

ZONTA
CLUB OF
ADELAIDE INC
MEMBER OF ZONTA INTERNATIONAL
EMPOWERING WOMEN
THROUGH SERVICE & ADVOCACY

ZEPHYR

**Newsletter of the
Zonta Club of Adelaide
SEPTEMBER 2016
Issue 332**

**Charter 0627 on 17/4/1969
District 23 Area 2**

PRESIDENT'S REPORT

As you read this, I will be on a riverboat cruising down the Volga somewhere between St Petersburg and Moscow.

As many of our club members know travel widens your horizons and gives us an understanding of women's lives. Whilst I do not expect to see a vast gap in Russia, last year in Cambodia, it was with despair that I looked at how hard life is for women and girls. It is very fitting that we have opportunities to support programmes in third world countries.

The Olympics have been interesting on another level in that an Iranian woman won the first female gold medal in their country. We need to be conscious that we cannot change the world overnight but each small step brings equality.



Chloe Esposmo finished first in the women's modern pentathlon. She used her exceptional shooting and running skills to bridge the 45 second gap between her and first place to claim gold for Australia

People often ask me if Zonta is a feminist organisation and my answer is that we are not anti-men but as we are half the world's population, we should have access to half the world's resources.

Wendy as co-chair of Advocacy committee, was instrumental in formulating a response to a paper on domestic violence.

This will be sent to the Attorney General's Department on behalf of our club. We have also contributed to the Area 2 response. Thankyou to the committee for diligence and the time taken on this task. As I write this 45 women are dead at the hands of their partners this year so it is a timely reminder that our work and awareness raising is essential.

**In Zonta service
Bev Gum**

ZONTA CLUB OF ADELAIDE INC

7 September 2016

THE LION HOTEL

161 MELBOURNE STREET NORTH ADELAIDE 5006

6.00 pm for 6.30 pm

SPEAKER: WENDY BRUCE
DELEGATE'S REPORT on the 2016 ZONTA INTERNATIONAL CONVENTION
held in NICE, FRANCE on 2-6 July 2016

Please advise Beverley Newberry 0419 811 609 /bnewberry@internode.on.net if you are unable to attend or wish to bring guests.

Please also advise if you cannot attend by **TUESDAY AM 6 SEPTEMBER 2016** as unfortunately we will be charged for your meal if your apologies are not received in time.



Empowering women and girls through Service and Advocacy

MEMBERSHIP

Maxine Panegyres (Coordinator)

Prospective members

There are three women who are almost set to join our club. By now many of you will have met Jill Olifent, Tracy Johnstone and Colleen Tomlian who have each attended three dinner meetings. All going well we hope to hold an induction ceremony at the October meeting. More details will be provided next month.

Website contacts

In the last month I have responded to 3 emails requesting details about the club and the process for joining.

New members get together

The Membership Committee would like to hold a morning tea get together on **Saturday 12th Nov 10.30am - 12 noon**

Members new to the club during the last 12 months are invited to attend. Please put this date in your diary. The morning is to share information about Zonta and learn a little about you in an

informal setting. With the three proposed new members there could be seven people attending.

Honorary members

Membership committee discussed the issue of honorary members and we are currently following this up further with Raema seeking more guidance about criteria, tenure and associated issues before the conversation is taken further.

Mentoring

One item of agenda at our recent meeting was the issue of mentoring.

We know that some new members would like to have a mentor and others do not. We also discussed what mentoring actually means. There are many versions of mentoring and in the end we believed that at a club level it could be best described as a friend to contact for information when required while the mentor could be the supporter and encourager if needed.

When new members join we usually ask them if they would like someone to support them through the initial stages of membership.

Membership Committee guidelines

The committee is reviewing our current guidelines. The revised guidelines will form part of the club's package of information for members.

Our next committee meeting will be just after the October club meeting, October 6th at Funk, Victoria Square at 10:30 am.

As at 31/8/16 our club membership was 35.

Committee
Aileen Connors
Helen Joraslafsky
Raema Mahony
Cheryl Triantafilidis

Program/PR

Beverley Newberry (Coordinator)

Club Meeting

7 September

At this meeting we will be given a report by Wendy Bruce our delegate at the recent 2016 Zonta International Convention. In the absence of President Bev Gum, Wendy will take over her duties as vice-President.

