



ZONTA

CLUB OF
ADELAIDE INC

MEMBER OF ZONTA INTERNATIONAL
EMPOWERING WOMEN
THROUGH SERVICE & ADVOCACY

Charter 0627 on 17/4/1969
District 23 Area 2

FROM THE VICE-PRESIDENT



It is not often that I write to the membership, however last Monday the 19th of September I chaired the Board meeting whilst Kaye was on a well-deserved holiday.

The Board met at the new meeting venue of the Lenzerheide Room at the Mitcham Library. A lovely space, which we will enjoy as the summer months descend upon us, giving us the opportunity to meet on the verandah if desired.

Our thanks go to Deb Lodge who took on the role of organising a new venue, along with its associated paperwork and access requirements.

The 19th, as you may remember was also the day of the funeral of Queen Elizabeth the second, who as I reflect on both her commemorative services and our Zonta Board and the broader Club I note that she, like us was also a woman of service. Her time, like ours, was spent in making a difference in the

lives of others both through actions and thought.

Her actions stem from her commitment to honour a promise made at her coronation, whilst ours stem from our commitment to make a tangible difference to the lives of women and girls whilst advocating for them in a range of contexts, a commitment we all made through an oath we each took at the time we became Zontian members.

It is this commitment to service and advocacy which brings us together in both fellowship and common purpose. At this time of reflection, I would like to thank each of you for your commitment to service and advocacy in our common cause of improving the lives of women and girls. Not only the lives of those beyond our Club, but the lives of each of us through friendship, camaraderie, and shared action through coming together at Club events and as importantly Club meetings and sharing food and time together.

In 2022 we implemented our Club Action Plan and as we move from the challenges posed by Covid we now move to more active modes of service as opportunities to engage with the broader community become more available.

ZEPHYR

Newsletter of the
Zonta Club of Adelaide
OCTOBER 2022
Issue 387

November 27th will bring the first such event with the *Brazen Hussies* film, to be shown at Mitcham Girls High School, then in late January the Amelia Earhart breakfast which will be followed in February by the Advocacy Committee proposed film event at the Regent Theatre.

Whilst these may be significant fundraising events, the regular events of Breast cushion making, contributing to the DV Centre, looking after the book fund raising at Club meetings, preparing the *Zephyr*, maintaining our communication platforms and recording our actions in Minutes or chairing Committees or volunteering and representing the Club at organisations such as the National Womens Council or in our contact schools are all significant and valuable actions of service without which we would not function and attain our purpose of making a difference to the lives of girls and women.

It is the continuous commitment to what, may appear to be small deeds, but which in themselves can be challenging for individuals, which make a difference.

For that, a heartfelt thank you to each, and every, Club member.

Colleen Tomlian
Vice president

**Empowering women and girls through Service and Advocacy
by 27,000 members in 62 countries worldwide**

SERVICE**Co-Convenors: Gerry Sanderson and Angela Vandellis**

- 1 Thelma and I have decided to change the date for the **Elle and Elka** fashion parade fundraiser. The proposed November date seemed to clash with other happenings: breast cushion construction and packing, the two-day Open Garden fundraiser and the 16 days of activism.

The proposed new date will be close to Mothers' Day in May 2023.

- 2 This may seem to be a premature announcement in regards to assembling **Christmas gift hampers** for the clients at the Eastern Adelaide Domestic Violence service in December. However, it is amazing when one considers that we have only two more club meetings between now and the distribution in December.

Last year I was able to contribute enough high-end body and cosmetic

products to augment the gift selection and we were able to fill 51 hampers.

This year will be more difficult for me to get as many donations because our main donor, **Rose Falkai Makeup Studio**, has broadened its base to reduce the cosmetic aspect and build a home décor profile. .

I ask that our members speak to their hair-dressers, pharmacies, nail Studios (probably only me) and other regular service-providers to see if they could contribute some items to make up for the shortfall this year.

Often these businesses receive a regular supply of sample products that are excess to their requirements.

When asking, make sure you wear your badge and I will compose a letter of request to give details of the cause.

Please assure the donor that we always follow up with an official letter of thanks and the list of donors appears in our monthly newsletter as well as the Zonta Club of Adelaide Annual Report.

- 3 We have a request from Adelaide High School to run a Birthing Kits assembly with a group of students in the fourth term. We will follow this up in the coming week, 26/9.

Kassie Whitworth, lecturer in Midwifery, from the UniSA Clinical and Health Services faculty has invited Zonta to organise a presentation/ activity experience at a graduates' retreat on November 11.

We see this as a valuable opportunity to educate young professionals about the Zonta Club: our role, our priorities and our active work in constructing and packaging Birthing Kits and Breast Cushions.

