



ZONTA

CLUB OF
ADELAIDE INC

MEMBER OF ZONTA INTERNATIONAL
EMPOWERING WOMEN
THROUGH SERVICE & ADVOCACY

ZEPHYR

**Newsletter of the
Zonta Club of Adelaide
March 2019
Issue 358**

**Charter 0627 on 17/4/1969
District 23 Area 2**

FROM THE PRESIDENT

Dear Members



As we approach the end of the Zonta year it's a good time to reflect on what we achieve through our fundraising.

At the last meeting we heard what a difference our scholarships have made to two young women. It was truly heart warming.

We also receive thanks from women grateful to have received a breast cushion at a time when spiritual and physical comfort is needed.

Like the women I talk to at the Domestic Violence Service they say how much it means to them to know that other women care.

Our efforts make a difference to the lives of women and girls here in Adelaide.

We, along with Zontians around the world collaborate to fund some significant international projects. These put us squarely on the world stage and make us more than a local club.

It's very affirming to know that ZI has consultative status with the United Nations and that our collective voice is heard. Through the conduit of ZI our money goes to our partners in the United Nations.

Currently our local fundraising supports UN Women to improve Syrian and Jordanian refugee women's safety, employment and leadership opportunities; UNICEF USA to create educational opportunities for vulnerable and excluded girls in Madagascar; and UNICEF USA and UNFPA to support the global program to accelerate action to end child marriage in 12 countries.

And what do we get out of fundraising - the satisfaction of knowing that you are making a difference, giving back or paying it forward or the fellowship and camaraderie of working together on a common cause?

There have been numerous studies that have found that raising money for charity and helping others can improve your health.

For example, research by the Harvard University found that people who contributed their time or money were "42 per cent more likely to be happy" compared to those who didn't.

Taking on a challenge for charity can produce endorphins that promote feelings of happiness.

Research from Carnegie Mellon University also suggests that volunteering can promote excellent cardiovascular health, reduce blood pressure and increase your lifespan.

**Yours in Zonta Fellowship,
Wendy Bruce**



**Zonta
International**

**ZONTA CLUB OF ADELAIDE
6 March 2019**

at

**THE LION HOTEL, 161 MELBOURNE STREET NORTH ADELAIDE 5006
6.00 pm for 6.30 pm Cost \$35**

Guest Speakers: "Getting to know you" from our members

**Please advise Beverley Newberry 0419 811 609 / bnewberry@internode.on.net
if you are unable to attend or wish to bring guests or we may be charged for your meal.**

**Empowering women and girls through Service and Advocacy
by 29,000 members in 63 countries worldwide**

BIRTHDAY CELEBRATION 6 April 2019



It is really getting exciting as we are a month away from our birthday celebration. On Thursday last week a group from the committee met with Adrienne Dade from the Town Hall. She will be our event planner and was very efficient. We have selected the menu where it will be a set entree, alternate drop for main and a set dessert. We also selected the wines and beers that will be sold on the cash bar.

Thanks to Maxine and Ashleigh we have a range of musical items from Adelaide High School before main course and during the various courses along with some music during canapés in the foyer.

At this stage we are looking at 120 rather than the 150 but will still be a great event and if you have been wavering there are still places available.

Beverley and Maxine have been investigating maximising publicity, not to sell tickets but to advance the name of Zonta across the state. It is still amazing the number of people that I speak to who have not heard of us and the work we do.

Wendy, Maxine and Raema are dealing with the protocols with our distinguished guests in their roles as President, Vice President and Chair of Awards. This is an important task as there are multiple requirements.

On the night we will be hoping that all Zonta members will play a role with welcoming others, encouraging those at the table to buy raffle tickets and the table decorations will also be available for sale. We have had several coups with raffle prizes, I would like to win all of them.

I'd like to thank the committee; Beverley, Gerry, Carol, Jenni, Mary, Lynne, Maxine, Wendy and Raema for all their hard work on the range of tasks. Special thanks to Jenni for organising the Board Room at Pineview for our meetings.

Happy birthday to us. A great night will be had by all. Se you there.

