

**ZONTA**  
 CLUB OF  
 ADELAIDE INC  
 MEMBER OF ZONTA INTERNATIONAL  
 EMPOWERING WOMEN  
 THROUGH SERVICE & ADVOCACY

**ZEPHYR**

**Newsletter of the  
 Zonta Club of Adelaide  
 MAY 2017  
 Issue 339**

**Charter 0627 on 17/4/1969  
 District 23 Area 2**

**PRESIDENT'S REPORT**

Another busy month with volunteers everywhere.

The new building for the Eastern Adelaide Domestic Violence Service will be opened on May 8th. If you are a volunteer, your invite will be emailed to you.



**New building for the Eastern Adelaide Domestic Violence Service**

I am writing this report while setting up for a big market at Hope's Cafe. We are developing more and more partnerships including EADVC, Women's Community Centre, Spire Community (Hope's Cafe), Adelaide High School, Seymour College, Mitcham Girls High School, Mission Guild mothers from St Peters College and Adelaide University. These partnerships are very important to our work and those members who work to maintain them are much appreciated.

Anyone who plans to volunteer at the DV shelter will need to do child safe environment course.

Most of us have done this course and there is no need to do it again but another course will be offered in June. Talk to me at the meeting. Madeline Pattingale is currently on leave so the police checks have ground to a halt but don't worry as long as the police checks are in train that is okay.

Mary, Wendy, Aileen, Val, Erica and I are looking forward to the Area workshop and a reminder that we will have a stall so any of the crafty people who have been

making things, we will take them with us along with books. Please bring anything suitable to the May meeting.

I will be away in June travelling in outback Queensland for a month camping, so Wendy will be in charge. I will be out of contact for quite a bit of the time so if I don't respond please forgive me.

**In Zonta service  
 Bev Gum**

**ZONTA CLUB OF ADELAIDE INC**

**DINNER MEETING**

**3 May 2017**

**THE LION HOTEL**

**161 MELBOURNE STREET NORTH ADELAIDE 5006**

**6.00 pm for 6.30 pm**

**Cost \$30**

**Speaker**

**Marie Shaw QC**

Please advise Beverley Newberry 0419 811 609 /bnewberry@internode.on.net if you are unable to attend or wish to bring guests. Unfortunately, members will be charged for any non-apologies.



## ADVOCACY

Jennifer Stehn (Coordinator)

The **ZONTA SAYS NO TO VIOLENCE AGAINST WOMEN** Campaign is supported in our club by our weekly involvement with the Eastern Area Domestic Violence Centre and the Women's Community Centre (SA), by our Walk in My Shoes Project and our engagement in the 16 Days of Activism from 25 November to 10 December.

We also support the campaign through our financial contributions to the Zonta International Strategies to End Violence against Women (ZISVAW) program and through partnership with the United Nations and its agencies.

"Violence against women and girls is one of the most pervasive human rights violations and a global epidemic. It knows no national or cultural barriers and affects millions of women and girls in peacetime and in conflict." **ZI website**

The facts in Australia continue to be alarming. The magnitude and pervasiveness of violence against women is challenging to comprehend. We've seen the facts below many times and it is critical to see them – until they change. Behind each statistic is a personal story.

- On average, at least one woman a week is killed by a partner or former partner in Australia.<sup>1</sup>
- One in three Australian women has experienced physical violence, since the age of 15.<sup>2</sup>
- One in five Australian women has experienced sexual violence.<sup>2</sup>

- One in four Australian women has experienced physical or sexual violence by an intimate partner.<sup>2</sup>
- One in four Australian women has experienced emotional abuse by a current or former partner.<sup>3</sup>
- Women are at least three times more likely than men to experience violence from an intimate partner.<sup>4</sup>
- Women are five times more likely than men to require medical attention or hospitalisation as a result of intimate partner violence, and five times more likely to report fearing for their lives.<sup>5</sup>
- Of those women who experience violence, more than half have children in their care.<sup>6</sup>
- Violence against women is not limited to the home or intimate relationships. Every year in Australia, over 300,000 women experience violence – often sexual violence – from someone other than a partner.<sup>7</sup>
- Eight out of ten women aged 18 to 24 were harassed on the street in the past year.<sup>8</sup>
- Young women (18 – 24 years) experience significantly higher rates of physical and sexual violence than women in older age groups.<sup>9</sup>
- There is growing evidence that women with disabilities are more likely to experience violence.<sup>10</sup>