MOCK INTERVIEWS

Two of our Zonta Club of Adelaide members, Desi Zed and Lina Rogers volunteered to assist with the Mock Interviews held at Mitcham Girls High School on September 23.

Completing letters of application and resumes followed by having a mock interview with various external volunteers from a variety of backgrounds, formed part of the student assessment for their Year 10 PLP subject.

Students were very well prepared and this voluntary work goes hand in hand with our Zonta women to improve their leadership skills.

LINA ROGERS

WOMEN ARTISTS TALKS

Zonta Fundraiser: Elaine Fardell, Committee Member

Thelma Harvey, our social organiser extraordinaire, invited anyone who was interested to attend a series of talks on women artists. These were given to raise funds for Zonta, an organisation for women's empowerment. (Please visit their website to get insight into all that they do: <https://www.zonta.org>.)

Several Burnside Painting Group members attended some or all of the talks, and I thought I would share the experience with the group at large as an illustration of other activities we can do individually and as a group to enhance our artistic journeys.

The talks were to be held at the Community Centre in Locheil Park on Thursday mornings in August, and I decided to go along. By the way, with its beautiful walking paths, Locheil Park is well worth a visit when the weather fines up—maybe even a spot for some plain air.

Erica Majba has been giving talks on various artists for several years now. She makes no claim to expertise but obviously loves her subject and researches extensively. Erica showed well-curated video footage on each artist's life and work, and provided attendees with handouts and information on further reading on the artists discussed. She is an enthusiastic speaker and I certainly enjoyed the talks.

Over three weeks, we were introduced to Dorrit Black, Nora Heysen and Margaret Preston—all artists I was familiar with but not well informed about—and Erica was full of anecdotes about their lives and times, in addition to their work, making them come alive as women as well as artists.

As a bonus in week two, we were encouraged to come an hour earlier to the Centre and given the opportunity to tour Lochend House, the original home of Charles James Fox Campbell, after whom Campbelltown is named. The Campbelltown Historical Society has furnished the small, but lovely, home as close to period as they can manage, and it was a pleasure to be taken round by their enthusiastic guide. An additional treat for a small charge was an excellent Devonshire tea afterwards.

In the fourth week, we met at the Art Gallery of South Australia. Erica had researched which works from our three artists were currently exhibited and gave us handouts to help us locate them. It was a fun experience, as we wandered around chatting to each other and exclaiming at the pieces we were attracted to. Erica wasn't allowed to talk to us in a bunch, as we would be 'disruptive', so we were on a self-guided treasure hunt.



COMMUNICATIONS Convenors: Tasia Pertsinidis and Maxine Panegyris

The Committee met on 21 September. A brief precis of the meeting is as follows:

- ◆ Lina Rogers attended training as part of managing the Club's website.
- ◆ There was a conversation about succession planning for managing the Zephyr in the future and possible templates to be used. We are encouraging members to participate in this,
- ◆ Convenors of committees to be requested to have their articles or reports to Beverley and Tasia shortly after the Board meeting. This allows Beverley plenty of time to put the Zephyr together.
- ◆ A Calendar of Events to be included in the Zephyr so members can see the dates well ahead of time.
- ◆ Reinstate the current record of breast cushions so that members have this information readily available.

AWARDS

Convenor: Raema Mahony

The Zonta Club Mentors met in September to reflect on the recent Young Leaders Course. Emails have been sent to Mitcham Girls High and Adelaide High Schools to set up meeting with the schools to discuss the recent course and the schools interest in a 2023 course.

On the 26th September Kaye and Raema will meet with staff at Mitcham Girls High and a meeting with Adelaide High is yet to be arranged.

After the school meetings, a follow up meeting will be held with the Leaders Institute. The outcome will then be taken to the Board and the Club.

The Awards Committee will meet on Thursday 6th October to plan our promotion of the Young Women in Public Affairs Scholarship and other items.

Prior to this meeting we will suggest at the October Club meeting that our Amelia Earhart Breakfast be held on Sunday 27 January

and club members will be asked to join a committee to organise and run this event.

We have not held a breakfast for some time due to Covid and it would be great way to welcome in 2023 Zonta year.

The Awards Committee would welcome new ideas and some additional helpers to assist with the organising. A call for support will be made at club meeting and via email in coming weeks.

