



**ZONTA**  
 CLUB OF  
 ADELAIDE INC  
 MEMBER OF ZONTA INTERNATIONAL  
 EMPOWERING WOMEN  
 THROUGH SERVICE & ADVOCACY

**ZEPHYR**

**Newsletter of the  
 Zonta Club of Adelaide  
 October 2017  
 Issue 404**

**Charter 0627 on 17/4/1969  
 District 23 Area 2**

**PRESIDENT'S REPORT**

Dear Members

Another very busy month has streamed by with a few momentous changes in the world. I was so pleased to see that women are finally being given the right to drive in Saudi Arabia, hopefully this will be the start of many more changes so that they can participate wholly in social and economic life.

We had a lively board meeting when we discussed process and procedures at length to try and streamline structures. More information to come on that. We will be updating our Constitution over the next few months to bring it into line with ZI. I am going to work on it with Carol, Helen and Wendy. Many thanks to Erica who has spent many hours on this process for the area.

The President's Christmas lunch will be held on Saturday, 2 December at 12.30pm in Hope



Hall - more details to follow.

However before that we have our final fundraiser for the year with the musical event on Sunday 29 October. Tickets are moving slowly and a reminder that we want to make this a big event, so please try to sell some tickets. I will bring them to the next meeting.

Another event that will be enjoyed by many of you is the ACSO lunch on Sunday 22 October at the Glenelg Golf Club. Our club put forward three nominations.

**Presentation of the "D23 Governor's Award: Heide Taylor Honour Roll" to Val Baldwin by Bev Gum and Erica Majba**

I am hopeful at our next meeting that I will be a very satisfied football supporter having travelled to Melbourne to watch the AFL grand final.

It seems that many of our members have taken the opportunity to escape the cold and travel interstate or overseas. I have enjoyed hearing about their journeys.

**ZONTA CLUB OF ADELAIDE INC**

**DINNER MEETING**

**4 October 2017**

**at**

**THE LION HOTEL**

**161 MELBOURNE STREET NORTH ADELAIDE 5006**

**6.00 pm for 6.30 pm Cost \$35**

**GUEST SPEAKERS**

**Liz Forsyth YWCA**

**Pusheela Kummun (JM Klausman nominee)**

**Ellen Swan (Honours Scholarship holder)**

I visited Lynn Oxlad in recent weeks and was pleased to see that she is making a good recovery.

Please let Mary or myself know if a member or previous member has had good or bad news so that on behalf of the club it can be acknowledged.

Providing the volcano does not interfere, I will be travelling to Bali in a few weeks.

In Zonta service  
Bev Gum

## SERVICE

Mary Burford (Coordinator)

### Breast Cushions

The next breast cushion assembly and packing day will be Saturday 14<sup>th</sup> October at Ivanka's home, 25 Church Street Magill at 9.00am.

### Birthing Kits

We had a very successful Birthing Kit Assembly Day on Monday 11th September at 3.30pm. We had help from Ivanka, Wendy and Gerry where we packed 600 birthing kits in almost record time with over 30 girls and a couple of staff to help.

### DV Shelter

I am still compiling a list of everyone's status re clearance to work at the shelter. A number of people have completed their clearance applications that all



members require (both Working with Children and Working with Vulnerable people) if they intend coming to the shelter for any purpose. If you require any help please contact me and/ or Bev Gum will help you with your application

### Sausage Sizzle



Above - Sausage Sizzle 30/9/17

Our first sausage sizzle was successful on Saturday where we cleared about \$580, but we have stock on hand for our next sausage sizzle which will be held on the 7<sup>th</sup> October. Please could you let me know there are any changes to the roster required?

## ADVOCACY

Jennifer Stehn (Coordinator)

The committee welcomed first time attendees: Hoda Brovayeh, Jill Olifent and Tracy Johnstone at its 13 September meeting. It's great to be part of such an energetic and committed group.

Planning is underway for this year's **16 Days of Activism** with Tracy Johnstone taking a leading role. You will hear more about this at our next two club meetings.