Club Meeting

5 October

As this is our **International Night**, the meeting will be held at Hope's Cafe, Cnr Portrush Rd and Norwood Pde, Norwood. It is anticipated that our speaker will be David Winderlich, Manager of

Eastern Uniting Communities.



Members will also have an opportunity to support a new arrival, as Meyawa will present her collection of bling to us.

Dancing with Celebrities

14 October 2016

It is disappointing that it has been quite awkward this year to receive timely confirmations to

dance by various people and the dance schools. However on a good note the following have agreed to dance and we have attached a flyer for you to send out to your many guests:

Dancers:

Graham Cornes
 Ken Cunningham
 The Hon Justice Robyn Layton
 Major Genevieve Rueger
 MYSTERY GUEST

Host:

Rosa Matto

FINANCE REPORT

Treasurer Lorraine Elliott

As at 31 July our account balance sits at \$26,613.39.

July fund raising saw us continue to increase the lottery

month of July were for the sales with excellent work being carried out by Deb Lodge to drive that commitment.

Significant outgoings in the Women's Community Centre \$2000 and Adelaide High School Birthing Kits \$900.

In addition \$50 was paid to the Gallipoli Medical Research Foundation (Cancer research-Cyril Gilbert Testimonial Fund) as a show of respect in the passing of Jennifer's niece.

Reminder to all club members to give us 48 hours notice if you cannot attend the club dinners. At only \$30 per month it does not leave us much room if members

do not give us enough notice, as we must pay the Lion for the numbers we confirm. We will commence asking for payment for late cancellations from the August meeting onwards.

The People's Choice Lottery 2016 closes on 31 August. Our coordinator, Deb Lodge, wishes to thank members for their generous support in this year's fantastic fund raising initiative. The final outcome will be presented to members at our next club meeting.

SERVICE

Mary Burford (Coordinator)

Breast Cushions

Our finishing day was Saturday 20 August after the St Peter's group held a sewing day on 19 August. We assembled 165 cushions. Ivanka Jovanovich has also made and assembled about 30 cushions as the hospital was again running short. We are negotiating with the St Peter's group to hold an additional sewing day to overcome this problem.

The Rotary Club of Campbell town has contacted me and has offered to donate to the breast cushion project. We have been asked to make a presentation to a dinner meeting.

We have been asked to attend the St Andrew's Hospital Breast Care Lunch. More information when I receive it.

Birthing Kits

Angela is organising a Birthing Kit Assembly day at Adelaide High School on Wednesday 14th September from 1.30 pm till about 3.30 pm. **We need a few members to help on the day.**

DV Shelter

Club members have continued to support the shelter in various ways. Alison is organising a course for people who volunteer or work at the centre. If club members want to continue to work at the centre they will be required to do the course. Dates are 8th September or 10th November 2016.



President Bev Gum, Mary Burford and Lynne Beaumaris joined a representative of the Influencer's Church at its annual fashion parade.

Lynne Beaumaris, Bev Gum and I attended the Influencer's Church annual fashion parade. We joined staff members from the DV centre for dinner beforehand and then enjoyed a very loud but amazing parade.

This event raised \$7000 which will be donated to the DV centre to help with the installation of the new kitchen.

The EADVS Quiz night is to be held on Friday 4th November. I hope we can have a number of club members support this event. Please note the date in your diary.

Lynne Beaumaris organised a morning tea for past residents of the DV centre and refugees at her home on Thursday 25th August.

She does a tremendous job and it has an obvious benefit to the women concerned.



Lynne and friends enjoying morning tea

Sausage Sizzle

If we want to have a sausage sizzle next year, we need to send a written application as soon as possible. We were not successful in getting a second one this year.

Women's Community Centre

Wendy, Erica and Kay volunteered at the monthly garage sale at the WCC. Moneys raised from these garage sales pays for the rent of the Centre.



BREAST CARE CUSHIONS

Total
6551
as at
20/8/16

Next
Workshop
19/11/16

Where
25 Church
St, Magill

Time
9.00 am

ADVOCACY**Jennifer Stehn (Coordinator)**

This month the committee has been very busy responding to the Attorney General's Discussion Paper on Domestic Violence.

Naomi Reschke, Chair District Advocacy Committee, asked us to respond to the topic of Confidentiality as part of the District 23 response. A club response was also developed.

also urged to respond to an online survey.

It is important to remember that taking a position on issues pertaining to women and girls (advocacy) is every member's responsibility.

