



ZONTA

CLUB OF
ADELAIDE INC

MEMBER OF ZONTA INTERNATIONAL
EMPOWERING WOMEN
THROUGH SERVICE & ADVOCACY

ZEPHYR

**Newsletter of the
Zonta Club of Adelaide
March 2018
Issue 348**

**Charter 0627 on 17/4/1969
District 23 Area 2**

PRESIDENT'S REPORT

Dear Members

I am very pleased to report that our members, Millicent, Val, Erica and Lynne are all on the road to recovery as is Helen with her new hip. Please keep our friends in your heart and visit or contact them. We are not just a Service club but also friends.

The Constitution committee met last week and we made significant progress within the constraints of both Zonta International and the Act governing organisations and incorporations. This will be sent out in the next weeks for discussion at the April meeting and approval at the May AGM. Our process was much easier because of the diligent work from Erica in working within the area.

At the most recent Board meeting we discussed the concept of making our Handover Dinner in June a celebration and inviting partners, MPs, local councillors and representatives from other Service clubs.



February meeting with great speakers and an interesting review by Gerry Sanderson: Pages 5-6.

If you have an opinion on this please talk to a board member over the next month.

Wendy and I have developed a review of the past 2 years and our club. I consider it is important to be constantly in touch with members and not be complacent. We are a big club and it is easy to get lost in the business of the day. Wendy will be discussing this at the next meeting in my absence.

Our club has combined with Adelaide Flinders to run the next Area Workshop on May 5th. Eronwy, AF President and I have developed a draft program - more details in the next weeks.

One of our Women of Achievement, Jo Stewart Rattray has been selected to be a member of the Australian Government delegation to the UN Status of Women. Congratulations to Jo and even more exciting she has agreed to be a speaker at our Area Workshop.

Don't forget our next fundraiser, the final quiz night run by Rob Elliott so please support this and give Rob a big send off. It is the cheapest Quiz night in town so come along prepared to spend up big. **Date 27 April.**

**In Zonta Service
Bev Gum**

**ZONTA CLUB OF ADELAIDE INC
DINNER MEETING
7 March 2018**

at

**THE LION HOTEL
161 MELBOURNE STREET NORTH ADELAIDE 5006
6.00 pm for 6.30 pm Cost \$35**

**Guest Speaker
ANGELA SHARP
"The Andhimul Project"**

Please advise Beverley Newberry 0419 811 609 /bnewberry@internode.on.net if you are unable to attend or wish to bring guests no later than 6 March 2018 or we may be charged for your meal.

Empowering women and girls through Service and Advocacy

SERVICE**Mary Burford (Coordinator)****Breast Cushions**

Our first breast cushion assembly and packing day was held on Saturday 3rd March at Ivanka's home. Although we were down on numbers on both days, Friday when the St Peters group met and on the Saturday at Ivanka's, we still managed to deliver 160 cushions to St Andrews.

DV Shelter

Our work continues at the shelter. A week ago they had a popup shop to clear the shed of unwanted stock. This has meant that we have been able to sort out the clothes and restock the racks in a more ordered fashion with sizes on each hanger.

We have also been asked to support the service in other ways. They have lost two people who helped with the client sessions and three of our team have offered to be group facilitators.

If you think you would like to volunteer to help can you contact Jennifer Stehn or Wendy Bruce who can give you more information. You would of course have to have the necessary DCIS clearance certificates.

Breast cushion assembly day at Ivanka's home.



BREAST CARE CUSHIONS

TOTAL 7627 as at 28/2/18

MEMBERSHIP**Maxine Panegyres (Coordinator)**

Next week we have a guest attending our meeting. Belinda Gibbons is joining us after making contact via the club's webpage.

I know you will join with me in welcoming her to the meeting.

I have also received one other email from a prospective guest. She anticipates attending the April meeting.

As at 28/2/18 our club membership was 41

ADVOCACY**Jennifer Stehn (Coordinator)**

The Advocacy Committee met at Kathy Ellis' home on 13 February with the following members in attendance – Kaye Roberts-Thomson, Kathy Ellis, Colleen Tomlian, Jill Olifent, Tracy Johnstone, Stephanie Steensma, Erica Majba and Jennifer Stehn.

Outcomes of the meeting:

Project Proposal part-funding Kala McLean's attendance at the Governor's Leadership course was unanimously supported by members. The Committee asks that this proposal is considered at the March Club meeting rather than wait for the rest of the 2018/19 Budget.

