

# ZONTA

CLUB OF  
ADELAIDE INC

MEMBER OF ZONTA INTERNATIONAL  
EMPOWERING WOMEN  
THROUGH SERVICE & ADVOCACY

## ZEPHYR

**Newsletter of the  
Zonta Club of Adelaide  
JULY 2021  
Issue 385**

**Charter 0627 on 17/4/1969  
District 23 Area 2**

### FROM THE PRESIDENT



Once again I would like to thank members for their contributions during the last month.

Our hamper packing is continuing with deliveries to Ray White Real Estate Glenelg Office occurring regularly. This, our main fundraising effort, relies on many members, undertaking a variety

of tasks to make it all happen. All up there are eleven club members contributing. **Thank you everyone.**

I also offer congratulations and acknowledge the work of members to bring programs to fruition during the last few weeks.

### Congratulations

We were very pleased to hear of Kaye Roberts-Thomson being awarded the Medal of the Order of Australia in the recent Queen's Birthday Honours



announcements. Kaye was awarded this honour for her services to dentistry and community and we warmly congratulate her.

### Young Woman's Leadership Program

I had the privilege of attending the final afternoon of the Input sessions for the students from Mitcham Girls and Adelaide High Schools last Thursday.

While I only saw a small part of the course, it was obvious that these young women were engaged with the tasks set and were working collaboratively to achieve them.

They were also having lots of fun designing a structure that would enable an egg to be dropped from a height without it breaking.

I didn't think it possible but each of the four groups successfully achieved it.

**THE ZONTA CLUB OF ADELAIDE INC**

**MEETING  
HOPE'S CAFE  
7 July 2021  
6 for 6.30pm**

**Speaker: Alison Meneaud  
Eastern Adelaide Domestic Violence Service**

**Empowering women and girls through Service and Advocacy  
by 28,000 members in 63 countries worldwide**

I eagerly await the next stage of the course where the community projects are undertaken to see the final outcomes.

I would like to acknowledge Raema Mahony's excellent organisational and negotiating skills over many months to bring this course together with the schools and the facilitator.

The planning for this leadership course started a few years ago with Raema managing the intern to gather feedback about the first leadership course held in 2019. This feedback as well as research undertaken, provided the groundwork for the current programme.

Raema also provided morning and afternoon teas for the girls.

**Thank you Raema.**

**I also thank Erica, Kathy and Desi for their input to the program.**



### **Philosopher's Café**

Congratulations must go to Leanne for organising the event and speaker for the first philosophy corner held at the Goodwood Hotel on Thursday evening. While I couldn't attend I have heard and seen many comments about how successful it was. What a great idea! The next one is booked for Thursday 16<sup>th</sup> September.

### **Finances**

After last month's club meeting a few members have been busy working out how to improve the administration budget figures for the club. Once again Deb has a practical idea resulting in the trading table to be held next Wednesday evening. We will see how that goes and hope that club members will support it.

### **COVID-19**

Bev Gum and I have been monitoring the news to see if we need to make changes for next week's meeting. Bev has been working with Hope's Cafe and at this stage we can go ahead as planned.

We all need to keep complying with the guidelines to keep ourselves and each other safe.

**I look forward to seeing you all at our next dinner meeting.  
Maxine Panegyres**

## **ADVOCACY REPORT**

**Convenor: Kaye Roberts-Thomson**

The Combined meeting of Advocacy chairs last week heard a report from the subgroup working on the followup from the Combined Advocacy meeting held earlier this year.

They are developing a plan for the upcoming federal and state elections.

The next Advocacy workshop will be held at Hope's Cafe on Saturday August 21.

The topic will focus on police training for domestic violence reporting and interventions.

## SERVICE REPORT

Convenors: **Gerry Sanderson/Angela Vandellis**

### Birthing Kit Assembly

This was a first run for us at the University Senior College when Angela Vandellis, Mary Burford and Wendy Bruce organised a successful Birthing Kit assembly at the campus on Friday 25<sup>th</sup> June.