- Aboriginal and Torres Strait Islander women experience both far higher rates and more severe forms of violence compared to other women.<sup>11</sup>

### Our Watch website

Learning about and challenging gender stereotypes and respectful relationships education are key preventative strategies.

The Queensland and Victorian Governments have introduced **RESPECTFUL RELATIONSHIPS EDUCATION** in all schools in partnership with Our Watch (Queensland – 2016; Victoria – 2017)

"The Respectful Relationships Education Program is a primary prevention program focused on influencing behaviour change to prevent undesirable social consequences such as domestic and family violence.

This is done through challenging attitudes about violence and gender construction known to lead to violence while also supporting students to develop pro-social behaviours that lead to equitable and respectful relationships. A strengths-based approach underpins the development of respectful relationships knowledge and skills."

Education Queensland website

**What is happening in South Australian schools?**



**WIMS Report**

Erica Majba

Our WIMS display and resources are being taken up by Area 1 in May. I will transport the display and provide the supporting resources that have been developed by the club over time to assist Area 1 Director Jasmine Koch to share the project with her clubs in Melbourne and south eastern Victoria.

Kaye Roberts-Thompson and I had a productive meeting with Sandra Dann, Director of Working Women's Centre SA. WWC is charged with delivering the White Ribbon accreditation to all government departments in SA. There has also been interest from profit and not for profit organisations to have the training. She is excited to be able to recommend our WIMS booklet at the end of her training sessions as a positive resource for organisations to consider purchasing to support their employees.

WWC is currently launching a new brand with its own website called Domestic and Family Violence Work Aware that will be rolled out in SA, Qld and NT.

The advocacy committee will invite Sandra to come to a club meeting to share information with us some time during the year.

Kaye and I also spoke about the Women's Community Centre and our club's partnership with this organisation. Sandra was aware of the centre but had lost touch and was interested to get an update. She could see the benefit for some of her clients in being referred to the Women's



**WCCSA Report**

Erica Majba

The series of speaker events called "Her Stories of Hope" started in April 12 with Auntie Ellen Trevorrow as guest speaker.

Over fifty women and some men attended to listen to the stories of her family and how they keep the weaving skills alive by taking on projects together. Auntie Ellen's work is widely held including: Art Gallery SA, NGV, National Gallery Australia as well as many public and private collections here and overseas.

Jayne Stinson, ALP candidate for Bradcoe served as an excellent MC and was keen to share that she had won a ZC Adelaide scholarship in the past that helped her complete her university studies. Hon Michelle Lensink, Shadow Minister for Human Services, shared her story of moving from physiotherapy to politics and now managing work with a young child. Michelle is a member of ZC Mt Barker.

**A very successful evening. The next event will be 12 June.**



**BREAST CARE CUSHIONS**

**TOTAL 6916 as at 30/4/17**

**NEXT WORK-SHOP: Date Saturday 20 May**

**Where 25 Church St Magill**

**Time 9.00 am**

**As at 30/4/17 our club membership was 37.**

**MEMBERSHIP REPORT**

**Maxine Panegyres (Coordinator)**

**Welcome**

At our May meeting we will officially welcome Miriam Zhu who will be inducted after many months attending meetings and activities. Miriam is self-employed and has an on online business **Who Says Sew** that keeps her very busy in addition to her two young children. Members at the Christmas lunch met her daughter Emree who attended as well. Miriam is certainly committed to improving women's welfare in order to make the world a better place. Miriam has already contributed to the club in a variety of ways including supporting the market group and the Women's Community Centre.



