



ZONTA

CLUB OF
ADELAIDE INC

MEMBER OF ZONTA INTERNATIONAL
EMPOWERING WOMEN
THROUGH SERVICE & ADVOCACY

ZEPHYR

**Newsletter of the
Zonta Club of Adelaide
APRIL 2023
Issue 382**

**Charter 0627 on 17/4/1969
District 23 Area 2**

FROM THE PRESIDENT



The International Women's Day Breakfast was a great success, our thanks to Thelma for all her work. We raised over \$400 for UN Women and nearly \$300 for the Club. Thanks for supporting this event.

We are combining with The National Council of Women to show Brazen Hussies this weekend at Mitcham Girls High. It should be a good occasion. Thelma and her team have been working hard to organise a fashion show as a fund raiser for our club. It will be held on

27th April 11am-2pm at the Maid and Magpie Hotel.

Please come and bring friends and family.

On your behalf I attended an assembly at Mitcham Girls High School to present scholarship certificates to the winning girls. Girls who were to undertake leadership positions in the school were also acknowledged. It was very pleasing to see some of the girls who had participated in the Young Women Leaders Program amongst them.

The members of the Nominating will be contacting members in the next week or two to discuss your willingness to undertake leadership positions at the Club. Please consider their suggestions carefully. Thank you to those who completed the form distributed last week. Those forms will assist in assigning members to committees for the next year.

As mentioned last meeting the Board has agreed that at our May meeting we have a review and planning session. That is not to undermine or diminish the work that is currently done, but the Board thinks a review process to check the alignment of our work with Zonta International goals is important.

It would also be an opportunity to float ideas of new projects or ways of doing things.

There are some important dates for your diaries. The Zonta Area 2 workshop will be held on May 6 at the Blackwood Uniting Church. You are encouraged to attend. The Area 2 Advocacy workshop will be held at the Payneham Library on July 29, and the District 23 Conference will be held in Bunbury WA from September 1-3.

Nat Cook MP, Minister for Human Services will be the speaker at our April meeting.

I look forward to seeing you there.

**Kaye Roberts-Thomson
President
Zonta Club of Adelaide**

**Empowering women and girls through Service and Advocacy
by 27,000 members in 62 countries worldwide**

SERVICE**Co- Convenors: Gerry Sanderson and Angela Vandellis**

- 1 The Service Committee Strategic Plan Review has been submitted to the Board.
- 2 Ivanka has cut out 700 breast cushions to cover us for the rest of the year because she will be travelling to Croatia with her grandson later in the year. An amazing effort from Ivanka and her friend Vesna.
- 3 The Service Committee 2023 Annual Report has been completed and submitted for publication.
- 4 Fundraising initiatives by the service Committee are as follows:

A Elle and Elka Fashion Parade/ high tea to be held at The Maid & Magpie Hotel on Thursday the 27th of April 11,00Aam– 2,00pm

Thelma, Margie and Gerry have been very busy designing the Flyer with the help of Di Lancaster. This can be found on our Facebook page so interested members can ask friends and family to support this fundraiser We have also been in close communication with the Event Manager at The Maid to make sure it will be a wonderful day with food and fashion as well as a relaxed camaraderie in lovely recently renovated surroundings

B Open Garden Devonshire Tea catering at Mt George is to be held over two days on the Saturday the 13th and Sunday the 14th of May 10.30am - 4.30pm

Apart from those items listed above, our volunteering at the EADVS continues as usual. We had to cancel two days in early March because of extreme heat but Oz Harvest was able to go ahead because the food packing space is air conditioned.

AWARDS**Convenor: Raema Mahony**

ANNOUNCING OUR CLUB 2023 YOUNG WOMEN IN PUBLIC AFFAIRS

Theocharis Karavasil known as Grace Karavasil has been chosen as our club 2023 YWPA nomination.

Grace recently completed her Year 12 schooling at Mitcham Girls High school where she achieved well academically participating in their GIFT program. She held numerous school leadership roles and has been for many years an active volunteer in her Greek community and church programs supporting members of this community by undertaking roles in their social and support activities, being awarded our club YWPA winner.

INTRODUCING OUR CLUB 2023 SCHOOL SCHOLARSHIP HOLDERS: ADELAIDE HIGH SCHOOL

Mya Wilson who held the Year 11 scholarship in 2022 is now awarded the Year 12. She has shown great leadership within the aboriginal student group at AHS in 2022. This group made a Reconciliation Action Plan and Mya was a key leader as that plan was constructed. The plan has since been presented to the School Principal and Executive team and many actions are now being undertaken. She was in the 2021 Zonta Young Leaders Program. Mya has also gained very good grades during her Year 11 studies.

Kashish Gautam receives the Year 11 scholarship.