Angela reported that the students showed noticeable signs of thoughtful reflection in response to the Birthing Kit background story that preceded the activity and clearly benefited from their involvement.

The 200 year 11 students participated in two sessions that were conducted over two hours and they packed 200 kits. The larger number of participants were divided into the two sessions to try to give everyone a chance to see what was going on.

As a first-time experience for the students this made it somewhat challenging for the Zonta team, especially when only 26 gloves were provided when the need was for 200.

However, Mary was able to conclude that after sending out

for more gloves, they managed to finish in good time but the team will review the process before it is done again.

### Sausage Sizzle at Bunnings, Mile End

I have followed up with the holding of a second Sausage Sizzle at Bunnings, Mile End as a fundraiser for the Service Committee this year.

I emailed the Community Activities Officer, Dina Mitsios, with the request and I've also discussed in a phone conversation, the possibility of doing it again.

Dina tells me that although there is a strong demand for weekend Sausage Sizzles among community groups, but because Zonta performed so well at our first sizzle in September 2020, she is happy to offer us another opportunity.

The positives are that we have the experience now and have already evaluated the areas we want to improve within our process. Added to this is the fact that we will be able to offer more, but shorter shifts within the timeframe to avoid overworking the individual volunteers; particularly the cooks.



## BREAST CUSHION PACKING MORNING

Please note in your diaries that there will be a Breast Cushion packing day on

**SATURDAY August 21st, at Ivanka's home,**

**25 Church Street, Magill, 5072**

**AWARDS REPORT****Convenors: Margaret Peters/Leanne Longfellow**

On behalf of the Zonta Club of Adelaide, the Committee was delighted to award the 2021

**Zonta/UniSA Community Development Award** to **Jillian Barraud**.

Jillian is currently enrolled in the Bachelor of Social Work Honours degree. She is an international student from India studying at the Magill Campus of UniSA.

In line with the grant's focus on supporting research or a field work practicum which focuses on supporting gender equity, Jillian's thesis is titled *"It's in their culture!"* which researches the impact of stereotyped media representations of a particular community. Drawing from media representations of the infamous "Nirbhaya Delhi gang rape", Jillian is exploring the impact on Indian women living in Australia where essentialising and generalising media characterisations deter many women who have experienced gender violence within their community, from reporting it.

*"Drawing on feminist research in the areas of racism and colonialism, which is relevant in Australia's multicultural society, ... my research will advocate for making visible the experiences of women*

*who are the invisible victims of the consequences of these media representations and are rendered voiceless by them."*

One outcome of her thesis is to publish her research via conference presentations and submitting journal articles with her supervisors. An aspect of the budget will support conference enrolment fees where she is presenting on her research and our Club will receive acknowledgment for our support of this research.

There were a few hiccups on the way to Jillian receiving this award.

Initially the University rejected her application because she was an international student.

Unbeknown to our club, this award had been listed as only available to domestic students. Once the Committee gained support from our President to open up this award, we received her application and the panel accorded her the grant subject to budget refinements to clearly show how the grant was to be used to add value and as a point of difference as to what she could already do without the grant.

Just as we waited for the revisions, the University email system went down for 10 days. While not reported in the public domain, there was a full-scale cyber-attack which had rendered

university wide systems down, not just email.

Finally, the panel, Leanne and Margaret plus two university representatives, acting on the support of the Awards Committee members, were able to award Jillian the grant.

Leanne and Margaret attended the University's Scholarships and Grants Award ceremony on Tuesday June 15 and met a delighted and delightful Jillian Barraud. She will attend a dinner meeting when she has finalised her thesis to share outcomes with club members. But she specifically asked to send her grateful thanks to the Club.