Bev Gum (Coordinator)

**Committee: Lynne Beaumaris, Mary Burford,
Beverley Newberry, Maxine Panegyres,
Gerry Sanderson, Carol Summers,
Jenni Thomson**

Ex Officio: President Wendy Bruce

SERVICE

Mary Burford/Jennifer Stehn (Joint Coordinators)



BREAST CARE CUSHIONS TOTAL:

8335 as at 28/2/19



Breast Cushions

A great working day was held on 16 February when 150 cushions were delivered to St Andrews Hospital.

Many many thanks to all our members who attended and worked to bring about this amazing result.

Storage

Following the decision at the February Club meeting, our storage items have been moved from Hendon to Keswick U-Store-It. It wasn't an arduous task for Wendy, Andrea and me with three cars and a very enjoyable lunch at the Vietnam Restaurant on Addison Road in between loading up and unloading.

The new storage is located at 62 – 70 Everard Avenue, Keswick. The account is paid up until April 2020.

Wendy, Mary and I have keys. If you want access, ring one of us for the key and instructions – or we can arrange to meet you there first time. Access is 5am to 10pm everyday.

There are flat bed trolleys available so you don't need to bring your own. There is room for more items if you still have Zonta things at home. The facility is very clean and very secure.

Eastern Area Domestic Violence Service

Our Tuesday Team (Mary, Gerry, Lynne and Bev) and Wednesday Team (Wendy, Angela, Andrea and Jennifer) continue regular Boutique and OzHarvest duties.

Maxine has recently joined the Wednesday group being on the door at this very busy time.

I am talking with Centre staff about budget bids for 2019/2020

ADVOCACY

Kaye Roberts-Thomson and Erica Majba (Joint Coordinators)

The Advocacy Committee met on February 20 for an energetic meeting. The Committee decided to focus its activities for 2019 on a few areas.

The Committee received a proposal from the Gawler Club for the 2019 16 Days of Activism.

The Advocacy Committee supported the idea, which would involve a coordinated approach across the metropolitan clubs in Adelaide.

Chris Frick from the Gawler club has generously agreed to explain the initiative at the March meeting of our club.

As the federal election is on the horizon, we discussed which issues for women are important. We noted that Zonta has no political alignment but thought that we should advocate for some issues which affect women.

We decided that Advocacy would invite club members to

meet with their local candidates for federal parliament to discuss 3 issues

Homelessness
Respectful Relationships
Domestic Violence

similar to visits in 2017 when members paired up for meetings and took WIMS booklet to present. Members who are willing to be involved would be given concise fact sheets on the three issues.

FINANCE

Lorraine Elliott (Treasurer)

Our Bank Account balance as at 31 January 2019 was \$18,548.65.

The December Accounts are reconciled and balanced.

Since my last update in November activity through the account includes:

- Standard monthly transactions, fees, interest, club dinner.
- Payment to the Adelaide City

Council for the 50th Birthday Celebration.

- We continue with the successful sausage sizzles with just over another \$1200 raised in December and January.
- The Amelia Earhart Breakfast raised just over \$900.00

I would also like to bring to the attention of members that there are some slight increases to our International dues for FY19-20.

The ZI component for FY19-20 will be AUD\$110.00 an increase of \$10.00.

This was voted on and agreed at the International Convention.

AWARDS

Raema Mahony (Coordinator)

Our committee held a meeting on Thursday 21st February to do budgets and plan for the year.

We confirmed that club nominations for **IWD Luncheon Awards** were received by the IWD selection committees.

Two of our senior and long term contributors to the club were nominated.

Our nominees were Beverley Newberry (for Irene Bell Award) for her volunteer and community contribution to PR/Programs through editing the newsletter, annual report and collection of bread from Bakers Delight and distribution to Baptist Westcare and Migrant Resource Centre.

Ivanka Jovanovich was nominated for Irene Krastev Award for her being a migrant to Australia who has contributed to the community.

Ivanka was put forward for her work organising the Silent Sewers and other groups to sew, assemble and pack the Breast Cushions and also for her decades of catering contribution for club fundraisers.

We wish them well when they attend the IWD luncheon at the Adelaide convention Centre on March 8th.