She participated in the 2022 Zonta Young Leaders Program. She has also been active in Debating, E tag (an environmental group), Drama Club and participated in the Birthing Kit project last year. She is achieving strong grades.

Her teachers comment that she always makes an excellent effort and is highly organised.



MITCHAM GIRLS HIGH

Year 11 scholarship

Awarded to 2 students who share the scholarship prize money

Hannah Hutchison:

Has high levels of attendance and engagement and academic completion

Consistently works to personal best and achieved at standard or above in all ACARA subject areas. Hannah coaches Year 6 softball at Belair Primary

School and Baby Sits within the Belair Community. She is establishing a role as a Maths Tutor in the community.

Kinza Wazeem:

Participated in 2022 Zonta Young Leaders Program, a Peer leader, Camp Leader, Debater, SRC.

High levels of academic achievement and engagement, currently undertaking Students in Vocational Education pathway as a part of her SACE.

Year 12

Amitie Duval :

For continuous commitment and achievement in her schooling, peer leadership, house leadership and volunteer work in the Mt Barker community at the *Love, Hope and Gratitude Foundation*, an organisation which provides support and resources for those in domestic violence contexts.

COMMUNICATION Convenors: Maxine Panegyres/Tasia Pertsinidis

Thanks to Lina Rogers and Erica Majba for continuing to update our website with events and news about our club.

Should members want to submit items for Facebook or website, please communicate with Di Lancaster, Bev Gum or Lina Rogers.

Tasia is working on stories until July-August about speakers and ones that are on video.

MEMBERSHIP

Convenor: Erica Majba

Induction - We are looking forward to inviting Trish Cooper and Annette Brock to become members.

Both have attended three Zonta events and hopefully you have had a chance to talk to them. Both women have commented on how warm their welcome has been to the club. We must be doing something right. Annette is a retired Clinical Psychologist committed to helping women she comes with well-developed organisational skills and an understanding of

the importance of working in respectful ways. Interestingly both have an interest in Art. Trish attended the Fundraiser I ran last year on Australian women artists and Annette has joined my U3A women Artists group this year. I will email more information about both women before our Club meeting.

Other prospective members interested in learning are: Mara Rain who garnered much attention at the Club March meeting from Ivanka

and Mary when she revealed that she has industry experience in textiles. Hopefully she and Heather Luke will attend our April meeting. Trish Palmer may also make a second appearance at the club meeting.

The members of the Membership Committee are making another round of connections with members of their group, as a way of supporting our members and getting some feedback on the levels of satisfaction.

FINANCE

Convenor: Erica Majba

The Finance Committee has met and proposed a Membership Fee for 2023/2024, This has been accepted by the Board. It is expected to be

less than last year but will depend on a discussion and vote at our April meeting.

You may wish to pay your

annual fees at that meeting.

Treasurer Desi has set a deadline of April 19 for payment of Membership fees.

PROFESSOR PHIALA SHANAHAN

Former member and Zonta Club of Adelaide Scholarship recipient, Phiala Shanahan recently received another award to further her distinguished career

Dr Shanahan was awarded “**Innovator of the Year**” in the South Australian Woman of the Year Awards for her significant contributions to her field, on 6 March 2023,.

Many members may have also seen an excellent article about Phiala in a recent Advertiser.

Once again we congratulate Phiala for her outstanding work.

For the information go to <https://www.adelaide.edu.au/alumni/news/list/2022/11/16/professor-phiala-shanahan>.

Thank you **Aileen Connors** for forwarding the link for inclusion on our website and this Zephyr.



Happy Birthday

We wish a happy birthday to our member during
April 2023

Bev Gum

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Zonta Club of Adelaide

BREAST CUSHION TALLY

This year	165
To date	10636

DAIRY DATES

APRIL

11 Fashion Parade

MAY

6 Area 2 Workshop
11-12 Young Women Leaders (YWL) course
13-14 Open Garden

JUNE

14 Half day follow up YWL

JULY

29 Area 2 Advocacy Workshop



Zonta International is a leading global organisation of professionals empowering women worldwide through service and advocacy.

ZONTA INTERNATIONAL

Founded in 1919, Zonta International envisions a world in which women's rights are recognized as human rights and every woman is able to achieve her full potential. In such a world, women have access to all resources and are represented in decision making positions on an equal basis with men. In such a world, no woman lives in fear of violence. Its Objects are:

- To improve the legal, political, economic, educational, health, and professional status of women through service and advocacy.
- To work for the advancement of understanding, goodwill, and peace through a world fellowship of members.
- To promote justice and universal respect for human rights and fundamental freedoms.
- To be united internationally to foster high ethical standards, to implement service programs, and to provide mutual support and fellowship for members who serve their communities, their nations, and the world.

