



ZONTA

CLUB OF
ADELAIDE INC

Charter 0627 on 17/4/1969
District 23 Area 2

2023 ZONTA D23

CONFERENCE

BUNBURY, WA REPORT

KAYE ROBERTS-THOMSON



Bridget Mather and Kaye Roberts-Thomson attended the District 23 conference in Bunbury in early September. It was a wonderful opportunity to meet Zontians from across the District and to hear of their activities.

ZI Representative Annika Branstrom, from Sundvall, Sweden spoke of the international projects supported by Zonta International. She also addressed the new strategic plan for 2023-2030. The plan lists membership, advocacy and governance as priorities. With strategies including:

- Zonta having a credible and visible voice
- Club success
- International leadership and sustainability
- Engagement of audiences and alliances

Details are on the Zonta International website and are worth investigating.

During the Conference, the Zonta Club of Adelaide was recognised for the wonderful work of the Young Women Leaders Program, taking out first place for the Greater Visibility Award, Category 3 *Developing Future Leaders*. The Club was also recognised with a Certificate of Appreciation for the terrific work hosting 37 Clean Birth Assembly Days since 1999 and is now a BKFA Gold Club member.

We also heard from some inspirational speakers.

Carol Theobald from Zonta says NOW and Natalie Isaacs from 1 Million Women addressed the issue of climate change and the Zonta Says NOW website and Think Tank.

Professor Samar Aoun spoke about Compassionate Communities as a Key to a Better Life and a Better Death. She discussed how palliative care, death and dying should be a social event with a medical component rather than a medical event with a social component.

Megan McCracken, a woman with a history of working in the mining industry discussed patriarchy as a system not as individuals. A system which holds people in a 'box' and diminishes both women and men. She emphasised self-knowledge, networking, learning from experience and understanding the 5% that is specific to you.

ZEPHYR

Newsletter of the
Zonta Club of Adelaide
OCTOBER 2023
Issue 387

Kristie McVie, a former police officer who worked in the area of child abuse outlined the need for increased awareness and education on the issue. She founded CAPE-AU, Child Abuse Prevention and Education Australia. Several young women also spoke, both winners of the Young Women in Public Affairs and the JM Klausman award in Business, as well as some young women from the local Zonta Z Club. They were inspiring and gave one hope for the future.

The results of the elections were:
D23 Governor - Debbie Schmidt from Geelong
LT Governor - Wendy Quinn from Hobart Derwent
Area 2 Director - Jenny Trewren from Adelaide Torrens
Vice Area 2 Director - Linda Berketa from Adelaide Flinders

Zonta International Convention 27-30 June 2024

We are all encouraged to come to Brisbane next June for the International Convention. Registrations begin in January but some accommodation is already becoming tight. Details are on [the Zonta International Website](#). Please Save the Dates and come!!

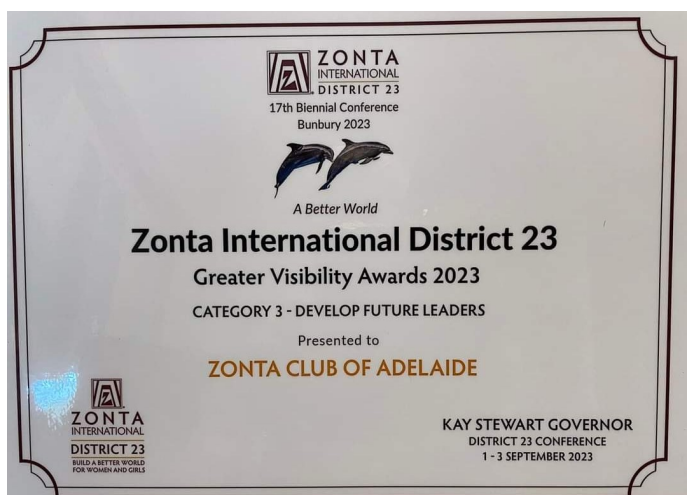
District 23 Conference 2025

The next conference will be in Devonport Tasmania. Dates to be advised, however generally the first weekend in September.

Kaye Roberts-Thomson
President
Zonta Club of Adelaide

**Empowering women and girls through Service and Advocacy
by more than 27,000 members in 62 countries worldwide**

KAYE ROBERTS-THOMSON



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The Club was also recognised with a Certificate of Appreciation for the terrific work hosting 37 Clean Birth Assembly Days since 1999 and is now a BKFA Gold Club member.



The SA Area 2 contingent at the Gala Dinner



Bridget Mather, Kaye Roberts-Thomson and Debbie Schmidt, Incoming DG.