A few points of interest from the meeting:

- Remember the **Her Stories of Hope** event at the Women's Community Centre on 18 October. A flyer will be distributed shortly

- Sandra Dann, Director of the Working Women's Centre and guest speaker at our September Club meeting, continues to distribute the Walk in My Shoes booklet at her White Ribbon training sessions.
- We will be inviting refugee/ recent migrant students from the School of English at Croydon to the International Women's Day Breakfast with the funds approved in this year's budget
- The committee's fundraisers are the Market and the Film Event. We plan for both to continue in 2018. The toy sets in their beautiful carry bags continue to sell. Jennifer is still looking for another willing knitter!
- Carol Summers has looked after the second hand books for us for a couple years now. It's time we relieved her! Anyone willing to do this please see Jennifer or Carol.**
- We will be planning for next year's Advocacy projects over the next couple of meetings.
- Remember to look up the **Our Watch website** and join the mailing list to get access to a lot of great resources and research.

Many thanks to Tracy Johnstone for providing the following report on the forthcoming **16 Days of Activism**.



**BREAST CARE CUSHIONS**

**TOTAL**  
7171  
as at  
30/9/17

**NEXT WORKSHOP:**

**Date**  
Saturday  
14/10/17

**Where**  
25 Church St  
Magill

**Time**  
9.00 am

**As at 30/9/17 our club membership was 41**

## 16 Days of Activism 25 November – 10 December

The 16 Days of Activism begins on 25th November on International Day for the **Elimination of Violence Against Women** and ends on December 10th International Human Rights Day. It is a global campaign to raise awareness about the impacts of violence in women's lives.

Locally our Zonta Club will be raising awareness in a number of ways:

- Asking members to attend the White Ribbon Australia 'Walk **against Domestic Violence**' **4 November at 10.30am** with a banner and Members wearing orange
- To wear the orange ZI ribbon for 16 days and sell to other Clubs
- 16 Day social media campaign which provides a practical example of what **someone can do to raise their own awareness or advocate to reduce violence against women (this could be developed into a promotional postcard that can be distributed to schools, community groups and businesses)**
- A **16 day display at the Campbelltown City Council library, utilising Walk in my Shoes again**
- Consider a Zonta display at the Campbelltown City Council volunteer expo on **November 28 outlining the volunteer opportunities**

### AWARDS

**Raema Mahony (Coordinator)**

The Awards Committee nominated some of this year's club Women of Achievement recipients to the SA Women's Honour Roll.

The only person who was successful and will be added to the SA Women's Honour Roll will be Dr Alitya (Alice) Rigney PSM. As this will be a posthumous award her family have been informed and will attend on her behalf on 30<sup>th</sup> November.

At our forthcoming October club meeting, Ms Pusheela Kummun our nominee for the Zonta International JM Klausman Award and our Adelaide University Honours Scholarship winner Ellen Swan will be attending the dinner to introduce themselves to the club. Please come and chat to them.

Tickets are still available for the Classical Music Afternoon on the 29<sup>th</sup> October and as the last fundraiser in this calendar year please come and bring your friends to support this event.

Bev Gum will have tickets available at our club dinner or by getting in contact with her via mobile or e mail.



Our new Zonta Scholarship girl for Year 11, 2018:

**Lily Han**

Congratulations must go to our new Scholarship recipient, Lily Han. Lily is a student with heritage from South East Asia, Cambodia. Her parents arrived in Australia before Lily was born in an effort to provide a better life for Lily and her two younger sisters.

Lily is a very hard working student who is known for her efforts to put the needs of others before her own. She has been involved in many co-curricular activities, including the school Orchestra, Peer leading, voluntary officiating in volleyball and basketball. As well as a current mentor for the younger students at Adelaide High School. Lily is a Middle School Prefect representing and leading, Morris House.

Lily is a kind natured student who loves to read and who has given her time willingly to be a voice for her peers on the Student Representative Council.

She also continues to involve herself in fundraising activities, lead in

various school open nights and overall has represented the school well in her short time at the school.



Update on current Scholarship student

**Hassantu Kamara**

Hassanatu has continued to maintain good grades in English, Italian and Modern History. She has also since commenced a year 12 subject called Research Project, choosing to investigate a topic on "reinforcement and learning".

Now approaching the end of 2017, Hassantua has a lot to focus on, including exams. Hassantu is a dedicated and hard worker and her grades reflect her efforts. In Year 12 she is aiming to continue with a full program of study.