ZONTA CLUB OF ADELAIDE INC BOARD

2022-2023

President	Kaye Roberts-Thomson	Vice President	Colleen Tomlian
Secretary	Helen Pertsinidis	Treasurer	Erica Majba
Directors	Thelma Harvey; Di Lancaster; Deb Lodge; Erica Majba		

COMMITTEES 2022-2023

Membership

Convenor: Erica Majba

Raema Mahony; Janice Watson; Margie Glover

Advocacy

Co-Convenors: Jill Olifent; Verena Colby

Kathy Ellis; Bev Gum; Colleen Tomlian; Miriam Zhu

Service

Co-Convenors: Gerry Sanderson; Angela Vandellis

Mary Burford; Margie Glover; Thelma Harvey; Ivanka Jovanovich; Jenni Thomson; Louise Stevens

Awards

Convenor: Raema Mahony

Catherine Alcock; Leanne Longfellow; Maxine Panegyres; Margaret Peters; Stephanie Steensma

Communication

Co-Convenors: Maxine Panegyres; Tasia Pertsinidis

Di Lancaster; Beverley Newberry; Lina Rogers

Finance

Convenor: Erica Majba

Helen Joraslafsky; Desi Zed

PUBLIC OFFICER	Colleen Tomlian
NATIONAL COUNCIL OF WOMEN SA	Maxine Panegyres
EX-OFFICIO	Maxine Panegyres
VISITORS BOOK	Val Baldwin
SCASA	Bev Gum
ARCHIVIST/ HISTORIAN	Beverley Newberry
VOLUNTEERING STRATEGY FOR SA	Val Baldwin

We're on the Web! Zonta Club of Adelaide Inc

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www.zonta.org (Member ID)

www.zontadistrict23.org.au

Zonta Club of Adelaide



Attempt to solve Men's Violence

by Tasia Pertsinidis

A representative from the Men's Referral Service, Ms Stephanie Carter, spoke about men and domestic violence in the household, at the Zonta Club of Adelaide, in March.

The Men's Referral Service, a national public service dealing with a broad range of men's issues, started 30 years ago.

One of the valuable aspects of the service is a telephone line allowing men over 18, to ring in about their violence and abuse in relationships.

An Intervention Service also exists, which involves more than one telephone call with a man – something needed in some areas because there is no Men's Referral Service there.

More than 40 men telephone the service in South Australia each week, seeking some sort of help.

"Courts often say men need counseling, and we talk to men about some strategies we hope they can use to better the situations they are in," Ms Carter said.

However, men were at different stages of readiness to discuss their options, Ms Carter said.

Some men take on their new responsibility from an early stage in their counseling, while others do not, Ms Carter said.

Sometimes, it "requires Cognitive Behaviour Therapy," Ms Carter said.

Six sessions of counseling are being offered by the Men's Referral Service, based on gender and stereotypes.

The problem we find with "some men is that they tend to blame people outside themselves rather than make relevant choices," and not a lot of change occurs," Ms Carter said.

Many men who come in contact with the Men's Referral Service go there to receive help with working out their problems, and to find there are reasons for them to change.

"They are lost in their life, and people they care about are important, so it is important for him to change as well.

"It's important for that man to figure it out!" Ms Carter said.

She said that there was a service in Tasmania which allowed men to leave their home for 30 days to work on their problems.

Film shows changes in Women's Movement

By Tasia Pertsinidis

More than fifty people attended the film *Brazen Hussies*, at Mitcham Girls High School, on Sunday, 26 March.

The film was a fundraiser for the Zonta Club of Adelaide, and representatives of the National Women's Council and women from a range of Adelaide suburbs attended.

What the film highlighted was that during the 1960's and before that, women were not allowed to participate or had very limited rights in many areas of society.

For example, women were not allowed to drink in front bars of hotels, single mothers were not allowed to keep their children, women were not allowed to have legal abortions, women were not allowed to be employed in the Public Service, men believed women should be pregnant and barefoot in the kitchen, women experienced domestic violence and could not leave the marital home because they had no money, and when women did get jobs they were not given equal pay for an equal day's work.

Such issues, and other restraints on women, saw the rise of various women's groups and the increase in the size of the Women's Movement in Australia.

During the 1970's, Mr Gough Whitlam's Government was elected Federally, and that led to the appointment of a Women's Advisor to Prime Minister Whitlam.

The Women's Advisor helped bring change by making policy on women's rights, nationally communicating problems women faced, and by offering solutions to many of those problems.

While many advances in the area of Women's issues were made during the 1970's, public criticism saw the eventual downfall of the Women's Advisor.

The film clearly shows the stages that the women's movement took during the 1960's and 1970's and includes interviews with many women directly involved in the women's movement at that crucial time.

Brazen Hussies is an educational film which everyone should see.

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