



ZONTA

CLUB OF
ADELAIDE INC

MEMBER OF ZONTA INTERNATIONAL
EMPOWERING WOMEN
THROUGH SERVICE & ADVOCACY

ZEPHYR
Newsletter of the
Zonta Club of Adelaide
AUGUST 2023

Charter 0627 on 17/4/1969
District 23 Area 2

**FROM THE
PRESIDENT**



The Board discussed the proposals being put to the District 23 Conference and recommends to the Club that they be endorsed. We also proposed that Erica Majba and Janice Watson be the alternates for Kaye and Bridget. Alternates have been requested even though voting will be online.

On July 29, our Club will host the Area 2 Advocacy Forum at the Payneham Library from 1 – 4 pm.

I ask that as many Club members as possible come and assist and support this event. We will need assistance setting up and with afternoon tea.

This year we do not expect to receive money from hampers funding which has sustained us over the past few years.

We need to raise enough money to support our programs including scholarships. I would encourage committees to plan an event for this financial year. Our thanks to Erica and her pop-up committee for their work on the Women Artists event for which there are a few places left but overall is well subscribed.

Sadly, we have been notified of the deaths of two former presidents of this club, Millicent Hughes and Lynn Oxlad. Millicent was a member for about 47 years, club president and Area 2 Director. Lynn was a member for about 10 years and served a term as club president. Some members are attending their funerals.

The informal lunch held on July 8 at my home was an opportunity to catch up with former members and express our appreciation to those who have left recently. Thanks to Verena for compiling a list of former members and their contact details enabling us to keep in touch. Many have offered to assist with Club fund-raising events.

Our Vice-President Colleen Tomlian will be the speaker at the August meeting. Her topic will be the course in Women's Studies which she teaches. I look forward to seeing you there.

Kaye Roberts-Thomson
President
Zonta Club of Adelaide

Empowering women and girls through Service and Advocacy
by 27,000 members in 62 countries worldwide

Planning for the September Club meeting and the graduation of participants in the Young Leaders program is well under way. Please note the time for the event will be from 6-8pm, with members and guests to arrive closer to 5.30.

Finger food will be served through the evening and the Board decided that Club members should pay \$20. The invited guests include the Governor, members of parliament State and Federal, representatives from the schools, students and their guests, and representative from a few relevant organisations.

BREAST CUSHION UPDATE

Dr Sarah Cunningham, the newly appointed District 2 breast cushion coordinator, Area 2 Breast Cushion Coordinator *and* Zonta Club of Adelaide Flinders Breast Cushion Coordinator has contacted our club to assess the status of breast cushion production in construction, sourcing of materials, numbers produced and the hospital destination of those cushions.

A flow -on from this has been that Sharon, from Adelaide Hills Zonta Club made contact with me about surplus breast cushions following the closing of the Noarlunga Zonta Club.

Last week she delivered 40 breast cushions to me and later that day I took them to the third-floor surgical level of St Andrew's Hospital. This was a timely gift as there was just over a dozen cushions at hand to tide the hospital over.



EASTERN ADELAIDE DOMESTIC VIOLENCE SERVICE



On Tuesday July 18, the staff The EADVS honoured its many volunteers with a morning tea. There were guests from the City of Campbelltown Council, OZ Harvest representatives, Coles, another community group who connect to gather excess fruit from gardens to distribute to deserving causes, plus, of course, the long-standing volunteers from the Zonta Club of Adelaide. This was also extended to former members: Wendy Bruce, Mary Burford as well as non-member Pam Whitingham. Several of our regular volunteers could not be present: Louise Stevens, Margie Glover, Annette Brock and Mary Burford.

Such a lovely gesture of recognition. Our club is very proud of the dedicated work we do to support victims of Domestic Violence as well as the hard-working case workers. They provide such magnificent support to their clients both on-site and Insafe housing. ***So rewarding for us to help others in ways that make a difference.***

TREASURER**Erica Majba**

Membership Fees for our new members – Trish Palmer, Mara Rains, Sue Jackson and Heather Luke have been paid to Zonta International and District 23. Annette Brock's Fees were paid with ongoing member fees in May. I had to wait to get access as Treasurer to be able to pay online. Kaye has been reimbursed for making the club donation last month to Zonta Foundation for Women. Storage at UStoreit Keswick has been paid for next 12 months.