Despite her busy workload, Hassantu found the time to actively help pack birthing kits as well as involve herself in many other student-support roles.

**FINANCE**

**Lorraine Elliott (Treasurer)**

At the time of writing the bank account balance was \$29,493.27.

The most significant activity through the account in the month of September was the payment of \$2000 from the discretionary fund, as agreed at the last club meeting, to the soil fund.

At the most recent board meeting, the committee had an opportunity

to present a summary of outstanding commitments we have plus fund raising activities that had not yet occurred.

This is a timely reminder to everyone to ensure that I as Treasurer or one of the finance committee are advised should any commitments change throughout the year and to invoice all payments promptly.

The finance committee is also working on a number of proposals for the board to ensure that all club members and committee chairs are educated on the financial working of the club.

We look forward sharing those in the coming months.

**PROGRAM/PR**

**Beverley Newberry (Coordinator)**

**4 October 2017**

Dinner meeting to be held in the Tower Room at the Lion Hotel.

**Speaker: Liz Forsyth CEO of YWCA Adelaide,** a not-for-profit improving the lives of women and girls in Australia.



Dedicated to creating change through leadership and constructive solutions, Liz is passionate about making a difference to the experiences of women and girls.

The YWCA Adelaide leads and delivers campaigns which align with its vision, values, policy priorities and advocacy goals. In 2015 YWCA Adelaide launched a community safety campaign in Adelaide called Rise Above the Pack. The two main aims of the campaign are to re-frame the conversation

from victim blaming to perpetrator responsibility and to encourage positive bystander intervention, with the ultimate goal of creating safer public spaces for women.

You can find out more and get involved in: [riseabovethepack.com.au](http://riseabovethepack.com.au)

In November 2016 the Rise Above the Pack campaign received an Australian Crime and Violence Prevention Award:

**We wish our Members happy birthday celebrations during October**

**Happy Birthday**

- Miriam Zhu 9**
- Deb Lodge 14**
- Kay Wood 14**
- Helen Joraslafsky 31**



## LAST MONTH'S SPEAKER

Gerry Sanderson (Reporter)



Our September 2017 club meeting was honoured to have as a guest speaker **Sandra Dann**, director of the **Working Women's Centre SA Inc** which originally opened in 1979.

**WWCSA** provides a service which supports women employees whatever their age, ethnicity or work status, by providing a free and confidential service on work related issues.

The Centre works primarily with women who are not represented by a union, their own lawyer or another advocate.

Sandra's presentation covered the **Freecall Services – 1800 652 697**

Sandra indicated that the following information is available from the website:

***Our objective is to increase women's participation in and contribution to workplace arrangements that improve their income and conditions, including women who work in precarious and/ or low status employment.***

The WWCSA is funded by the Commonwealth Office of the Fair Work Ombudsman, Safe Work SA and SA Unions, and is a community based non-profit organisation.

**Direct Client Work** in cases of:

- Unfair Dismissals
- Wages and Working Conditions

- Health Issues at work
- Sexual harassment
- Discrimination (age, race, sexuality, pregnancy, marital status, disability)
- Workplace bullying

Supporting women who have suffered **domestic violence** has ignited a concerted focus on this terrible issue and the following factors are startling:

**A 2011 survey revealed 3500 cases of Injury and Restraint perpetrated on women and children.**

**Restraint** is presented as a significant factor in preventing women from getting to work. One victim was locked in a cupboard for four days; another was required to stand in front of a home CCC to be monitored by her partner.

- With sophisticated technology victims can easily be kept under surveillance, CCC technology, drones, smart phones and highly sophisticated tracking devices which can be placed in cars
- There have been 31 women's deaths to date this year in Australia from domestic violence. DV affects one in three women
- The Coroners Court finding is that DV against women and children is always preceded by a pattern of events. This is sad because an early intervention would have made a difference, including the tracking of information through DV reports

- **WWCSA strategies include** providing a Family Safety Framework where sharing information can occur and privacy and confidentiality is assured

- Forming a multi agency protection service PAPS
- Much improved reporting with every ambulance sharing information with SAPOL, WESN and Migrant Women's support case managers
- Establishing opportunities for face to face counselling contact, keeping women safer
- New legislation allows up to 15 days DV work leave for victims
- The White Ribbon workplace programme is robust
- Providing training for managers in government departments and councils
- If agencies don't act they will come before the WWC and be required to provide more humane support for victims
- Providing advice and strategies re: cost structures can make it appealing to employers.