Erica Majba, Suzanne Pfitzner and Wendy Bruce attended the Combined Advocacy Meeting to hear Vicky Welgrave from the National Aboriginal and Torres Strait Islanders Women's Alliance speak primarily about Domestic Violence and Aboriginal women.

Wendy Bruce

Individual club members were

**INVITATION**

On 8th September BPW Adelaide Equal Pay Day Cocktail Event Tickets still available <https://www.eventbrite.com.au/e/equal-pay-day-cocktail-tickets-26756632809>

Please join us for drinks, nibbles and networking - hear from eminent Women Leaders including our Minister for Status of Women, the Hon. Zoe Bettison MP; Sandra Dann - Director Working Women's Centre of South Australia; Ann Morgan - Chair, Adelaide International Women's Day Breakfast Committee and Gemma Lloyd, co-founder of Diverse City Careers discussing real Pay Equity issues and strategies which contribute to helping address the problem.

BPW Australia has advocated for equal pay for work of equal value for over 70 years. BPW Australia continues its Equal Pay Day Campaign, and continues to highlight the issue every year in the lead up to Equal Pay Day in early September.

This event is supported by the Coalition of South Australian Women's Groups including - Country Women's Association of SA, Soroptimist International, Zonta International, National Council of Women SA, YWCA, the Women's Community Centre and the National Rural Women's Coalition.

Sponsorship support from Adelaide Festival Centre and Staging Connections
Making a difference is everyone responsibility and starts with awareness. Join us to learn more about how you can help with closing the gap.

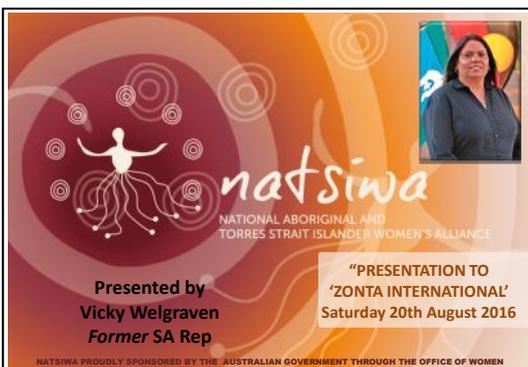
WHEN

Thursday, 8 September 2016 from 6:00 PM to 8:00 PM

WHERE

Lyrics Room - Adelaide Festival Centre - King William Street, Adelaide, SA

Men too are welcomed as this is not just a women's issue - it is everyone's issue.



Notes from the presentation by Vicky Welgrave from the National Aboriginal and Torres Strait Islanders Women's Alliance.

NATSIIWA was formally established in March 2013 and funded in December 2013.

- It aims to **Empower our Women to have a strong voice in the domestic and international policy arena to advocate for effective policy** that is relevant and meaningful to our needs and aspirations;
- It is a non government organisation;
- It has a female Board of nine, who are volunteers;
- It represents each State/Territory, including the Torres Strait Islands.

Its Vision is: To protect the health, human rights and fundamental freedoms that are significant to Aboriginal & Torres Strait Islander Women, through cultural preservation, health, education and coalition building.

What is Domestic/Family Violence?

- **Physical**
1 in 3 women have experienced physical violence since the age of 15
- **Sexual**
1 in 5 have experienced sexual violence
- **Psychological harm**
21% of women have experienced emotional abuse by a partner since the age of 15, and 76% of these women said they experienced anxiety or fear as a result of this emotional abuse.
- **Coercion or arbitrary deprivation of liberty**

Contributing Factors to Family Violence

- Gender Inequity
- Post colonisation impacts including dispossession of land, and the forced removal of children – created dislocation from family and culture
- Disintegration of traditional family roles particularly for men as people were removed from traditional lands and the urbanization of families
- The intergenerational experience of trauma (individual, cultural, community, family and economic)
- Housing stress
- Welfare dependency and poverty (Exclusion from the employment market)

Effects on Children

Social
Behavioural
Cognitive
Emotional Effects

Other impacts

Homelessness
Poverty
Loss of family connection

Community responses

- Aboriginal Community Controlled Organisations / Aboriginal Medical Services
- Mainstream Community Sector Organisations
- Aboriginal Family Violence Prevention Legal Services

A call for urgent action

- Aboriginal and Torres Strait Islander women consulted and making decisions
- There needs to be an increase in *Indigenous*-specific programs
- Increased number and accessibility of services, refuges, shelters and safe houses
- Invest in programs to prevent re-offending
- Map policing services and allocate resources based on need
- Fund policing initiatives

AWARDS REPORT

Raema Mahony (Coordinator)

Women of Achievement

Fourteen nominations have been received and nine chosen.