**OUR CHISTMAS MENU WITH MANY THANKS TO
DEBORAH LODGE FOR PROVIDING THESE DETAILS:**

Date: 3 December 2022

PRICE \$55 per head

Please arrive at 11.30am for 12.00 pm start



Menu

- ENTREE -

HOUSE MADE DIPS, MARINATED LOCAL
OLIVES, TOASTED BREADS, DUKKA AND
EVOO

- MAIN COURSE -

ALTERNATE DROP

ALDINGA SMOKED TURKEY BREAST, CHAMPAGNE LEG HAM,
ROASTED PUMPKIN, CRANBERRY & ORANGE RELISH (GF)

ROAST RIVERINE PRIME SIRLOIN, CHERMOULA ROASTED
VEGETABLES, HARISSA (GF)

VEGETARIAN OPTION AVAILABLE

- DESSERT -

CHOICE OF

ARTISAN CHRISTMAS PUDDING, CINNAMON SPICED
CHERRIES, BRANDY ANGLAISE

MERINGUE, VANILLA CREAM, SEASONAL BERRIES,
MANGO COULIS, TOASTED ALMONDS (GF)



Happy Birthday

We wish a happy birthday to our members during October 2022:

14 DEB LODGE
19 MIRIAM ZHU
31 HELEN JORASLAFSKY

CALENDAR OF EVENTS

November 2022

5 9 to 11am
Packaging of Breast Cushions, Ivanka's House

5/6 Open Garden

27 Mitcham High School
Film, "Brazen Hussies"

December

3 Zonta Club of Adelaide Christmas Lunch

January 2023

22 (Sunday) Amelia Earhart Breakfast

September

District 23 Conference

June 2024

Zonta Conference, Brisbane, Queensland



Zonta International is a leading global organisation of professionals empowering women worldwide through service and advocacy.

ZONTA INTERNATIONAL

Founded in 1919, Zonta International envisions a world in which women's rights are recognized as human rights and every woman is able to achieve her full potential. In such a world, women have access to all resources and are represented in decision making positions on an equal basis with men. In such a world, no woman lives in fear of violence. Its Objects are:

- To improve the legal, political, economic, educational, health, and professional status of women through service and advocacy.
- To work for the advancement of understanding, goodwill, and peace through a world fellowship of members.
- To promote justice and universal respect for human rights and fundamental freedoms.
- To be united internationally to foster high ethical standards, to implement service programs, and to provide mutual support and fellowship for members who serve their communities, their nations, and the world.

ZONTA CLUB OF ADELAIDE INC BOARD

2022-2023

President	Kaye Roberts-Thomson	Vice President	Colleen Tomlian
Secretary	Helen Pertsinidis	Treasurer	Erica Majba
Directors	Thelma Harvey; Di Lancaster; Deb Lodge; Erica Majba		

COMMITTEES 2022-2023

Membership

Convenor: Erica Majba

Raema Mahony; Janice Watson; Margie Glover

Advocacy

Co-Convenors: Jill Olifent; Verena Colby

Kathy Ellis; Bev Gum; Colleen Tomlian; Miriam Zhu

Service

Co-Convenors: Gerry Sanderson; Angela Vandellis

Mary Burford; Margie Glover; Thelma Harvey; Ivanka Jovanovich; Jenni Thomson

Awards

Convenor: Raema Mahony

Catherine Alcock; Leanne Longfellow; Maxine Panegyres; Margaret Peters; Stephanie Steensma

Communication

Co-Convenors: Maxine Panegyres; Tasia Pertsinidis

Di Lancaster; Beverley Newberry; Lina Rogers

Finance

Convenor: Erica Majba

Helen Joraslafsky; Desi Zed

PUBLIC OFFICER

Colleen Tomlian

NATIONAL COUNCIL OF WOMEN SA

Maxine Panegyres; Colleen Tomlian

VISITORS BOOK

Val Baldwin

SCASA

Bev Gum

ARCHIVIST/ HISTORIAN

Beverley Newberry

VOLUNTEERING STRATEGY FOR SA

Val Baldwin

We're on the Web! Zonta Club of Adelaide Inc

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www.zontaclubofadelaide.org.au zontaadelaide@gmail.com

www.zonta.org (Member ID)

www.zontadistrict23.org.au

Zonta Club of Adelaide



Farewell Queen Elizabeth 11

Reporter: Tasia Pertsinidis

Story written: Monday
19 September, 2022

Today the world and the Zonta Club of Adelaide, bid farewell to Queen Elizabeth 11, after 10 official days of mourning.

Queen Elizabeth 11 ruled for 70 years, making her not only the longest reigning Monarch in the United Kingdom but one of the longest reigning Monarchs the world has seen!

The reign of the United Kingdom, Scotland, Ireland and Commonwealth nations now is in the hands of her eldest son, King Charles 111.

Queen Elizabeth 11 visited Australia on sixteen occasions.