With membership fees collected and paid to Zonta International and District 23 and the annual storage fee to UStoreit at Keswick, our major Administration expenses for the year have been made. There should only be minor expenses from now on.

We are still needing a major fundraiser to help the club meet its fundraising commitments.

I will email to club members at the end of the month the Cashbook Summary for July 2023. This will provide current Administration and Fundraising balances.

WOMEN ARTISTS FUNDRAISER

Thanks to members of the Pop-Up Committee – Raema, Annette, Thelma and Bev we are on track to start the series of talks on Women Artists at the Lochend Community Hall. These will run weekly 27 July, 3 August and 10 August from 10:00am – 12:00pm. On 17 August we will take a tour of AGSA and see the Frida & Diego exhibition followed by lunch. Thank you to Maxine for lending a hand at our first session.

Bookings have been strong with only a few tickets remaining.

COMMUNICATION AND PR REPORT**Maxine Panegyres**

The Committee will meet soon to discuss how to continue to promote the work of our Club activities and the transition of the Zephyr from Beverley Newberry to a new method of production.

MEMBERSHIP REPORT**Thelma Harvey**

We welcome MLC Michelle Lensink to our club. Michelle has transferred from the Zonta Club of Mt Barker, where she was a charter member. Since moving to the north eastern suburbs of Adelaide, Michelle finds it difficult to travel to attend Mt Barker meetings.

Hi Club Members,

Please find attached the flier and details of how to book on Trybooking to attend the Young Women Leaders Graduation on Wednesday 6th September at Norwood Function Centre. Like last year's graduation, it will be at September'S CLUB MEETING time,.

Please come and support these students who have been working since May and were supported in the last months by our Zonta Mentors.

We are fortunate to have the Governor SA as guest speaker and presenter of the Graduation Certificates.

In order to cater for this event we need confirmation of attendance via Trybooking.





MILLICENT HUGHES

Our club members are also saddened to know that Millicent died on Friday 7th July. Millicent was a member of Zonta for almost 50 years and served as Club President, Area 2 Director and contributed in many ways to further the aims of Zonta. Millicent was also Club Delegate to the National Council Women SA for many years.



Millicent offering Zonta Thanks at the 50th Anniversary of the Zonta Club of Adelaide, April 2019.



Millicent and Mary at the 50th Anniversary of the Zonta Club of Adelaide. Millicent and NCWSA members at 50th Anniversary Dinner

LYNN OXLAD

Club members were saddened to hear that a former club president Lynn Oxlad had recently died after many years battling various forms of cancer. Several club members were able to attend her funeral where her many achievements were acknowledged and celebrated. .

Educating about Violence Prevention

Tasia Pertsinidis

Ms Leanne Davies is the Director of Wellbeing at Adelaide High School, in Adelaide, South Australia. Her degrees in Education, one in Social Work and a Masters Degree, allowed her to work in the area of Mental Health for 15 years under Zontian, Ms Raema Mahoney.

These days, Ms Davies works on a program about Consent and Respectful Relationships in Education, an area she is concerned about.

“Some of the issues that confront young people these days include sexual assault, self harm, suicide and being gay,” Ms Davies said.

She said there were often stories in the media about such issues, and the Minister responsible always did whatever she could to “make it (the media attention) stop.”

She said that when things were reported in the media they were “not all true,” and that “made it difficult for schools which did not have a right of reply.”

Ms Davies said that there were certain ideas that still prevailed in society, such as that if a girl wore a short skirt and was raped, that was okay and that the Mentor Program which focused on sexual health and well being wanted better education and respect.

The program established Focus Groups with the help of the Commissioner for Children, Ms Helen Connolly, to help teachers talk about consent and respectful relationships.

What continues to be examined by the school in the ongoing program is: child protection, how to respond to risks, dating violence, sexual assault in relationships, enabling lessons to be easier for teachers, and improve understanding for students.

While examining and communicating the cycle of violence, six children who reported abuse said they hadn't known the signs relating to sexual abuse.

Then there were others saying it was a girl's problem, she said.

Students were taught about saying “no”, and about “what if you say no and a boy keeps going?”

“We are not looking for a ‘yes’ or ‘no’.

“It's about more than ‘yes’ or ‘no,’ ” Ms Davies said.