The **ZI Women in Technology Scholarship** has been given to the two universities and they are promoting it by putting the information on their websites.

The **closing date for our club is Friday 17th May 2019**. This allows time for the committee to hold a panel and if necessary get additional information from applicants and interview them before the deadline in August for District 23 closer of club nominations.

The eligibility is as follows:-
Women of any age, pursuing a technology degree or closely related program, who demonstrates outstanding potential in the field, are eligible to apply.
Women not enrolled in a university, who are pursuing continuing education in IT or a closely related field, are also eligible to apply, provided they submit:

- Evidence of completed trainings and outstanding performance.
- Description of current job with information about path that led to that job.
- Employer confirmation and recommendation or client testimonial supported by evidence.

- Reason for applying and description of desired career.
- Evidence of educational project plan (e.g. proof of course opportunities).

Student applicants must be enrolled full-time at the time the application is submitted to the local Zonta club, and must not graduate before December 2019 to be considered for the Women in Technology Scholarship.

Members of the committee have nominated which selection panel and presentation events they would be willing to attend throughout the year. We are looking forward to a busy and rewarding year supporting young women in their education aspirations.

MEMBERSHIP**Maxine Panegyres (Coordinator)**

Renewal of members is a part of all clubs and organisations and it is expected that a number of prospective members will be joining our club in the next few months.

Jill Barrientos has attended several meetings and is keen to join us.

Leanne Goodfellow has attended meetings during the last few years with Anne Milne and may also join us soon.

Dimitra Awwad who came to the last club meeting as a guest of Ashleigh Bandiera, is also interested in following up with the club. It would be great for Ashleigh to have a colleague to support and continue the relationship that the club has with Adelaide High School.

We will welcome back **Andrea Roberts**, who will rejoin the club after a few years' absence due to a back injury.

Andrea has been supporting the DV Service with other club members on a regular basis and has also attended meetings during the past several months and is looking forward to officially rejoining.

With membership fees due in early April we anticipate new members officially joining in May.

You will hear more from membership after our meeting next week.

PROGRAM/PR**Beverley Newberry (Coordinator)****Speakers**

We have confirmed the following speakers for our next few meetings:

6 March 2019

"Our stories" by club members

April 2019**Liz Sheppard**

Magistrate

May 2019**AGM****Sue Sheridan**

Writer and Fellow, Australian Academy of the Humanities

2019 Annual Reports

Would committee coordinators please send their reports to Beverley Newberry before the end of March for inclusion in the 2019 Annual Report, which needs to be finalised before the AGM to be held May 2019. We will have two options for the report, online and hard copy.

Business Card

A business card for members is being formulated on the basis of the Zonta International guidelines.

Quiz Night

We are looking at an appropriate date to hold our Quiz Night, possibly during May 2019.

Display Board

If a member wishes to display a flyer on the Board, please advise a committee member.

Committee Meeting**10.00am 16/3/19**

If any member wishes to attend our next committee meeting, please let me know on 0419 811 609 as you are welcome to do so.

We wish our members happy birthday celebrations during March

Happy Birthday

22 *Jill Olifent*
28 *Colleen Tomlian*



NATIONAL COUNCIL OF WOMEN**Bev Gum (Representative)**

I have been the club's representative for the past year and this year I have joined the Executive. Our club is entitled to 2 representatives and I would welcome anyone who would like to attend either as a delegate or just come along and see what goes on. Council meetings are on the second Thursday of the month at 6.30 for a 7.00pm start at the Women's War Memorial House, 95 South Tce. The meetings always have interesting speakers on wide ranging topics. The last month was the CEO of Lions Hearing Dogs, along with a trainee who demonstrated his skills. We plan to have an outing later in the year to see the training centre in the Hills.

NCWSA is affiliated with National Council of Women Australia, based currently in Canberra and is one of the prime advocacy groups with connections to Parliament. It is quite different from our Zonta Club in that there are not the service projects but more making a contribution to policy and decision making in relation to issues about women. Each year there is a national conference where a range of policy positions are debated and put forward to MPs responsible for these fields.

