I had a collection of printer cassettes and discovered that, amongst other items like light globes, I could recycle them at my local civic centre. Many other councils offer the same services. You can also dispose of your beauty waste at Priceline chemists: they have recycling bins where you can leave your used beauty products from any brand.

In October, we are focusing on Reuse. In October, we invite you to bring an item to our club meeting that you no longer need so that other members may consider if they can reuse it. It may be a scarf you no longer wear, a jigsaw puzzle, a kitchen item, garden tools and the list goes on! Any items that aren't swapped will be taken to a charity shop.

Check out the Zonta International website devoted to action on climate change and become a member by contacting Carole Theobald, Chair of the Zonta Says NOW working group at info@zontasaysnow.org.au

Another relevant website is that of the Women's Climate Congress, an Australian women's group, working for collaborative, non-partisan action on climate change at https://womensclimatecongress.com

Helen Oxenham

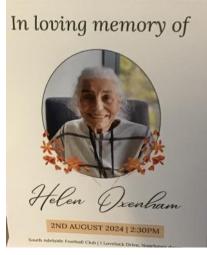
Helen had been a stalwart advocate for women's rights her entire life. At over 90 years old, and now passing her responsibilities to her daughter Heather, she was fundraising, lobbying and standing up for the rights of women and children to the end. Her funeral at the South Adelaide football grounds was attended by many prominent in the Domestic Violence prevention area as well MPs and local government members.

Helen's words and encouragement will live on long after her passing, she embodied the true meaning of courage;. She didn't suggest that you wouldn't be scared, or frightened, or devastated, she knew that taking steps in spite of the terror and the uncertainty was an act of courage.

Helen didn't pass judgement on how or when a woman will leave a violent relationship but what she DID do was prepare a place and encourage others to also prepare a place that was ready for her when she was ready.

Helen was very active in fighting domestic violence, she established the first domestic violence shelter in Adelaide and founded the Spirit of Woman group. Helen's Legacy is The Place of Courage, community art installations that are a place of rest and reflection for women who have experienced domestic violence and for those who have lost a loved one. The final one to be built in the City of Adelaide is still to be completed. When Helen spoke to our club we were amazed at her passion and determination to make the world a bet-H DECEMBER 1930 - 22ND JULY 2024

ter place for women and girls.



I arrived back in Adelaide three weeks ago and in that time the following has been achieved:

□ Clearances for a 7 of our EADVS volunteers needed to be renewed. It is proving to be a complicated process but I've lodged the individual applications to access the official forms and hopefully our contacts with Women's Safety Services will speed up the process.

□ At the Club meeting I made an appeal to the members to support the Fifty Shades of Green open garden at 23 Netherby Avenue, Netherby.

□ I visited the garden on Sunday the 11th of August with Kate Chattaway from Open Gardens SA. We scoped out the Zonta catering location. The facilities are good but the garden, although very lovely, is quite small so we predict that perhaps we will attract about 200 visitors over the weekend.

□ An appeal was made at the meeting for club members to fill the roster as well as to donate food for service. I am still finalizing some gaps in the roster but will contact members personally to confirm their place on the roster as well as the arrangements for donation collection.

□ Deb Lodge and I have negotiated with Raema to receive donations at the next Leadership Graduates' club meeting without disrupting the main focus of the evening.

□ Ivanka and Mary Burford have agreed to accept an invitation from St Andrew's Hospital to celebrate their supporters' event at Adelaide Oval on Thursday the 17th of October to be held at Adelaide Oval.

□ The EADVS Quiz Night will be held at the San Giorgio Football Club, 11 Henry Street, Payneham on Friday the 18th of October at 6.30pm. I have a full table of 10 people and Maxine has another table of 6. There are spaces for 4 more people so please consider attending as it will be wonderful for ZCA to support the dedicated case workers at the EADVS in their main fundraiser.

□ Some time ago the Open Gardens SA group asked us to cater at another OG in October. I turned it down because we really don't want another fundraising event on our crowded calendar. I contacted two other Zonta clubs and I'm happy to report that the Adelaide Hills Zonta Club took up the offer. I visited the site in Belair with Julie Halifax (President of AHZC) on Sunday the 25th of August to give some guidance because thy had not experienced an OG before. It's very rewarding to engage with other clubs and form connections in a practical way.