Throughout her reign the Queen showed many qualities, including intelligence, humour, light heartedness, while also maintaining the stability necessary in turbulent times.

Queen Elizabeth 11 gained much appeal over many years which included her carefree life as a young married Royal, her role as a wife and mother, meetings with royals, working with charities, opening Parliament each year, her special Christmas message and meetings with Heads of State.

She was a role model for women.

She recognized their talent in the United Kingdom, Scotland, Ireland, and Commonwealth nations, and awarded medals accordingly.

The President of the Zonta Club of Adelaide, Professor Kaye Robert-Thomson was awarded an OAM last year, Zonta Club member Gynecologist, Dr Aileen Connon, holds an OAM, and an OAM was also given to Educator, Ms Val Baldwin, a Zonta Club member as well.

Last night a formal dinner was held for royals and dignitaries who had travelled from around the globe to attend the Queen's funeral.

Apart from walking, spending time with her corgis and an interest in horse breeding, Queen Elizabeth also enjoyed time with her friends.

One million empty houses while people sleep on streets

Reporter: Tasia Pertsinidis

Born in Belfast, Ireland, Ms Janice Watson, who spoke about the dire situation for the homeless, migrated with her parents to Australia so her father could work at the Whyalla shipyards.

After working in retail, childcare, and factories, she gained an Associate Diploma in Labor Studies and undertook additional work in Labor Studies at the University of Adelaide, in South Australia.

Ms Watson then joined the Public Housing sector as the Executive Director of the Board of Management for Aboriginal Housing.

Her main interest whilst speaking to the Zonta Club of Adelaide was the question of what is happening about women and homelessness.

“My job, in client services, was to provide clients with access to information about the affordable housing system and its services - such as access to private rental, public housing advocacy, local government and, sometimes, Centrelink,” Ms Watson said.

Public Housing ‘a hot topic’

“Public housing is a hot topic right now.

“It’s a topic that has upset many people and I want to deal with what has happened,” Ms Watson said.

According to Ms Watson, various public housing offices dealt with certain geographical areas and needs; Murray Bridge office dealing with many Aboriginal families; the Marion office dealing with University students, and the western suburbs offices dealing with old wharfies, manufacturing workers and migrants, as they understood their culture, religion, political beliefs and conflicts, she said.

In South Australia you were entitled to Public Housing if you met the eligible criteria, but in Whyalla and Elizabeth, the government made a total commitment to provide the housing for workers.

However, in 1997, under the then Housing Minister, Mr Dean Brown, a time of economic rationalism took place and he suggested a “segmented waiting list” was needed for public housing.

“He also combined public housing under one umbrella,” Ms Watson said.

Ms Watson said that one of the most interesting programs she had seen was the Sweat Equity Program, which involved people putting their labour into a housing project and gaining housing equity.

The other type of housing was government-owned Association Housing.

But many of those areas do not have very much employment.

Information on these statistics is change daily, according to Ms Watson.

And the new Federal Government is looking at the challenge created by the housing problem.

But how long will it take to fix the problem?

Women in 'high risk category'

There are 240,000 women over 55years of age at risk of becoming homeless at this time because their rents are increasing and their income is not.

"They are the highest risk demographic," said Ms Watson.

Anglicare Australia conducted a Rental Affordability Snapshot this year (2022) of 46,000 rental listings and it found that: 1 Share house was affordable for a person on Youth Allowance, 8 share houses were affordable for a person on JobSeeker Allowance, 65 rentals were affordable for a person on the Disability Support Pension, 336 houses were affordable for a person on the Age Pension.

That meant that 410 people who were on government payments could afford some sort of rental accommodation from a list of 46,000 available houses.

And, as we know, many in Australia are not in these statistics, and sleep on the streets each night.

Advocacy an important tool

Added to this, it was found that there are 1,000,000 empty houses in Australia and 80,000 of those are in South Australia.

Advocacy groups also found 3,000 empty houses in Tasmania by assessing water usage.

Can some of these houses be made part of the Public Housing stock and at a reasonable cost?

With housing prices cushioning, the government should consider buying more houses.

A "Profile of the Homeless population in Adelaide" (a report by Flinders University in 2022); the film named "Under Cover" by Sue Thompson, and stories in the "Homeless Journal" give us a better idea of the situation at hand.

Accommodation

Accommodation providers include; South Australian Housing (which provides accommodation for 1, 2 and 10 years); St Johns (provides 21 months accommodation for 15 to 21 years olds who study or train); Crisis Support Accommodation by Catherine House; and the Hutt Street Homeless Service (which already deals with more than 6,000 homeless people).