Another activity will be on March 17 where we will meet at the corner of Kintore Ave and North Tce where the Centre for Democracy will have a Speakers Corner presentation on the 125th anniversary of female suffrage. We then plan to walk down to the Women's Pioneer Memorial Garden for coffee and cake. Everyone is welcome. See poster.

Sun 17th Mar (2.45 for 3pm start)

INSTITUTE BUILDING
CNR NORTH TERRACE + KINTORE AVENUE

IT'S TIME FOR AN OUTING! JOIN NCW SA
MEMBERS FOR THIS FREE EVENT!

A SUFFRAGE SOAPBOX

**CELEBRATING 125 YEARS SINCE SOUTH AUSTRALIAN
WOMEN WON THE RIGHT TO VOTE, THREE SUFFRAGISTS
FROM LAST YEAR'S AWARD WINNING 'A SOAPBOX FOR
DEMOCRACY' RETURN TO NORTH TERRACE TO REMIND
US WHY DEMOCRACY MATTERS!**

THIS IS A SHORT ADELAIDE FRINGE EVENT FOLLOWED BY
AFTERNOON TEA AT PIONEER WOMEN'S MEMORIAL GARDEN.
PLEASE BRING A DESSERT TO SHARE. THE ART GALLERY CAFE
IS NEARBY FOR A COFFEE STOP TOO!

RSVP BY FRI 1 MARCH TO NCWSA@BIGPOND.COM

TO FIND OUT MORE ABOUT SUFFRAGE SOAPBOX GO TO:
[HTTP://CENTREOFDEMOCRACY.SA.GOV.AU](http://CENTREOFDEMOCRACY.SA.GOV.AU)



LAST

MONTH'S SPEAKER

Gerry Sanderson



Steph Key

It was an enlightening experience to hear our guest speaker at the February club meeting describe her busy and dedicated career through life and politics in South Australia.

Steph Key is a former Labor Party MP, 1997 to 2018, who represented the seats of Hanson and Ashford for more than 20 years. Steph held an impressive series of ministerial positions in the portfolios:

Minister for Social Justice
 Member of Executive Council
 Minister for the Status of Women
 Minister for Youth and Minister for Employment
 Training and Further Education in the House of Assembly until her retirement in 2018

Retirement does not seem to be an excuse for Steph to relax and quietly disappear from public and community involvements as she still continues to serve on committees and take up causes that are close to her heart.

Two of her ongoing involvements are championing the issues of voluntary euthanasia and the decriminalisation of sex workers.

But of course, it doesn't stop there. She is a member of the Women's Electoral Lobby and Emily's List which promotes the push to stand progressive women in electable seats. She is also on the executive, together with Frances Bedford MP, of the Muriel Matters Society Inc which carries forward the vision of this early suffragist for a world where social justice and egalitarianism are the ideals.

An eclectic assembly of interesting and worthwhile involvements keep Steph busy. She is the Director of the Working Women's Centre; she is on the Act Now theatre board as well as the Graham Smith Peace Foundation which focuses on workers' rights. Steph supports new and emerging arts groups like Vital Statistix, and has just stepped down as a trustee of the SA Embroiderers Guild which has a focus on the multicultural nature of embroidery.

All that has been described in this Steph Key narrative thus far is merely the tip of the iceberg. She is a passionate and committed personality and when the occasion arises where she can contribute her energies and talents in a positive direction for society, then Steph will put up her hand.

Thank you, Steph, for speaking to our Zonta group and sharing your many experiences and impressing us with your strength and purposeful determination to contribute.



ALL WALKS OF LIFE: Firefighter Adrienne Clarke, mountaineer Katie Sarah, human rights campaigner Glyn Scott, South Australian Young Citizen of the Year Scout Sylva-Richardson, Senator Penny Wong and winemaker Pam Dunsford. Picture: MATT TURNER

THE WOMEN WHO REFUSED TO TAKE 'NO' FOR AN ANSWER

Adrienne Clarke WOMAN OF ACHIEVEMENT 2004

Firefighter Adrienne has become one of 125 women "The Advertiser" has reported of South Australia women who have changed the course of history. Adrienne was the only woman among 650 men when she joined the Metropolitan Fire Service more than 30 years ago. Today, the MFS has 17 full-time female firefighters, including Genevieve Rueger, Woman of Achievement 2015, who has left the Armed Forces to join the MFS.