Miriam brings a range of skills to our club in the areas of computing, sewing, entrepreneurship and of course Chinese Language. **Welcome Miriam.**

We are also planning to welcome Ashleigh Bandiera in the near future. Ashleigh has been introduced to the club by Angela Vandellis and has attended two meetings and the Women of Achievement evening recently.

**Committee meeting**

Our next committee meeting will be held next Wednesday morning with the Awards committee, to continue planning for a musical event which we hope to hold in late October or November.

**FINANCE****Lorraine Elliott (Treasurer)**


**people's choice**  
**COMMUNITY LOTTERY**

Since 1984, the Community Lottery has returned more than \$16 million to more than 1,400 not-for-profit groups. Tickets are \$2 each and participating organisations retain 100% of all proceeds which they generate through the sale of both paper and online tickets.

**Please order your tickets NOW**

Firstly, thank you to those members who have paid their annual fees on time, this has allowed us to send them by the 30th April cut off.

We have also submitted our contribution to the ZIF projects, as per your voting at the last club meeting. This is documented in the Annual Report due to be published.

I had pleasure of presenting to the Board at the last meeting our draft 2017/18 Budget and look forward to presenting it to members.

Our balance as at the end of the financial year 31 March 2017 was \$28,949.73.

**Administration** \$ 4,923.71  
**Fundraising** \$24,026.02

To finalise year ended 31 March 2017 commitments we made payments to the Adelaide High School of \$900 for birthing kit materials and \$2,000 for the Adelaide High School Scholarship.

**As a reminder** the Community Lottery is open for both online and paper tickets. If anyone needs any assistance with this, please contact Deb Lodge on **0408 020 051**.

**AWARDS****Raema Mahony (Coordinator)**

The Awards Committee had a joint meeting with the Membership Committee to discuss a combined fundraising function for October.

Various members are currently doing more research to find a suitable venue. Thank you to the club members who supplied the joint committee with ideas of possible venues.

The University of Adelaide has

notified the club of this year's recipient of the Gender Prize.

The recipient is Zoe Keys and Millicent Hughes and Beverley Newberry will represent the club at presentation ceremony on the 2<sup>nd</sup> May.

The Committee will be submitting our Women of Achievement names to the SA Honour Roll in the next few weeks.

The District 23 nomination form for awards is now out and will be due in the coming months. The committee will be looking at submitting nominations for various categories.

**Any ideas from members about suitable nominations will be appreciated.**

Thank you to our members who have contributed to this month's Zephyr:

- |  |                       |
|--|-----------------------|
| ◆ President Bev Gum                          |                       |
| ◆ Raema Mahony                               | Awards                |
| ◆ Maxine Panegyres                           | Membership            |
| ◆ Jennifer Stehn                             | Advocacy              |
| ◆ Erica Majba                                | WCCSA/WIMS            |
| ◆ Lorraine Elliott                           | Treasurer             |
| ◆ Gerry Sanderson                            | Last month's Speakers |
| ◆ Members who produce articles for inclusion |                       |

If any member wishes to supply an article or photos, please email directly to [bnewberry@internode.on.net](mailto:bnewberry@internode.on.net) as we would be very (extremely) happy to publish interesting information/events in the Zephyr.

**PROGRAM/PR**

**Beverley Newberry (Coordinator)**

**Club meetings**

**3 May 2017**

Speaker: Marie Shaw QC  
Topic: "My Story" - in a highly competitive profession"

**7 June 2017**

**FORWARD NOTICE**

Due to the Tower Room not being available for this meeting, our dinner will be held at the

**Sahara Restaurant**  
**455 Greenhill Road**  
**Tusmore**

A parking map will be sent to members prior to this meeting and a club discussion will take place in lieu of a speaker.

A selected menu of Indian Cuisine will also be made available for members at our May meeting.