**There is a wealth of additional information on the Working Women's Centre SA Inc website**

Zonta Club of Adelaide is proud to present a musical afternoon featuring Adelaide Youth Orchestras



## AdYo String Quartet Pernambuco AdYO Wind Quintet

*Burnside City Uniting Church*

*384 Partridge Rd. Tumaree SA 5065*

*Sunday 29th October at 3:00pm*

*Cost: \$30 including light refreshments*

Tickets available from: Bev Gum  
email: [bev.gum@gmail.com](mailto:bev.gum@gmail.com)  
Phone: 0438 840 756

Payment options:

### EFT

Zonta Club of Adelaide Inc  
BSB: 633 000 Acct No: 149452385  
Reference: AdYo plus surname of purchaser (eg AdYo Smith)

Once payment complete notify Bev Gum by email or mobile

Cash to a club member

Parking available at Burnside Civic Centre  
Parking immediately behind church  
for disabled and musicians only

Thank you to our members who have contributed to this month's Zephyr:

- President Bev Gum
- Raema Mahony
- Ashleigh Bandiera
- Advocacy
- Mary Burford
- Lorraine Elliott
- Gerry Sanderson
- Helen Jorasklafsky
- Members who produce articles for inclusion
- Awards
- Adelaide High School scholarships
- Jennifer Stehn/Tracy Johnstone
- Service
- Treasurer
- Last month's speaker
- "My trip to Mongolia"

If any member wishes to supply an article or photos, please email directly to [bnewberry@internode.on.net](mailto:bnewberry@internode.on.net) as we would be very (extremely) happy to publish interesting information/events in the Zephyr.

**MEMBER UPDATES and ASSOCIATED ACTIVITIES**



In beautiful surroundings, **Carmen Gurd** was recently married. Carmen will be travelling to Argentina and will be unable to attend our October and November dinner meetings. We wish her the best and look forward to more photos upon her return from holidays.

**Jo Stewart Rattray**, one of our women of Achievement, leading a conference “She Leads Tech”.



Join us for an afternoon of glamour and gourmet...

PRESENTED BY THE ZONTA CLUB OF ADELAIDE FLINDERS

Sunday 29<sup>th</sup> October  
1:00PM to 4:30PM  
at Next Generation Function Centre  
War Memorial Drive, North Adelaide

From 1:00pm take time to browse the great selection of quality pre-loved clothing, accessories, jewellery and more in the foyer – be early to get the best buys!

Doors open at 1:30pm to enjoy a complimentary glass of bubbles on arrival, with the main event beginning at 2:00pm.

featuring the  
**LIZ DAVENPORT** “Miracle in a Suitcase”  
presented by Marilyn Little. Includes “How to Teach your Wardrobe Who’s Boss?” as well as some clever travel and styling secrets.

Then relax and indulge in a sumptuous **HIGH TEA** of savoury and sweet treats while enjoying an exciting parade of the latest Liz Davenport styles.

Great Raffle Prizes to be won, plus the opportunity to book an individual free personal styling consultation with Marilyn.

**TICKETS \$55**  
Susan 0417 111 159 or Centre 0400 002 014

**ZONTA CLUB OF ADELAIDE FLINDERS INC**  
EMPOWERING WOMEN THROUGH SERVICE & ADVOCACY

All proceeds to our Zonta International, District and Club Service Projects

To ensure its service projects are successful, members of the **Zonta Club of Adelaide Flinders** are looking for support at its fundraising afternoon of glamour and gourmet.....



## Helen Jorasklafsky, MY TRIP TO MONGOLIA

A small group of 12 (consisting of 5 Australians and 7 English all of 'a certain age'); an enthusiastic, knowledgeable, caring 24 year old guide and wonderful drivers made my three weeks in Mongolia a wonderful experience and possibly the best tour that I've done, as it was the achievement of a childhood goal to visit this part of the world.