The group identified three major areas for advocacy in 2018/2019:

- 1 Domestic Violence**
- 2 Homelessness and Women**
- 3 Women's Incarceration**

EDUCATION was nominated as our major focus in each of these priority areas.

Committee members indicated which of the priority areas they wished to take leadership roles in.

The Committee wishes to continue the practice of managing an item on each Club meeting agenda.

Three fundraising activities are planned for this financial year:

- 1 Film Night (managed by Erica) - ongoing**
- 2 Market (managed by Jennifer) - ongoing**
- 3 Breakfast with local leaders (managed by Tracey) - new**

Budget forms will be submitted for each of these.

Project descriptions and budget bids will be provided for each of the three priority areas when called for by the Board.

Three recent documents are highly relevant to our Club's advocacy work:

1 Stronger Together – Safe Children and Strong Families 2017 – 2020

This strategy was released by the South Australian Department for Correctional Services in February.

It addresses, in broad terms, many of the issues around women's incarceration. Look it up on the web to inform our planning for action in this area.

It was also good to see the article by Lauren Novak in *The Advertiser* on 17 February mentioning "the growing calls to open an infant unit at Adelaide women's Prison amid rising female offender rates and a high profile pregnancy case." The article also described the fact that "South Australia is the only state not to provide basic prison child care facilities."

2 Overrepresented and Overlooked: the crisis of Aboriginal and Torres Strait Islander women's growing over-imprisonment

A report released by Change the Record Coalition, has 18 recommendations to redress racialized and gendered justice system outcomes.

The imprisonment rate of Aboriginal and Torres Strait Islander women has skyrocketed nearly 150% since the Royal Commission into Aboriginal Death in Custody in 1991.

Indigenous women make up around 34% of the female prison population but only 2% of the Australian adult female population.

Let's get well informed to improve our advocacy work!

3 The Australian Institute of Health and Welfare report on "Family, Domestic and Sexual Violence" released on 1 March 2018

This was covered by Lauren Novak in *The Advertiser*, who said the report paints a sobering picture of the extent of the social scourge – which shows no sign of abating.

The Advocacy Committee noted that it is responsible for the 3rd Combined Advocacy Meeting this year and will provide details to the Board at a later date.

Next meeting:

**13 March 2018
at the home of Erica Majba
6pm – 7.30pm**

**WOMEN'S COMMUNITY CENTRE SA
Reported by Erica Majba**

Again, I would like to thank the loyal members of our club who give time to enable the Women's centre to be open on Saturdays.

Thanks to: Susanne Pfitzner, Colleen Tomlian, Julie Hughes, Miriam Zu, Jennifer Stehn, Steph Steensma, Kay Woods, myself and others.

The Opp shop makes about \$60 - \$100 each Saturday. This money helps cover the rent expense and keeps the doors open 6 days a week.

Thanks to Julie and Steph for sharing their reflections on why they give up their time each month to support the centre.



Julie Hughes

"The reason I like to assist at the Womens Community Centre is that It provides vital ongoing support to women who may be marginalised, and have a limited social circle, for various reasons, including but not limited to, recent domestic violence.

By offering courses and even work opportunities (volunteering, and can be used on CV), the Centre enables women to take the initial steps towards creating a new and better life.

A bonus for me personally is the chance to chat with people whom I would not otherwise come across. People who have come to Australia to build a new life, and have fascinating stories to tell. "



Stephanie Steensma

"I love contributing to the centre as it is the only women's community centre and that is astounding and we can't let this go!

The stories and interactions I have with the women I come in contact with are so valuable and rewarding for both sides.

My daughter comes and helps and she sees how other women live and I'm working on developing my daughter's social understanding! Empowering a young woman!

I support fund raisers, donate clothes to help the hard working women.

I work full time and cannot attend other club activities so this is my give back!"

At our March meeting you will be asked to vote on a one-off project proposal to support Kala, Director of WCCSA to attend the Governor's Leadership program.

Without Kala the centre would have closed its doors three years ago. Her drive and passion and willingness to forgo a salary have been vital to its survival.

AWARDS**Raema Mahony (Coordinator)**

Our Zonta Club of Adelaide Community Development Grant with the University of South Australia opened for applications on the 1st February with a close on the 9th March and deadline for documents on 12th March.

When I last spoke to the university there were quite a few enquiries about the grant.

Maxine and I attended a meeting with DECD Education Director to review the Zonta Aboriginal Award and discuss areas for improvement for this year's promotion within the 5 schools.