**Annual Report**

This is now completed and we wish to thank all the Coordinators of committees for not only writing their reports but also checking the printed work:

- Mary Burford**
- Jennifer Stehn**
- Erica Majba**
- Maxine Panegyres**
- Raema Mahony**
- Lorraine Elliott**
- Bev Gum and Hani Ashtari**

have been of tremendous assistance.

The Report will be online from this Wednesday and hard copies will be made available at the AGM.

**One page Brochure**

Thank you to Gerry Sanderson for creating a club brochure which will be made available to members at this meeting.

A club trifold brochure is available and if members wish to have copies, please advise a committee member.

**Quiz Night**

Our committee is planning its Quiz Night for 7 July 2017. Quiz Master will be our talented colleague Rob Elliott and a flyer will be available during May.

We plan a raffle for an iPad, silent auction and fun questions for participants.

**Calendar of Events**

To avoid club events clashing, would all committees please let us know of any planned events for the coming year so that they can be included in the club's calendar of events.

**We wish our members happy birthday celebrations during May:**

**Happy Birthday**



- Jennifer Stehn 6**
- Janice Watson 9**
- Gerry Sanderson 10**
- Maxine Panegyres 15**
- Erica Majba 16**
- Lorraine Elliott 29**
- Lynne Beaumaris 31**



## LAST MONTH'S SPEAKERS

Reporter Gerry Sanderson

### Shila Yukuli Paia

#### Soil Child Program Papua New Guinea

*Soil Child... an intriguing metaphor that makes you lean in closer.*



Our fascinating April guest speaker, **Shila Yukuli Paia**, explained how the **Soil Child** program is branded with a cultural premise that *Life begins in the soil*; a story of origin, ritual, connection to the land and new life.

Shila was raised by her maternal grandmother after her own mother declared that she was scared her chief husband would disapprove of having a baby girl as his first born. Despite this, Shila's grandmother was strong and resilient and encouraged her to go to school, to work hard and take risks so she could fight the male dominance and find a place in society.

When the first ever primary school was opened up in the village, many obstacles were placed in her way and it was only with determination and courage that Shila eventually completed year 6. Eventually the school was closed because of limited teaching staff and lack of resources but grandmother had her sights set on high school for her young charge.

High school was a two day walk away so grandmother packed a bag with sweet potatoes, borrowed a dress from an aunt and made enough money by stealing food from grandfather's garden to pay for school fees. So began an amazing story.

Shila became a boarding student for 4 years, with only one dress, gardening to cover her school fees and a diet of a biscuit for breakfast and brown rice for dinner. She completed year 10 and obtained a scholarship to study for a nursing degree in Western Province PNG.

A nine year nursing career was ultimately followed by a career in public health and international development.

A terrible period followed in a 9 year abusive marriage but the light was on the horizon when she obtained 2 scholarships from the Aust Govt. Shila now has a **Bachelor of Health Science and a Master of Health and International Development from Flinders University**. Her doctoral research is now based on **Soil Child** which explores women's hardships, their resilience, the struggle and survival within situations of extreme poverty.

This brief summary of Shila's life would require many words, but you can explore more details of Shila's story at: <http://blogs.flinders.edu.au/public-health/2014/03/26/student-profile-shila-phopo/>

Thank you Shila for sharing your inspired and inspiring journey that took all of us into a world courage and determination.

### Nadia Baldassi-Winderlich Winner of the Young Women's Community and Spirit Award



It is always magnificent when our **Zonta Club** is able to recognise and reward the committed and heartfelt public services initiated by dedicated young people who

are willing to give their time, energy and expertise to support others

The deserving winner of the **Young Women's Community and Spirit Award**, Nadia Baldassi-Winderlich, helped to found the **Casework, Advocacy and Support Service (CASS)** which grew out of the program to assist asylum seekers with completing their FOI applications back in 2014.

The scheme flourished from humble beginnings with just two volunteers, no files and no formal appointments.

Steadily it grew into a volunteer pool of 20 law students, providing information on policy and liaising with the Department regarding FOIs.