□ On Friday the 16th of August Ivanka, Mary, Mara and I, as well as two of my non-Zonta friends, attended a long day at Medindie in order to sew breast cushions. Ivanka's upcoming birthday was celebrated with a beautiful cake. In all, there were 24 women sewing, stuffing and hand stitching helping us to reach a record output of 178 breast cushions.

□ On Saturday the 17th of August we conducted our usual gift-wrapping breast cushions in the morning at Ivanka's. Thank you to Ivanka, Mary, Mara, Angela, and Gerry. I delivered 174 breast cushions to St Andrew's hospital on the same day. We deliberately held back 4 cushions in case of emergency requests.





The graduation ceremony for the Young Women Leaders' Program will take place on Wednesday 4th September.

There is the booking link on the flyer. Please book as soon as possible so that we have the numbers for catering.

If anyone has a problem booking, please send an email to Raema. The link to book is

https://www.trybooking.com/CTKEG

As per last year Club members will pay \$20 at the Treasurer's table on the night to assist with catering cost. Students, their parents and other guests will not be charged. Donation Jars will be on the tables so guests can contribute to our club.

Hope many club members can attend to support these students. This event is in lieu of our normal September Club Meeting.



Marlene Fabrizio and Vonny Karpinzki are both planning to join our club, with their inductions in the planning stages. Marlene, who has two young children, is a volunteer with Puddle Jumpers. Vonny, a former company CEO, is an artist and tutors art at U3A. Kaye Leach is interested in joining us and has attended one meeting. I met with another prospective member on the 16th August, who plans to attend our meeting in September. Like Marlene and Kaye, Melissa Klenke has volunteered at Puddle Jumpers and also with Centacare. The Membership committee, which consists of Raema Mahony, Janice Watson, Margie Glover, Daina Long

and myself, is planning a coffee morning with members who have recently joined as well as our prospective members so that we can get to know each other a little better.

We encourage you to wear your name badge to meetings. Members of our committee wear a yellow rose brooch so that we are easy to identify. We are always happy to organise introductions, answer questions and generally ensure that all members are comfortable at our meetings.

PR and COMMUNICATION COMMITTEE

Maxine Panegyres

Zonta Club Pens

There have been very positive comments about our club pens that most members by now have received. Thank you. We are using them as promotion for the club at various events. Let me know if you haven't received yours.

Zonta Rose Cards

Since the convention I have been asked to provide Zonta Rose Cards to a club in Queensland.

We still have many cards available. As well as small gift cards and bookmarks. Should any members like rose cards please let me know.

Large cards are available for \$10 for a pack of five cards.

Billabong Walk Sunday October 20th

Zonta Club of Adelaide is holding a walkathon on Sunday October 20th starting at 10:30 am.

The 5km walk will start on the lawn opposite Nest café at Walkerville, loop around the Billabong and back to the starting point. The walk is along the Linear Park under the shade of beautiful trees and walking along the river.

We want as many walkers as possible to attend along with friends, family members, children to make this a social event as well as a fundraiser for the club to go towards many of our club projects. We encourage walkers to gather sponsors to support them on the walk with a prize for the walker with the most money raised.

More details are on the flyer .

Please keep the date free to ensure we make this event a success and don't forget to enlist your friends and family members to walk on the day.

Maxine and Thelma on behalf of the planning group.

CLUB OF ADELAIDEINC SPONSORSHIP FORM!

Billabong Walk-a-Thon 10.30AM * 20th Oct 2024

Entry fee: \$20 adults, children under 12 free, Young people 12 - 18 \$10 If you raise more than \$30 in sponsorship, entry is free. Meet at the Mary P Harris Bundilla Reserve, located near Woolworths Registration desk opens at 10 a.m.

Prize for the highest money raiser!

Your Name:				
Name of sponsor	Amount pledged	Total sponsorship raised		

ZONTA PLUNGERS TEAM -

Four intrepid members of our club formed a team to raise funds for Puddle Jumpers, an organization that supports kids at risk. While we were keen to support Puddle Jumpers and our members - Mel (Founder and CEO) and Bailee (Project Manager) who are part of that organization, we also saw an opportunity to create some publicity for Zonta. By engaging in the daring event – abseiling down the 27 storeys of the Intercontinental Hotel on North Terrace, we have demonstrated that we are a club ready to take on new challenges and be creative in what we do.