Thank you to our members who have contributed to this month's Zephyr:

- President Wendy Bruce
- Service Jennifer Stehn/Mary Burford
- Finance Lorraine Elliott
- 50th Birthday Update/NCW Bev Gum
- Advocacy Kaye Roberts-Thomson
- Awards Raema Mahony
- Sub-editor Wendy Bruce
- Members who produce articles for inclusion

If any member wishes to supply an article or photos, please email directly to bnewberry@internode.on.net as we would be very (extremely) happy to publish interesting information/events in the Zephyr.

Upcoming Events

2019

MARCH

8 International Women’s Day March



8 Zonta International Rose Day

10 Khana Khazana (Sunday Tiffin)
Fund raiser for our 50th Birthday celebration.
Sunday 10 March at 12.30 pm
535 Portrush Rd, Glenunga

23 Area 2 Workshop



At the Mintaro Institute
Hosted by Eronwy Edwards

APRIL

**6 50th Birthday of the Zonta Club of Adelaide
Adelaide Town Hall**





Zonta International is a leading global organisation of professionals empowering women worldwide through service and advocacy.

ZONTA INTERNATIONAL

Founded in 1919, Zonta International envisions a world in which women’s rights are recognized as human rights and every woman is able to achieve her full potential. In such a world, women have access to all resources and are represented in decision making positions on an equal basis with men. In such a world, no woman lives in fear of violence. Its Objects are:

- To improve the legal, political, economic, educational, health, and professional status of women through service and advocacy.
- To work for the advancement of understanding, goodwill, and peace through a world fellowship of members.
- To promote justice and universal respect for human rights and fundamental freedoms.
- To be united internationally to foster high ethical standards, to implement service programs, and to provide mutual support and fellowship for members who serve their communities, their nations, and the world.

**ZONTA CLUB OF ADELAIDE INC
BOARD
2018-2019**

<u>President</u>	Wendy Bruce	<u>Vice President</u>	Maxine Panegyres
<u>Secretary</u>	Gerry Sanderson	<u>Treasurer</u>	Lorraine Elliott
<u>Directors</u>	Susanne Pfitzner, Akhter Rahman, Stephanie Steensma, Colleen Tomlian		

COMMITTEES 2018-2019

Membership Val Baldwin, Aileen Connon, Bev Gum, Raema Mahony,
Maxine Panegyres

Advocacy/UN Hoda Brovayeh, Kathy Ellis, Tracy Johnstone, Jill Olifent,
Kaye Roberts-Thomson/ Stephanie Steensma, Jennifer Stehn, Colleen Tomlian,
Erica Majba Miriam Zhu.

Service Ashleigh Bandiera, Lynne Beaumaris, Ivanka Jovanovich,
Jennifer Stehn/Mary Burford Anne Milne, Susanne Pfitzner, Jenni Thomson,
Angela Vandellis, Janice Watson.

Awards Lynne Beaumaris, Beverley Newberry. Maxine Panegyres,
Raema Mahony Margaret Peters, Helena Woloszyn.

PR/Program/Website Bev Gum, Daina Long, Akhter Rahman, Susanne Pfitzner.
Beverley Newberry

Finance Helen Joraslafsky, Deb Lodge, Erica Majba,
Carol Summers Lorraine Elliott (ex officio).

50th Birthday Lynne Beaumaris, Mary Burford, Millicent Hughes,
Bev Gum Beverley Newberry, Maxine Panegyres, Gerry Sanderson,
Carol Summers, Jenni Thomson.

Nominating Mary Burford, Erica Majba, Jennifer Stehn.

NATIONAL COUNCIL OF WOMEN SA	Bev Gum
VISITORS BOOK	Val Baldwin
ACSO	Bev Gum
ARCHIVIST / HISTORIAN	Beverley Newberry
VOLUNTEERING STRATEGY FOR SA	Val Baldwin

We're on the Web!
Club, International and District
www.zontaclubofadelaide.org.au
www.zonta.org (Member ID)
www.zontadistrict23.org.au

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Zonta Club of Adelaide