In her acceptance speech, Nadia shared a fascinating story, telling us how a young refugee family had been referred to her services by a community leader after their asylum application had been refused *twice*. Their last chance was a judicial review but, desperately, hearing time was rapidly approaching and they had no legal representation.

**CASS** rallied to the cause by undertaking exhaustive approaches to secure affordable legal services which required much in the way of negotiation with commercial solicitors, developing a manageable payment plan and approaching charity groups to secure funding.

The happy outcome of this diligent and persistent effort was that the family was handed a positive decision and their judicial review was successful.

**Nadia is a worthy and deserving recipient of this Zonta award and we wish her well in her wonderful endeavours.**



## **CAN YOU HELP**

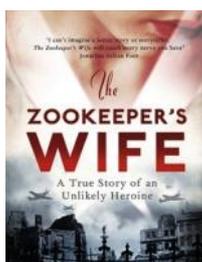
### **1 WINE & CHAMPAGNE GLASSES**

Do you have wine and/or champagne glasses that you can donate to the club? We have bought 10 dozen at low cost but need about 10 dozen more. It's time we STOPPED contributing plastic drink containers to LAND FILL and having the recurrent cost of buying new ones for each event. Jennifer Stehn has offered to store them - and wash them! PLEASE BRING THEM TO THE MEETING ON 3 MAY.

### **2 CLOTH SHOPPING BAGS**

Our supply of these for OZHarvest food distribution at the DV Centre is running low. PLEASE BRING SOME TO THE MEETING ON 3 MAY.

## **FILM FUNDRAISER**



Our small working group of: Anne Milne, Carol Summers, Jennifer Stehn, Gerry Sanderson, Deb Lodge and Millicent Hughes met this week. Thanks Beverley for your work behind the scenes.

While we are organising the event we will also be inviting others to help out on the night. It may be ambitious but we would like to sell 300 tickets – this will need every club member to do their best to invite friends and family. We are also seeking bookings from the general public. Are you able to post flyers at your: local shops, library, bowls club?. Please book your tickets early so that we can cater for numbers.

I am happy to book through TryBooking on your behalf if you are not comfortable with this process. Just bring your cash to our club meeting and then you may then collect your tickets on the night. A reminder that raffle items also need to be brought to the club dinner. Anne will talk at the meeting about what food to bring.

## OUR 2017/2018 CLUB EVENTS AND FUNDRAISING PROGRAM

### MAY

**3 Zonta Club of Adelaide Annual General Meeting**

**6 Area 2 Workshop**

Hosted by the Zonta Clubs of Port Lincoln and Lower Eyre.

If you would like to attend please contact Bev Gum.

The Guest Speaker will be Vicky Welgraven, Adnyamathanha woman from the Northern Flinders Ranges and member of the Zonta Club of Para District Area.

**10 Zahra Foundation Workshop** empowering women to take control of their finances with Power Knowledge Freedom. Experts in finance and banking will present their topics. For more information please call Kylie on 8352 1889.

**12 Club film fundraiser: The Zookeeper's Wife**

Capri Theatre. 141 Goodwood Road, Goodwood.

5.30 for 6.30 pm. Cost \$20 (Please refer to flyer)

**20 Breast Cushion Workshop**

**23 United Nations International Day to end Obstetric Fistula**

**28 High Tea club fundraiser**

Pineview Community Centre, 3 Conyngham St, Glenside 5065

2.00 - 4.30 pm. Cost \$30 (Please refer to flyer)

### JUNE

**7 Dinner meeting at the Sahara Restaurant & Grill House**

**18 Bunnings of Kent Town Club's Sausage Sizzle**

**18-24 SA Refugee Week "A Place to Call Home"**

Join over 100 organisations in celebrating the 2017 SA Refugee Week. The event promotes the positive contribution of refugees to South Australia, and encourages understanding, cultural harmony and community engagement.