There will be approximately 17 girls eligible to apply for this award from Unley, Urrbrae, Mitcham, Blackwood and Pasadena High Schools.

I have written to provide an update on progress of this award to the Zonta Flinders, Adelaide Hills, Torrens and Fleurieu clubs. As the committee met them last year to discuss this Aboriginal Award, they have been pleased to receive this update.

We have received a very impressive application from a 2017 Year 12 student from Mitcham Girls High School which the committee has reviewed and conducted phone and in person interviews.

This young woman has been supported by our club member Colleen and we are organising for her to be a guest at our April club meeting.

I have been contacted by a friend who is an organiser of the SA Entrepreneurs Week in July. She is interested in putting aside some places for a few High School students to attend a limited session in this Entrepreneurs Week. The session will have a few women, who have successfully established their own business in scientific areas, to speak about their journey.

I have made some initial enquiries with Mitcham Girls HS and Adelaide HS (via our members who teach there) to see if this is an opportunity in which the schools would like to participate. I will keep the club informed of any developments about this event.

FINANCE**Lorraine Elliott (Treasurer)**

At the time of writing the bank account balance was **\$24,287.18**.

In the month of February we paid our commitment of \$2,000 to the Adelaide High School for the scholarship program.

The recipients of this money are Hassuntu Kamara and Lily Han.

PROGRAM/PR**Beverley Newberry (Coordinator)****7 March 2018****Dinner meeting:**

To be held in the Tower Room at The Lion Hotel

Speaker:**Angela Sharp on "The Andhimal Project".**

This is a project developed by volunteers to improve the lot of the people living in a village, Andhimul, near Bandipur in Nepal, one of the poorest villages in the world.

An comprehensive review of Angela's talk was published in our December Zephyr.

2 May 2018

Annual General Meeting

6 June 2018

Handover

Quiz Night

The committee would appreciate members donating products at our March/April meetings for a silent auction, raffle and table prizes.

Please communicate with Beverley on **0419 811 609/ bnewberry@internode.on.net**

We have again sent you a copy of the flyer and would appreciate you encouraging friends and family to attend.

Funds raised will go towards our commitments for scholarships, breast care cushions and support for the EADVS.

COME ALONG, TEST YOUR SKILL AND WIN GREAT PRIZES.

BYO basket and drinks.

Zephyr

Would Coordinators of Committees please ensure that reports are submitted to Beverley no later than the Wednesday prior to our meeting.

2018 Annual Report

Reports and photos for inclusion in the 2018 Annual Report should be sent to Beverley from 15 to 31 March 2018. This will ensure that the AR is available for our AGM which will be held in May 2018.

Calendar of Events

Coordinators are asked to provide our committee with any new fundraisers/events you may wish to have included in our Calendar of Events, so that a timetable can be sent to all members.

LAST MONTH'S SPEAKER

Gerry Sanderson (Reporter)

The first Club meeting for 2018 was as interesting as it gets.

Our two guest speakers **Frances Bartholomeusz** and **Linda Fisk** spoke with passion and conviction about the conditions of women prisoners in South Australia and I'd say that all of us were significantly affected by their words.



Frances is a chaplain at the Adelaide Women's Prison and a coordinator at **Seeds of Affinity** which exists to support transitioning release prisoners. Frances described a confronting situation of dilapidated buildings, women locked up inside 24 hours a day, a growing prison population and no cover for the meagre outside facilities. Educational opportunities within the prison are pathetic and with 8 computers and 2 classrooms for 225 prisoners, even basic literacy is under threat, let alone the opportunity to complete year 11 and 12 qualifications.

Women on remand make up 40% of prisoners and some of these can be on remand for up to two years before sentencing. 8% of prisoners are there for drug related crimes and Indigenous women make up a disproportionately high number of incarcerations. A shocking 65% of prisoners are recidivists.

Mothers who give birth in custody have their babies instantly fostered out; South Australia is

unique in this situation and it is no surprise that women are unable to sustain mothering roles.

There are no plans for released women. They are given a plastic bag holding their possessions and all social responsibility stops there. Many of them couch surf, or even worse, concrete surf.

The systemic gender discrimination between women's and men's prisons is shocking. Because women are fewer in number and are deemed as not being high risk, consequently their conditions and opportunities within prisons are shamefully inadequate by comparison.



Linda, a former prisoner herself, spoke movingly about the plight of women who leave the prison. She now has a degree in psychology and can relate first hand how much of a struggle it is for women when they are released without any resources, unable to obtain accommodation, facing discrimination in job seeking and overwhelmed by feelings of invisibility in the world outside.