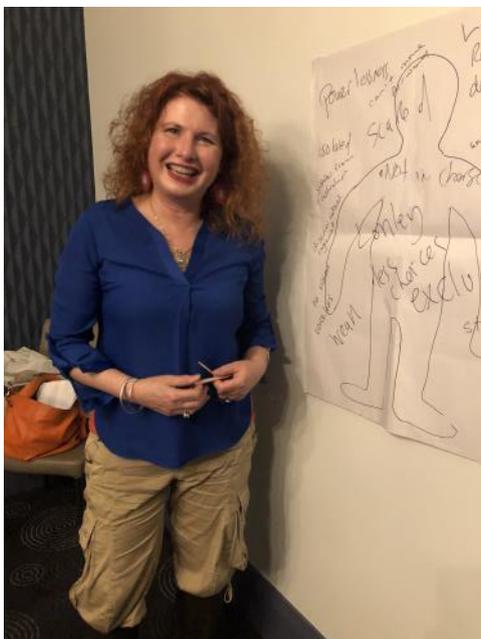
### **PHILOSOPHER'S CAFÉ: July 1**

Leanne organised the inaugural event held in the private dining room at the Goodwood Hotel at **6 pm on July 1**.

The fascinating discussion topic was *"Are we making people vulnerable when we label them as 'vulnerable'?"*

The facilitator was:

Dr B-J Dee-Price from the Flinders University of South Australia.



### **Dr B-J Dee-Price**

A great event and hopefully it will encourage members to attend any future sessions.

Again Leanne, congratulations. An excellent start.

## FINANCE REPORT

**Convenor: Erica Majba**

At last month's dinner meeting I spoke briefly about the club's financial situation, which is so much better than a year ago.

However, the Finance Committee is keen for the club to consider taking some action/s to build the balance in the Administration account that covers club running expenses.

Deb has come up with an initiative that we will trial at

the July dinner meeting.

Individual quality items usually purchased for the market hampers, will be available for club members to buy at less than their retail price

**eg. gourmet crackers, pastes.**  
(You will need to check the use-by dates.)

These goodies will be available as you enter Hope's Café, so that you may include any items

you wish to purchase with your dinner payment.

The Finance Committee consider this a good alternative to a regular raffle, as members can buy what they want.

Instead of being in Perth, I will now attend the meeting and present the budget for club approval.

Desi, as the new Treasurer will give the cash summary for June.

## YOUNG LEADERSHIP PROGRAM

**Editor: Raema Mahony**

The Young Leadership Course that our club has set up with a partnership with Mitcham Girls High, Adelaide High Schools and the Leaders Institute as the Facilitator has commenced.

The first day on Monday 28<sup>th</sup> June was held at Pridham Hall, University S.A. During the full day course the students participated in a variety of exercises to explore their values and beliefs and gained an understanding of different communication styles. They explored how different leadership styles resulted in a variety of results. Throughout the day there was great energy and enthusiasm by the students to understand how they could become effective leaders.

On Tuesday 29<sup>th</sup> the students attended Adelaide High School from 2pm to 5pm.

During this day they did a variety of exercises to understand team dynamics and how to lead a team.

The training component was completed on Thursday 1st July with another afternoon session, this time at Mitcham Girls High.

The students focussed on Community Leadership and before finishing discussed the community projects our club had designed and listened to a guest speaker, Aailyah Sirengo on the topic of "Period Poverty".

On all days one teacher from each school and at least one

of our Zonta Mentors attended the course. Our club's contribution of lunch, morning and afternoons teas was appreciated by the students.

The next stage of the Young Leaders course will be the students undertaking community projects supported by a Zonta mentor during July to October. At this stage a Graduation Ceremony is being planned for Thursday 4<sup>th</sup> November at Adelaide High School, where the young women will present their work on the community projects. Teachers, parents and Zonta club members will be invited to this graduation ceremony.

**Kathy, Erica, Maxine, Desi and Raema**



**Fundraising**

Our committee will advise members as soon as a date has been set for our forthcoming Quiz Night.

**Speaker 7/7/21****Alison Meneaud:**  
(organised by Bev Gum)

Alison has worked in the Domestic Violence Sector for more than 35 years. Half of that time Alison has worked in a Case Management capacity, assisting women and children who have experienced Domestic Violence rebuild their lives free of violence and abuse.

Over the past 20 years Alison has focused on fulfilling her passion and skills in the areas of adult education; facilitating therapeutic, educational and recreational programs for survivors of Domestic Violence.