Note: Zonta International President, Salla Touminen has commented on the post on the club Facebook page "Great - well done! So much fun - fun with purpose!". Thanks to our families and friends and with the support of many club members, we have raised over \$5,000. Further funds will come from the small profit on the sale of our new Tshirts with co-branding of Zonta and Puddle Jumpers. Half of the proceeds will go to our PJ account and half directly to the club. If you are interested in these Tshirts that have been designed to appeal to a younger audience, fill out the order form and send it to Puddle Jumpers. We are top of the leader board for fundraising.

Donations can be made until 11 September.

Team - Sue, Erica, Bridget & amp; Janice



ZONTA WOMEN ARTISTS TALKS -

Erica Majba

Held over four Thursdays in August the series of talks delivered by Erica and run by the small pop-up committee focused on some of the amazing women artists over time who while successful in their lifetimes have been largely ignored since. We covered two women artists from each of the following groups- Renaissance/ Baroque, Impressionist and Australian Indigenous.

The final session was a tour of the APY Gallery, 57 George Street, Thebarton. This was followed by lunch. The tour covered the history and the purpose of the gallery to support emerging artists from the lands. We viewed not only the SALA exhibition but also went into the studio to see some of the artists at work. The gallery is definitely worth a visit. Thanks to Bev for organizing this session.

Thank you to the team of willing members and to those who attended. We raised over \$1,500 including sales of the Women Artists cards. These beautiful cards were organized by Deb and contain images of works (in the public domain) of some of the women artists discussed during the series. Cards are still available and make a great gift when you can't think of anything else (more personal than a bottle of wine or chocolates, especially if you share the story that the cards are to recognize the works of past women artists. On the back of each of the cards there is: the name of the artist, the name of the painting, when it was painted and courtesy of the gallery that currently holds the work in their collection.

Team – Erica, Desi, Thelma, Annette, Bev & amp; Di.

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Isabelle McCulloch was the recipients of one of the National Council of Women Ruth Gibson Awards to help her studies at the Space Studies Program - International Space University. Isabella is an astrophysics graduate, dedicated STEM advocate, and Space Communicator.

Isabella attended the International Space University's 36th annual Space Studies Program (SSP) session (June 8th to August 3rd, 2024, in Houston, Texas, USA) and was hosted by Rice University and NASA's Johnson Space Center. This collaboration aims to further space exploration efforts, aligning with NASA's strategic objectives and the Artemis program.

Participants benefit from enriching tours, hands-on engagements, and interdisciplinary learning opportunities. The SSP curriculum emphasises international cooperation and offers diverse perspectives on global space activities, typically accessible only to seasoned professionals.

With Australia's space industry newly emerging, this opportunity for Isabella to attend introduces her to a global network and participants gain insights into the forefront of space exploration, fostering collaboration and innovation in the field.

The Ruth Gibson Memorial Award Committee was impressed with Isabella's application and her dedication to being a South Australian voice of women in STEM, women in Space and as a pioneer in the emerging space industry in Australia.

Congratulations Isabella who was already involved in the programme when the awards presentation was held at the Adelaide Town Hall so her award was presented to her sister.





Our fundraising goal is \$3400 We need your help to get there DONATE NOW

Donate to support the Zonta team:

Please come and support, wear orange and donate to assist the Zonta team in taking part in this epic event.



Zonta is taking the Plunge to support the vulnerable children of South Australia.

INTERCONTINENTAL.

ADELAIDE CITY

PLUNGE

T-Shirt Order Form



ORDER INFORMATION

CUSTOMER INFORMATION

ORDER#

PHONE

ORDER DATE

NAME

ADDRESS

EMAIL

\$35 each or 3 for \$100

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	STVIE 2

Adult	Youth	Qty	STYLE
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2 X	S S		
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SUBTOTAL			
DISCOUNTS			
TAXES			
TOTAL			