Many women become recidivists because they revert to the bad company that seems to be their only source of outside support.

In prison there are rules and expectations so women know where they fit and function within the system.

They also forge strong relationships with other prisoners to support their emotional needs, so it is no surprise that some women feel more sustained within that system despite its inadequacies.

We learned about the conditions inside the prison where women are crammed in like sardines. There is no dining room so many women have to eat on their beds. The facilities are pathetically inadequate with limited opportunities to exercise and prisoners tend to withdraw and sleep on their beds all day. There are no structures in place to support and counsel women who have suffered domestic violence and trauma. Mental health issues are not diagnosed and treated.

Seeds of Affinity has a Facebook page that is worthy of your attention. Frances was also kind enough to drop off a copy of **Captive Minds: Truth Behind Bars**, a powerful publication which explores the women's penal system and the fine work of people like Frances and Linda in actively advocating for individuals who have been lost within a cruel system.

Thankfully there have been some positives of late with more career/ educational training programmes within the prison. Craft activities are provided and emotional and lifestyle support is growing.

I attended a **Chat10, Looks 3** performance featuring Annabel Crabbe and Leigh Sales last Friday evening at Her Majesty's Theatre and I was delighted to hear it announced that all proceeds from the evening would be donated to **Seeds of Affinity**; it's a start!

Australian of the Year Awards 2017

Mar 17 2017 12:48 PM

Linda Fisk is announced State Finalist in Australia's Local Hero category 2017

As Seeds of Affinity turns 10 years old, co-founder Linda Fisk is announced State Finalist in Australia's Local Hero category 2017.

Devoted to helping other women turn their lives around after leaving prison Linda welcomes women at Seeds of Affinity with sincerity, a safe place to share their experiences or a meal, take part in education programs and regain a sense of place, purpose and self-esteem.

'I was flabbergasted that I was a finalist,' Linda says.

'I don't see myself as helping women, more walking alongside them.

'I think it has given them hope to see someone that has been where they've been, successfully reintegrate into the community and thrive.

'Being a part of Seeds has meant everything to me. It has allowed me to have an authentic identity that I can be proud of.

'Women are my passion and I will work towards freedom and equality for all, for the remainder of my life.

'I am most proud of the women. The growth I have seen in women that were broken upon release from prison is an inspiration. I am also very proud of the organisation and its values.

'This work must continue and become broader because every woman deserves to reach her full potential and there are some things that only another criminalised woman can understand.' says Linda.

Read more at [Australian of the Year Awards](#) and see more images of the night on our [Facebook page](#).



Thank you to our members who have contributed to this month's Zephyr:

- President Bev Gum
- Raema Mahony
- Advocacy
- Service
- Membership
- Finance
- Speaker review
- Editing
- Members who produce articles for inclusion
- Awards
- Jennifer Stehn
- Mary Burford
- Maxine Panegyres
- Lorraine Elliott
- Gerry Sanderson
- Mary Burford (at the last minute)

If any member wishes to supply an article or photos, please email directly to bnewberry@internode.on.net as we would be very (extremely) happy to publish interesting information/events in the Zephyr.

We wish our members happy birthday celebrations during March:

- 22 Jill Olifent
- 29 Colleen Tomlian

Happy Birthday



MEMBER UPDATES and ASSOCIATED ACTIVITIES



Jennifer Stehn and Susan recently travelled to Queensland for a family gathering. Jennifer’s younger sister Kaylene moved into a new house christened Das Schwesterhaus (the sister house) – and ANOTHER photo opportunity for Jennifer and her brother and sisters.



“Get well message” to **Millicent Hughes** who has enjoyed another stay at the Wakefield Street Hospital.

Hope members have been able to take part in the many events at the Adelaide Fringe, Adelaide Festival, Writers Week. WOMAdeelaide, Adelaide 500.

Dr Anna Muller (a past president of our club) and **Dr Anne Taylor** (past member and an Oncologist at the RAH) both enjoyed a stimulating talk by Richard Fidler and Kari Gislason at Writers Week.



OUR 2017/2018 CLUB EVENTS AND FUNDRAISING PROGRAM

2018

March

7

Club dinner meeting at The Lion

8

Zonta Rose Day

Your donation to the Rose Fund enables Zonta to continue supporting projects and programs that empower women and girls worldwide. Campaign runs from 2 February to 8 March.