Her role as community Development Manager with the Eastern Adelaide Domestic Violence Service involves

- building partnerships with other organisations – both government and non-government with the intent bringing specialist services in to work directly with survivors of Domestic Violence

- Creating tailor made packages in the form of educational programs to professionals within the community on working well with survivors of Domestic Violence.
- Co-ordinating a range of volunteers to assist in areas of need within the Eastern Adelaide Domestic Violence Service
- Raising funds to assist clients
- Project managing in order to build on the community's capacity to support survivors of Domestic Violence

**Happy birthday wishes during  
July to**

**2 Stephanie Steensma**  
**24 Aileen Connon**  
**28 Mary Burford**





Zonta International is a leading global organisation of professionals empowering women worldwide through service and advocacy.

## ZONTA INTERNATIONAL

Founded in 1919, Zonta International envisions a world in which women's rights are recognized as human rights and every woman is able to achieve her full potential. In such a world, women have access to all resources and are represented in decision making positions on an equal basis with men. In such a world, no woman lives in fear of violence. Its Objects are:

- To improve the legal, political, economic, educational, health, and professional status of women through service and advocacy.
- To work for the advancement of understanding, goodwill, and peace through a world fellowship of members.
- To promote justice and universal respect for human rights and fundamental freedoms.
- To be united internationally to foster high ethical standards, to implement service programs, and to provide mutual support and fellowship for members who serve their communities, their nations, and the world.

## ZONTA CLUB OF ADELAIDE INC BOARD 2020-2021

<b><u>President</u></b>	Maxine Panegyres	<b><u>Vice President</u></b>	Kaye Roberts-Thomson
<b><u>Secretary</u></b>	Colleen Tomlian	<b><u>Treasurer</u></b>	Mary Burford
<b><u>Directors</u></b>	Leanne Longfellow; Raema Mahony; Helen Pertsinidis; Tasia Pertsinidis; Gerry Sanderson; Sue Watchman		

## COMMITTEES 2020-2021

<b><u>Membership</u></b> <i>Raema Mahony</i> <i>Aileen Connon</i>	Val Baldwin; Wendy Bruce
<b><u>Advocacy/UN</u></b> <i>Kaye Roberts-Thomson</i>	Kathy Ellis; Jill Olifent, Colleen Tomlian; Miriam Zhu; Stephanie Steensma; Helen Pertsinidis
<b><u>Service</u></b> <i>Gerry Sanderson</i> <i>Angela Vandellis</i>	Ivanka Jovanovich; Janice Watson; Thelma Harvey, Desi Zed; Jenni Thomson
<b><u>Awards</u></b> <i>Margaret Peters</i> <i>Leanne Longfellow</i>	Catherine Alcock; Raema Mahony; Lina Rogers; Leanne Longfellow; Beverley Newberry; Jennifer Stehn
<b><u>PR/Program/</u></b> <i>Beverley Newberry</i>	Daina Long; Akhter Rahman; Tasia Pertsinidis
<b><u>Finance</u></b> <i>Erica Majba</i>	Carol Summers; Sue Watchman; Mary Burford; Helen Joraslafsky
<b><u>Website</u></b>	Leanne Longfellow

<b>PUBLIC OFFICER</b>	Colleen Tomlian
<b>NATIONAL COUNCIL OF WOMEN SA</b>	Maxine Panegyres; Wendy Bruce
<b>VISITORS BOOK</b>	Val Baldwin
<b>SCASA</b>	Bev Gum
<b>ARCHIVIST/ HISTORIAN/WEBSITE</b>	Beverley Newberry/Wendy Bruce
<b>VOLUNTEERING STRATEGY FOR SA</b>	Val Baldwin
<b>FACEBOOK</b>	Wendy Bruce; Bev Gum

**We're on the Web!**  
Club, International and District  
[www.zontaclubofadelaide.org.au](http://www.zontaclubofadelaide.org.au)  
[www.zonta.org](http://www.zonta.org) (Member ID)  
[www.zontadistrict23.org.au](http://www.zontadistrict23.org.au)

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Zonta Club of Adelaide