We drove in 4WD vehicles on roads that weren't always good, rarely sealed and often taking to "the bush" because the going was better than the rutted, washed out or rocky track.

Starting in the capital Ulanbaatar (pronounced Lanbaata) with all the facilities of a city but in need of infrastructure maintenance – not a lot seems to have happened since the Communists pulled out in the early 1990s – but with the early signs of developers moving in, we attended the opening of the Naadam Festival which annually celebrates the history and people of Mongolia. The ceremony was quite long, depicting the history of the country with participants in traditional dress; luckily we had seats in the shade as it was quite a warm day (it was summer). The following day we watched traditional sports of archery, wrestling and knuckle bones (not the way we do it), and a very long horse race. Of course, there were also the museums, memorials and traditional concerts.

Then we headed north-west to approx 200 km from the Russian border and drove south through central Mongolia (there is no Inner and Outer Mongolia; "it's just Mongolia", our guide told us). From the mountains with lakes, through the never ended steppe (I loved the open space – it was what I've wanted to see since I saw a photo when I was a child) and then on to the Gobi (not Gobi desert – 'Gobi' means 'desert') approx. 200 km from the Chinese border.

Each night we stayed in 'ger' camps – that's those round huts, made from felt, that the Russians call 'yurts'. The camps are like our caravan parks, with shared facilities. Tourism is a rapidly growing industry in this country (I met other tourists on similar tours to ours from Australia, UK, USA, Canada, Germany, etc.) which is still mainly nomadic (except in the city, there is only one; the rest are towns, large and small, that supply educational and medical facilities). However, I am still smiling about the lonely gers out on the steppe with their solar panels and satellite dishes.

There were few facilities along our route, so it was find a bush (there weren't any trees most of the time) or a dip in the ground to disguise what you were doing – again, the men had the advantage.

Gold and coal has recently been discovered in the Gobi, so mining is a growing industry, but that is further south than we ventured.

We saw the "flaming cliffs" (which looked much like Central Australia) where some of the first dinosaur skeletons and eggs were discovered. There is one giant sand dune which stretches for 1,800 km – other tourists climbed it, some of our group tried. I took photos of them; we had just endured a 45 minute camel ride!

We visited deer, goat and sheep, yak (they're cute), camel and horse herders. The goats and horses are milked; with mare's milk being considered a delicacy. And they don't waste anything: the milk is used as milk when it is fresh, it then becomes yoghurt and then dried curd.

We made several stops to stock up on supplies at supermarkets and other local shops which seemed to stock everything. These supplies included bottled water (we were warned about drinking the water but most of us suffered from diarrhoea, even the guide and one of the drivers), milk and biscuits for our morning teas along the way, sweets to give to the nomads' children, Chinggis Khan vodka (not Gengis), and anything that the travellers needed.

13<sup>th</sup> century leader and warrior, Chinggis Khan, is still the national hero. The hotel where we stayed in Ulanbaatar was named after him. Chinggis Khan was mentioned in many conversations and there are statues and museums dedicated to him. The ultimate tribute is a giant statue facing his home town and built on a museum/gift shop.

I recommend a visit to Mongolia, but don't leave it too long as the mining, developers and tourists will take over before long.

**OUR 2017/2018 CLUB EVENTS AND FUNDRAISING PROGRAM**

**OCTOBER**

- 4**        **ZONTA CLUB OF ADELAIDE** Dinner Meeting
- 7**        **SAUSAGE SIZZLE** Zonta Club of Adelaide  
(Coordinator: Mary Burford)
- 14**        Breast Cushion assembly day at Ivanka's home
- 22**        **ACSO** lunch at the Glenelg Golf Course
- 29**        **CLASSICAL MUSIC AFTERNOON** Zonta Club of Adelaide fundraiser  
at the Burnside City Uniting Church (flyer Page 6)
- 29**        Zonta Club of Adelaide Flinders fundraising  
of glamour and gourmet.....(flyer Page 7)

**NOVEMBER**

**24**        **ADELAIDE WHITE RIBBON BREAKFAST**



Adelaide Convention Centre with speaker **Dr Michael Kaufman PhD**. An excellent event to attend.