8

Zonta Club of Clare & Districts IWD Breakfast

Guest Speaker: Dr Helen MacDonald, CEO Clare & Gilbert Valley's Council
More information: Nan Berrett 0400 742 692/clare.zonta@gmail.com

9

Adelaide IWD Breakfast "Press for Change"

Hosted by Senator Penny Wong

21

Zonta Club of Adelaide Flinders club dinner meeting

at the Public Schools Club. You are invited to attend its March meeting to hear the intrepid Guest Speaker Linda Bootherstone Bick, a renowned Travel Writer, Musician and Artist.

RSVP: Isobel McFarlane 048 953 648/ismcfarlane@gmail.com

April

27

Zonta Club of Adelaide Quiz Night

May

11/12

NCWSA history display at NCW House, South Tce. Adelaide.

JUNE 29/ Zonta International 64th Convention

JULY 3



ZONTA CLUB MEETING NIGHTS

Adelaide Flinders	3rd Wednesday	Adelaide Hills	4th Wednesday
Adelaide Torrens	2nd Tuesday	Clare & Districts	3rd Tuesday
Fleurieu Peninsula	4th Tuesday	Gawler	2nd Wednesday
Mt Barker	3rd Tuesday	Noarlunga Southern Vales	4th Wednesday
Para District Area	1st Tuesday	Port Lincoln	4th Tuesday
Riverland	1st Tuesday	Lower Eyre	3rd Tuesday



Zonta International is a leading global organisation of professionals empowering women worldwide through service and advocacy.

ZONTA INTERNATIONAL

Founded in 1919, Zonta International envisions a world in which women's rights are recognized as human rights and every woman is able to achieve her full potential. In such a world, women have access to all resources and are represented in decision making positions on an equal basis with men. In such a world, no woman lives in fear of violence. Its Objects are:

- To improve the legal, political, economic, educational, health, and professional status of women through service and advocacy.
- To work for the advancement of understanding, goodwill, and peace through a world fellowship of members.
- To promote justice and universal respect for human rights and fundamental freedoms.
- To be united internationally to foster high ethical standards, to implement service programs, and to provide mutual support and fellowship for members who serve their communities, their nations, and the world.

ZONTA CLUB OF ADELAIDE INC BOARD

<u>President</u>	Bev Gum	<u>Vice President</u>	Wendy Bruce
<u>Secretary</u>	Helen Joraslafsky	<u>Treasurer</u>	Lorraine Elliott
<u>Directors</u>	Mary Burford, Daina Long, Deborah Lodge, Akhter Rahman, Gerry Sanderson, Stephanie Steensma, Carol Summers		

COMMITTEES 2017-2018

<u>Membership</u>	Aileen Connon, Raema Mahony, Susan Pfitzner Maxine Panegyres (Coordinator)
<u>Advocacy/UN</u>	Wendy Bruce, Kathy Ellis, Millicent Hughes, Tracy Johnstone, Jennifer Stehn (Coordinator), Erica Majba, Jill Olifent, Stephanie Steensma, Kaye Roberts-Thomson, Colleen Tomlian
<u>Service</u>	Hani Ashtari, Val Baldwin, Ashleigh Bandiera, Lynne Beaumaris, Mary Burford (Coordinator), Wendy Bruce, Carmen Gurd, Julie Hughes, Ivanka Jovanovich, Anne Milne, Susanne Pfitzner, Gerry Sanderson, Jenni Thomson, Cheryl Triantafilidis, Angela Vandellis, Kay Wood, Janice Watson, Miriam Zhu
<u>Awards</u>	Lynne Beaumaris, Bev Gum, Millicent Hughes, Raema Mahony (Coordinator), Beverley Newberry, Maxine Panegyres, Margaret Peters
<u>PR/Program/Website</u>	Bev Gum, Daina Long, Akhter Rahman Beverley Newberry (Coordinator)
<u>Finance</u>	Helen Joraslafsky, Deb Lodge, Jennifer Stehn, Carol Summers Lorraine Elliott (Treasurer)
<u>Nominating 2018</u>	Val Baldwin, Aileen Connon, Cheryl Triantafilidis

NATIONAL COUNCIL OF WOMEN SA	Millicent Hughes, Lynne Beaumaris
VISITORS BOOK	Val Baldwin
ACSO	Bev Gum
ARCHIVIST	Beverley Newberry
VOLUNTEERING STRATEGY FOR SA	Val Baldwin

We're on the Web!
Club, International and District
www.zontclubofadelaide.org.au
www.zonta.org (Member ID)
www.zontadistrict23.org.au

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Zonta Club of Adelaide