The Young Women Leaders Graduation was held on 6th September with 90 guests attending to watch 19 graduates of the 3 month program. The evening's guest speaker and presenter of the awards was The Governor S.A. Her Excellency The Honourable Frances Adamson AC. The Minister for Women was represented by Ms Catherine Hutcheson Member for Waite and other official guests included the School Principals and representatives of organisations which have partnerships with our club.



Leanne presented the Zonta Club of Adelaide Community Development Grant it at UNISA .at the scholarships night. The recipient Gillian Logan could not be there so Leanne presented it to Michele on her behalf.



Please find an invitation to the EADVS quiz night on Friday the 3rd of November. This is their main fundraiser for the year and is always lots of fun. I ask for support from club members to participate in this worthy event..

Hon John Gardner MP invites you to the Annual Morialta Community Quiz Night Raising funds for the Eastern Adelaide Domestic Violence Service

Quizmaster: Jane Doyle OAM

When: Friday 3 November 2023, 6:30pm for 7pm

Where: Campbelltown Function Centre
172 Montacute Road, Rostrevor

Cost: \$25 per person or \$200 for a table of 10

BYO: Food and drinks (no bar facilities available)

RSVP: Essential by Friday 27 October.

Please use TryBooking via <https://www.trybooking.com/CJTBR>

YES, IT'S THAT TIME AGAIN

Dear members, YES, it's that time again for me to request Christmas gifts for clients of the EADVS as we have done for many years. We will be packing the Christmas hampers in early December. Last year we filled 51 hampers. Last year was also a bonanza year with so many of you donating beautiful gifts.

We don't need toys because that is provided by the Influencers church, but what we **DO NEED** are items for the women. In the past we have spent up to **\$30.00 Plus** each for gifts to be included in the hampers we prepare. I've also asked that there may be some of you who feel happy to approach some of your regular service providers like: hairdressers, masseuse, beauticians, pharmacies for pamper products: soaps, shampoos, creams, body products, makeup, personal hygiene products etc.

For those of you who are willing to contribute, I present the following list to choose from. This isn't a strict list because we have always been surprised and delighted with other gifts you have chosen.

CHOCOLATES	CANDLES
PERFUME	PHOTO FRAMES/ HOUSEHOLD ITEMS
SCARVES	CUTE PERSONAL ITEMS
COSTUME JEWELLERY	YOUR CHOICE

Delivery and/ or collection details to follow.

November Breast cushion sewing and packing days.

SEWING DAY Friday 10th of November

PACKING DAY Saturday 11th of November



Membership activity has been busy this month. Thelma and Kay met with a prospective member in late August and in early September, Thelma met with another prospective member who belonged to Zonta when she lived at Victor Harbor. Both have been invited to our October meeting. Margie Steffens, who has already attended two meetings, has also been invited to attend.

The two amazing young women from Puddle Jumpers who were so heavily involved with our September meeting would both like to join our club. At that meeting, Janice spoke to another prospective member. Thelma is responding to another expression of interest at the end of this month and is keeping in touch with two other prospective members.

A coffee morning for new members will take place at Bocelli's on the corner of Hutt and Wakefield Streets at 11 a.m. on Saturday 30th September and on the 28th October, a pot lunch for new members will be held at Kaye's home.

ADVOCACY COMMITTEE REPORT

Bev Gum and Bridget Mather

There has been much discussion related to domestic violence in the last year and here is our opportunity to have our say both as a club and individuals. In my thought attention has not been given to the impact on children. Please respond to this there is a link below.

What is coercive control?

Coercive control is an under-reported type of domestic violence where an abuser seeks to control a victim's behaviour.

It can include:

- attempting to isolate someone from their friends and family
- controlling their finances
- monitoring what they say, what they wear and even what they eat or when they sleep.

Criminalising coercive control

Coercive control is not currently a standalone offence in South Australia.

The Government is committed to criminalising coercive control, and to building on the important discussions that have already started with the sector and the broader community.

[Visit YourSAy to learn more.](#)

Osteoporosis

This was an excellent presentation by 3 eminent members of the health profession on identifying and prevention of an ailment which affects many more women than men. The link to the presentation is

http://youtu.be/MZtqRE_Q-ro?si=Ur-o3buzej34F87o which is on YouTube

Sustainable development goals

The UN Sustainable Development goals are important guidelines for us to link our work. Whilst all are relevant the following are especially important

- gender equality
- reduced inequalities
- climate action

Our next club meeting will cover these areas and several other pertinent subjects to do with advocacy.