**DECEMBER**

**2**        Zonta Club of Adelaide Christmas lunch to be held at Hope's Cafe  
(more details to follow)

**2018**

**JUNE 29/** **Zonta International 64th Convention** to be held in  
**JULY 3**    Yokohama Japan

**ZONTA CLUB MEETING NIGHTS**

Adelaide Flinders	3rd Wednesday	Adelaide Hills	4th Wednesday
Adelaide Torrens	2nd Tuesday	Clare & Districts	3rd Tuesday
Fleurieu Peninsula	4th Tuesday	Gawler	2nd Wednesday
Mt Barker	3rd Tuesday	Noarlunga Southern Vales	4th Wednesday
Para District Area	1st Tuesday	Port Lincoln	4th Tuesday
Riverland	1st Tuesday	Lower Eyre	3rd Tuesday



**Zonta International is a global service organisation of executives and professionals working together to advance the status of women through service and advocacy.**

**ZONTA INTERNATIONAL**

Founded in 1919, Zonta International is a global organization of members working together to advance the status of women worldwide through service and advocacy. Its Objects are:

- To improve the legal, political, economic, educational, health, and professional status of women through service and advocacy.
- To work for the advancement of understanding, goodwill, and peace through a world fellowship of members.
- To promote justice and universal respect for human rights and fundamental freedoms.
- To be united internationally to foster high ethical standards, to implement service programs, and to provide mutual support and fellowship for members who serve their communities, their nations, and the world.

**ZONTA CLUB OF ADELAIDE INC  
BOARD**

<b><u>President</u></b>	Bev Gum	<b><u>Vice President</u></b>	Wendy Bruce
<b><u>Secretary</u></b>	Helen Joraslafsky	<b><u>Treasurer</u></b>	Lorraine Elliott
<b><u>Directors</u></b>	Mary Burford, Daina Long, Deborah Lodge, Akhter Rahman, Gerry Sanderson, Stephanie Steensma, Carol Summers		

**COMMITTEES 2016-2017**

**Membership** Aileen Connon, Raema Mahony, Susan Pfitzner  
Maxine Panegyres (Coordinator)

**Advocacy/UN** Wendy Bruce, Kathy Ellis, Millicent Hughes, Tracy Johnstone,  
Jennifer Stehn (Coordinator) Erica Majba, Jill Olifent, Stephanie Steensma,  
Kaye Roberts-Thomson, Colleen Tomlian

**Service** Hani Ashtari, Val Baldwin, Ashleigh Bandiera, Lynne Beaumaris,  
Mary Burford (Coordinator) Wendy Bruce, Carmen Gurd, Julie Hughes, Ivanka Jovanovich,  
Anne Milne, Susanne Pfitzner, Gerry Sanderson, Jenni Thomson,  
Cheryl Triantafilidis, Angela Vandellis, Kay Wood,  
Janice Watson, Miriam Zhu

**Awards** Lynne Beaumaris, Bev Gum, Millicent Hughes,  
Raema Mahony (Coordinator) Beverley Newberry, Maxine Panegyres, Margaret Peters

**PR/Program/Website** Bev Gum, Daina Long, Akhter Rahman  
Beverley Newberry (Coordinator)

**Finance** Helen Joraslafsky, Deb Lodge, Jennifer Stehn, Carol Summers  
Lorraine Elliott (Treasurer)

**Nominating 2018** Val Baldwin, Aileen Connon, Cheryl Triantafilidis

<b>NATIONAL COUNCIL OF WOMEN SA</b>	Millicent Hughes, Lynne Beaumaris
<b>VISITORS BOOK</b>	Val Baldwin
<b>ACSO</b>	Bev Gum
<b>ARCHIVIST</b>	Beverley Newberry
<b>VOLUNTEERING STRATEGY FOR SA</b>	Val Baldwin

**We're on the Web!**  
Club, International and District  
[www.zontaclubofadelaide.org.au](http://www.zontaclubofadelaide.org.au)  
[www.zonta.org](http://www.zonta.org) (Member ID)  
[www.zontadistrict23.org.au](http://www.zontadistrict23.org.au)

**Zonta Club of Adelaide Inc**  
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Zonta Club of Adelaide