It was not only the issues that needed discussion, but HOW students were affected that was extremely important, Ms Davies said.

Some girls responded by making a video which showed some boys massacring women, for White Ribbon Day, while others isolated a perpetrator and yelled, “shame, shame, shame” through megaphones and placed the film on social media.

Students also said they were concerned about bullying; they supported “Are You OK Day”; Year 12 students created a Pride Club with promotional material, for the bi-sexual community, and more students showed interest in the National Policy Day about such topics.

The core units of the program, which has had a minor setback but is in its second year, are:

1) communication and respect, (2) bullying, accountability and empowerment, (3) anxiety and consent (4) safe self expression (5) self image and social media, and (6) mental health (Trauma).

“If we don't make the education about the prevention of violence a priority, it won't happen,” Ms Davies said.

“It is a continuous process.”

“It requires a lot of money too,” Ms Davies said.

Happy Birthday

We wish a happy birthday to our members during
AUGUST 2023

9 Beverley Newberry
18 Raema Mahony
25 Ivanka Jovanovich

Zonta Club of Adelaide BREAST CUSHION TALLY

This year 165

DAIRY DATES 2023

AUGUST

5 Jenny Foreman, the Vice President of the Zonta Club of Adelaide Torrens, extends an invitation for our club to attend the Camila Louise Sustainable Fashion Parade at her home. Tickets available from Try Booking. Our Club's contact:
Verena Colby (0429 837 270).

11 Sewing Breast Cushions
12 Packing Breast Cushions

SEPTEMBER

1-3 District 23 Conference, Bunbury. WA

2024

27/6/24 to 1/7/24

Zonta International Convention to be held at the Brisbane Convention Centre



Zonta International is a leading global organisation of professionals empowering women worldwide through service and advocacy.

ZONTA INTERNATIONAL

Founded in 1919, Zonta International envisions a world in which women's rights are recognized as human rights and every woman is able to achieve her full potential. In such a world, women have access to all resources and are represented in decision making positions on an equal basis with men. In such a world, no woman lives in fear of violence. Its Objects are:

- To improve the legal, political, economic, educational, health, and professional status of women through service and advocacy.
- To work for the advancement of understanding, goodwill, and peace through a world fellowship of members.
- To promote justice and universal respect for human rights and fundamental freedoms.
- To be united internationally to foster high ethical standards, to implement service programs, and to provide mutual support and fellowship for members who serve their communities, their nations, and the world.

ZONTA CLUB OF ADELAIDE INC BOARD

2023-2024

President	Kaye Roberts-Thomson	Vice President	Colleen Tomlian
Secretary	Verena Colby	Treasurer	Erica Majba
Directors	Tasia Pertsinidis; Janice Watson		

COMMITTEES 2022-2023

Membership

Convenor: Thelma Harvey

Raema Mahony; Janice Watson; Margie Glover

Advocacy Co-Convenors: Bridget Mather, Bev Gum

Kathy Ellis; Annette Brock; Colleen Tomlian; Miriam Zhu,, Hele n Persinidis

Service

Co-Convenors: Gerry Sanderson; Angela Vandellis

Margie Glover; Thelma Harvey; Ivanka Jovanovich; Louise Stevens

Awards

Convenor: Raema Mahony

Catherine Alcock; Leanne Longfellow; Maxine Panegyres; Margaret Peters;

Communication and PR

Co-Convenors: Maxine Panegyres; Tasia Pertsinidis

Di Lancaster; Beverley Newberry; Lina Rogers; Trish Palmer

Finance

Convenor: Erica Majba

Helen Joraslafsky; Desi Zed

PUBLIC OFFICER

Colleen Tomlian

NATIONAL COUNCIL OF WOMEN SA

Maxine Panegyres; Colleen Tomlian

VISITORS BOOK

Maxine Panegyres

ARCHIVIST/ HISTORIAN

Beverley Newberry

VOLUNTEERING STRATEGY FOR SA

Val Baldwin

We're on the Web! Zonta Club of Adelaide Inc

Club, International and District Box 3132 PO, Norwood 5067

www.zontaclubofadelaide.org.au zontaclubofadelaide@gmail.com

www.zonta.org (Member ID)

www.zontadistrict23.org.au

Zonta Club of Adelaide