(Continued...)



www.StopCoerciveControl.au

Walk with **RESPECT** in this peaceful parade
Saturday 25 November 2023

from 9am - Meet in Victoria Square

from 10am - the walk starts
 1.2km along King William Street

10.30am - Arrive at Pioneer Womens Memorial Garden

10.30 to 11am - Inspirational presentations

11am to Noon - Mix | Mingle | Coffee | Food | Connect

One key focus will be to raise awareness of **Coercive Control**.
 An educational walk to offer the wider community an insight into key signs of
 Coercive Control against **Women • Men • Children!**

Visit our event website www.StopCoerciveControl.au to learn more
 or to connect with one of the many groups in South Australia who
 intimately work to support survivors of Domestic Violence.



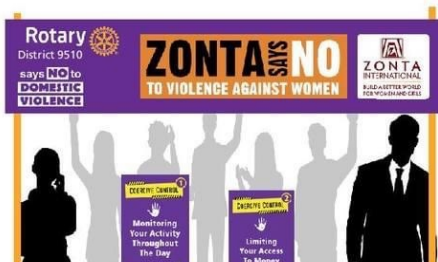
Register Today!

Register to walk - FREE

Choose the organisation / group / agency
 you want to walk with on the day!

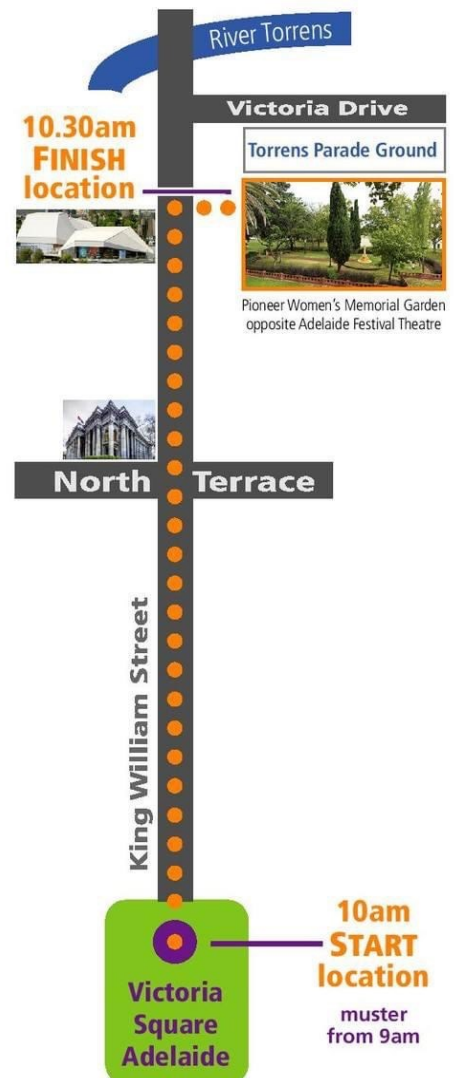
Yes, registering to Walk is FREE
but your Voluntary Donation will be welcomed!

[http://e.MyBookingManager.com/
 Say-No-To-Domestic-Violence-Parade](http://e.MyBookingManager.com/Say-No-To-Domestic-Violence-Parade)



Carry the Many Signs of Coercive Control

Project Partners



Rotary
 District 9510



Katron 7869

*The Western Collaboration Against Family and Domestic Abuse
presents a FREE community information forum:*

Unpacking Coercive Control

What is it and what can you do about it?

As part of the 16 Days of Activism Against Gender Based Violence come along and hear from experts in the field about the topic of Coercive Control, including the introduction of State legislation. Please join us in this important conversation

Speakers:

Kelly Barrett works at Women's Safety Services SA. Kelly is a social worker, educator and trainer, supporting women and children experiencing violence.

Deb Moyle is a proud Ngarrindjeri woman and a member of First People of the Millewa Mallee and leads the community led Justice Reinvestment in South Australia

Magistrate Jay Pandya is the Regional Manager of Port Adelaide Magistrates Court, with a special interest in the area of domestic violence and was previously the Manager of the Family Violence Court.

Jake Battifuoco is the General Manager for Power Community Ltd delivering the club's Power to End Violence Against Women and Empowered programs across South Australia

Sergeant Justin Houston is from the Policy and Training Unit, Family and Domestic Violence Section, SA Police. Response, investigation, prosecution and support to family and domestic violence victims.

Hon Susan Close is the Deputy Premier of South Australia and the State Member for Port Adelaide.