### JULY

**7 Zonta Club of Adelaide Quiz Night**

### SEPTEMBER

**1-3 District 23 Conference**

Mercure Geelong (to be rebranded as Rydges Hotel from April)

**2018**

**JUNE 29/ Zonta International 64th Convention** to be held in

**JULY 3** Yokohama Japan

## ZONTA CLUB MEETING NIGHTS

Adelaide Flinders	3rd Wednesday	Adelaide Hills	4th Wednesday
Adelaide Torrens	2nd Tuesday	Clare & Districts	3rd Tuesday
Fleurieu Peninsula	4th Tuesday	Gawler	2nd Wednesday
Mt Barker	3rd Tuesday	Noarlunga Southern Vales	4th Wednesday
Para District Area	1st Tuesday	Port Lincoln	4th Tuesday
Riverland	1st Tuesday	Lower Eyre	3rd Tuesday



**Zonta International is a global service organisation of executives and professionals working together to advance the status of women through service and advocacy.**

## ZONTA INTERNATIONAL

Founded in 1919, Zonta International is a global organization of members working together to advance the status of women worldwide through service and advocacy. Its Objects are:

- To improve the legal, political, economic, educational, health, and professional status of women through service and advocacy.
- To work for the advancement of understanding, goodwill, and peace through a world fellowship of executives in business and the professions.
- To promote justice and universal respect for human rights and fundamental freedoms.
- To be united internationally to foster high ethical standards, to implement service programs, and to provide mutual support and fellowship for members who serve their communities, their nations, and the world.

## ZONTA CLUB OF ADELAIDE INC BOARD

<b><u>President</u></b>	Bev Gum	<b><u>Vice President</u></b>	Wendy Bruce
<b><u>Secretary</u></b>	Helen Joraslafsky	<b><u>Treasurer</u></b>	Lorraine Elliott
<b><u>Directors</u></b>	Mary Burford, Daina Long, Deborah Lodge, Gerry Sanderson, Carol Summers		

### COMMITTEES 2016-2017

<b><u>Membership/Fellowship</u></b> Maxine Panegyres (Coordinator)	Aileen Connon, Helen Joraslafsky, Raema Mahony,
<b><u>Advocacy/UN</u></b> Jennifer Stehn (Coordinator)	Wendy Bruce, Millicent Hughes, Kathy Ellis, Erica Majba, Akhter Rahman, Kaye Roberts-Thomson, Stephanie Steensma
<b><u>Service</u></b> Mary Burford (Coordinator)	Hani Ashtari, Val Baldwin, Lynne Beaumaris, Julie Hughes, Ivanka Jovanovich, Anne Milne, Susanne Pfitzner, Gerry Sanderson, Jenni Thomson, Cheryl Triantafillidis, Angela Vandellis, Kay Wood, Janice Watson
<b><u>Awards</u></b> Raema Mahony (Coordinator)	Lynne Beaumaris, Bev Gum, Millicent Hughes, Beverley Newberry, Maxine Panegyres, Margaret Peters
<b><u>PR/Program/Website</u></b> Beverley Newberry (Coordinator)	Bev Gum, Daina Long, Akhter Rahman
<b><u>Finance</u></b> Lorraine Elliott (Treasurer)	Deb Lodge, Carol Summers
<b><u>Nominating 2017</u></b>	Millicent Hughes, Maxine Panegyres, Gerry Sanderson

<b>NATIONAL COUNCIL OF WOMEN SA</b>	Millicent Hughes, Lynne Beaumaris
<b>VISITORS BOOK</b>	Val Baldwin
<b>ACSO</b>	Bev Gum
<b>ARCHIVIST</b>	Beverley Newberry
<b>VOLUNTEERING STRATEGY FOR SA</b>	Val Baldwin

We're on the Web!  
Club, International and District  
[www.zontaclubofadelaide.org.au](http://www.zontaclubofadelaide.org.au)  
[www.zonta.org](http://www.zonta.org) (Member ID)  
[www.zontadistrict23.org.au](http://www.zontadistrict23.org.au)

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Zonta Club of Adelaide