STYLE 2 **Ordinary Women doing Extraordinary Things Orange Tshirt**

PAYMENT METHOD







Women's Rights are

Human Rights **Black Tshirt**

STYLE 3



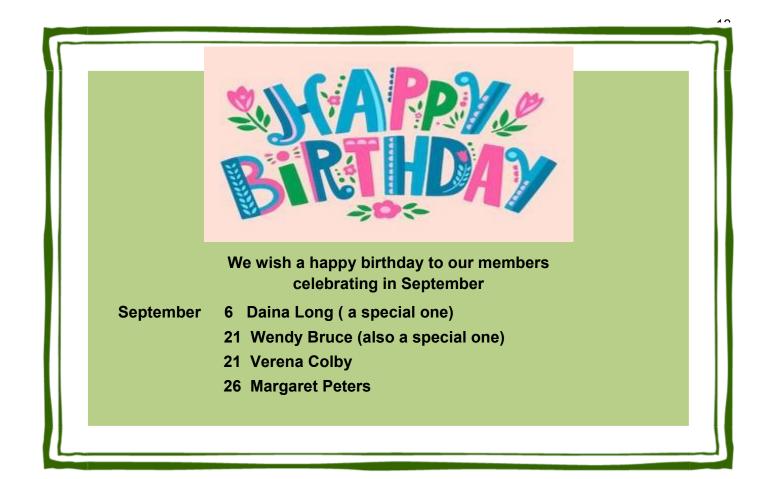






Shipping

Email this complted form to puddlejumpers@puddlejumpers.org.au



DIARY DATES

SEPTEMBER

4 Club meeting YWL Graduation Lucy Hood MP

7-8 Open Garden

OCTOBER

2 Club meeting Strategic planning for next 12 months20 Billabong Walk

NOVEMBER

6 Club meeting Natalie Wade, Law and Disability Activist

30—1 December Open Garden

DECEMBER

7 Christmas lunch

ZONTA INTERNATIONAL

Founded in 1919, Zonta International envisions a world in which women's rights are recognized as human rights and every woman is able to achieve her full potential. In such a world, women have access to all resources and are represented in decision making positions on an equal basis with men. In such a world, no woman lives in fear of violence. Its Objects are:

- To improve the legal, political, economic, educational, health, and professional status of women through service and advocacy.
- To work for the advancement of understanding, goodwill, and peace through a world fellowship of members.
- To promote justice and universal respect for human rights and fundamental freedoms.
- To be united internationally to foster high ethical standards, to implement service programs, and to provide mutual support and fellowship for members who serve their communities, their nations, and the world.

ZONTA CLUB OF ADELAIDE INC BOARD 2024-2025

<u>President</u> Rosie Egan	Vice President	Desi Zed				
<u>Secretary</u> Verena Colby	<u>Treasurer</u>	Di Lancaster				
Directors Sue Jackson, Louise Stevens, Carol Summers, Janice Watson						
EX-Officio Kaye Roberts-Thomson	officio Kaye Roberts-Thomson					
DRAFT COMMITTEES 2023-2024						
MEMBERSHIP						
Convenor: Thelma Harvey						
Members: Raema Mahony, Janice Watson, Margie Glover, Daina Long						
ADVOCACY GROUPS Convenor: Bev Gum						
Members: Kathy Ellis, Colleen Tomlian, Miriam Zhu, Helen Pertsinidis, Heather Luke, Jill Olifent, Sue Jack son Bridget Mather, Wendy Bruce, Thelma Harvey, Carol Summers, Mara Rains, Kaye Roberts-Thomson						
SERVICE						
Co-Convenors: Gerry Sanderson, Angela V						
Members: Mara Rains, Margie Glover, Thelma Harvey, Ivanka Jovanovich, Louise Stevens						
AWARDS Convenor: Raema Mahony						
Members: Annette Brock, Leanne Longfellow, Maxine Panegyres, Carol Summers, Colleen Tomlian						
COMMUNICATION AND PR						
Co-Convenor: Maxine Panegyres,						
Members: Beverley Newberry, Miriam Zhu, Trish Palmer, Tasia Pertsinidis, Isabella McCulloch						
FINANCE Convenor: Erica Majba						
Members: Di Lancaster, Helen Joraslafsky, Desi Zed.						
ADVISORS:						
Aileen Connon, Val Baldwin, Catherine Alcock, Deborah Lodge						
	erena Colby					
	laxine Panegyres, Co laxine Panegyres	olleen Tomlian				
	Aaxine Panegyres					
VOLUNTEERING STRATEGY FOR SA						
FACEBOOK B	ev Gum; Di Lancaste	r, Bridget Mather				

We're on the Web! Zonta Club of Adelaide Inc

Club, International and District Box 3132 PO, Norwood 5067

www.zontaclubofadelaide.org.au zontaclubofadelaide@gmail.com

www.zonta.org (Member ID)

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