Monday 27 Nov, 2023 10am -3pm

City of Charles Sturt Function Room CC1
72 Woodville Rd, Woodville

*Light lunch provided. Registration
required for catering purposes.
Please RSVP by 20 November.
Scan QR code to register.*



Inclusive and accessible venue. Accessible parking available at rear of venue. For further information, please contact Vesna Rozman, Co-Chair of WCAFDA via email vrozman@charlessturt.sa.gov.au or phone 8408 1173



APPRECIATION MOMENT

The Zonta Club of Adelaide recently received a thank you card from a member of the public thanking the club for the provision of a breast cushion. The message of thanks is heartfelt and moving, and is a reminder to Zonta members that the work that is carried out is important and meaningful for those receiving the support. The physical assistance as well as the knowledge that there is care and understanding in the work carried out is appreciated by many.



ANNOUNCEMENT

New members

Join President Kaye for a pot lunch

At 12.30 p.m., Saturday, 28th October

At Kaye's home, 102/250 East Terrace, Adelaide

For further information: harveyat059@gmail.com



We wish a happy birthday to our members in October 2023:

**14 Deb Lodge
19 Miriam Zhu
31 Helen Joraslafsky**

DIARY DATES

OCTOBER 2023

- 4 Club Meeting**
- 16 Board Meeting**
- 28 New Members Lunch**

NOVEMBER 2023

- 1 Club Meeting**
- 10 Breast Cushion Sewing Day**
- 11 Breast Cushion Packing Day**
- 20 Board Meeting**
- 25 16 Days of Activism Commences**
- 25 Walk For Respect**

JUNE to JULY 2024

27/6 – 1/7 Zonta International Convention - Brisbane

ZONTA INTERNATIONAL

Founded in 1919, Zonta International envisions a world in which women's rights are recognized as human rights and every woman is able to achieve her full potential. In such a world, women have access to all resources and are represented in decision making positions on an equal basis with men. In such a world, no woman lives in fear of violence. Its Objects are:

- To improve the legal, political, economic, educational, health, and professional status of women through service and advocacy.
- To work for the advancement of understanding, goodwill, and peace through a world fellowship of members.
- To promote justice and universal respect for human rights and fundamental freedoms.
- To be united internationally to foster high ethical standards, to implement service programs, and to provide mutual support and fellowship for members who serve their communities, their nations, and the world.

ZONTA CLUB OF ADELAIDE INC BOARD 2023-2024

President	Kaye Roberts-Thomson	Vice President	Colleen Tomlian
Secretary	Verena Colby	Treasurer	Erica Majba
Directors	Bridget Mather Tasia Pertsinidis, Janice Watson		

COMMITTEES 2023-2024

MEMBERSHIP

Convenor: Thelma Harvey

Members: Raema Mahony, Janice Watson, Margie Glover, Daina Long, Erica Majba

ADVOCACY

Co-Convenors: Bridget Mather, Bev Gum

Members: Kathy Ellis, Annette Brock, Colleen Tomlian, Miriam Zhu, Helen Pertsinidis, Heather Luke, Jill Olifent, Sue Jackson

SERVICE

Co-Convenors: Gerry Sanderson, Angela Vandellis

Members: Margie Glover, Thelma Harvey, Ivanka Jovanovich, Louise Stevens, Mara Rains

AWARDS

Convenor: Raema Mahony

Members: Annette Brock, Leanne Longfellow, Maxine Panegyres, Margaret Peters

COMMUNICATION AND PR

Co-Convenors: Maxine Panegyres, Tasia Pertsinidis

Members: Di Lancaster, Beverley Newberry, Miriam Zhu, Trish Palmer

FINANCE

Convenor: Erica Majba

Members: Helen Joraslafsky, Desi Zed, Carol Summers

ADVISORS:

Aileen Connon, Val Baldwin, Catherine Alcock, Deborah Lodge

PUBLIC OFFICER

Colleen Tomlian

NATIONAL COUNCIL OF WOMEN SA

Maxine Panegyres, Colleen Tomlian

VISITORS BOOK

Maxine Panegyres

ARCHIVIST/ HISTORIAN

Beverley Newberry

VOLUNTEERING STRATEGY FOR SA

Val Baldwin

FACEBOOK

Bev Gum; Di Lancaster

We're on the Web! Zonta Club of Adelaide Inc

Club, International and District Box 3132 PO, Norwood 5067

www.zontaclubofadelaide.org.au zontaclubofadelaide@gmail.com

www.zonta.org (Member ID)

www.zontadistrict23.org.au

Zonta Club of Adelaide