Members are following up with writing up the nominations and a draft for a WOA program. Contact details will be provided and then follow up letters to nominees will be discussed next meeting to make contact by November once venue date for March confirmed.

Association of Community Services Organisation Awards

- Val Baldwin nominated for the Heide Taylor Award.

- Nadia Baldassi-Winderlich, a young law student who volunteers at Hope Café has been nominated by Bev Gum and accepted by the ACSO committee for the **Alan Sloan Young Citizen Award**.

- The club's work at the Domestic Violence Service will be nominated for the Project Award.

Scholarships

The committee discussed exploring support for indigenous women in a tertiary institution as the Mitcham Girls Scholarship is not focussed solely on indigenous young women due to lack of numbers now attending the school.

Margaret Peters and Maxine Panegyres will follow up with their contacts in this area within education and report back to the committee.

Sundry

Discussed support to women in Engineering as our February guest speaker, Christian Birzer, highlighted limited number of women attending this field of study and employment. Raema to follow up discussions with him and Margaret to look at contacts within the University of South Australia and to report back to the committee on their findings.

Next meeting to be held on 15th September.

MARKET STALL

Thornden Park Moonlight Market

The Zonta marketeers will be having a stall at the Thornden Park Moonlight market on the **4th November 2016**

We will be selling books, handcrafts and jewellery and promoting the Zonta Club of Adelaide. There are over 100 stalls, including food and wine, and it is open to the public from 6 pm to 10 pm at Hamilton Terrace, Paradise.

Come and join in the fun

We ask members to empty their overflowing bookshelves and donate books at the October meeting as we want large supply of stock to raise as much money as possible.



Marketeters: Jennifer Stehn
Carol Summers
Kay Wood

Carolyn Millard
Gerry Sanderson

Happy Birthday

We wish our members happy birthday celebrations during September

Daina Long 6
Wendy Bruce 21
Margaret Peters 26



RUGS WITH LOVE

Anne Milne



Anne reports that the Rugs with Love group has been going for about 5 years and she has been assisting for two years. She enjoys the craft of crochet and has great enjoyment in being able to support such a cause.

This year the group distributed 150 rugs to children in care and these rugs are theirs to keep. The exhibition afternoon is always a great success and a great fund raiser as well with club's share this year being \$300.

Above

A beautiful display of rugs

Right

Quilters enjoying A lunch together



WHITE RIBBON BREAKFAST

Convenors, Adelaide WRBC



Proudly working with White Ribbon to create a safer workplace
 Australia's campaign to stop violence against women

The ninth annual White Ribbon Breakfast will be held at the Adelaide Convention Centre on:

Friday 25 November 2016,

the UN International Day for the Elimination of Violence Against women.

The Committee is excited to announce that the Guest Speaker this year will be The Honourable Marcia Neave AO, Chair of the recent Royal Commission into Family Violence.

In March this year, the Commissioners delivered their report to Government House in Victoria, the culmination of a 13 month inquiry. The Commission was tasked with making recommendations that will influence generational change to prevent and respond to family violence, including making perpetrators accountable, improving early intervention and supporting victims.

Prior to the Royal Commission, Justice Neave was a Judge of the Court of Appeal in the Supreme Court of Victoria, and has been a Professor at three Australian universities. With her enduring interest in the way the law responds to the needs of women, we believe Justice Neave has a vitally important message to deliver for the White Ribbon Campaign in South Australia.

BIRTHING KIT 10th ANNIVERSARY

10 September 2016

If you are free on Saturday September 10th 1.30 - 4.30pm we are holding an assembly day being organised by Doone and Margaret and having celebration drinks afterwards.

Val Sarah our Ambassador is coming, as is Judi Hutchinson our Honorary Life Member who organises assembly days for 12,000 - 15,000 kits every year. She raises between \$36,000 and \$45,000!!!!

If you are free please link to the attendance link below. It will take you to the registration site and follow the prompts. If you make a last minute choice to come - don't worry that you have not registered - as we know it only helps with catering.

You are all most welcome to help assemble these kits and join in our celebrations - in fact it is your honoured place to be there. Family and friends are most welcome.

Our district founded this project and thousands of women and babies are alive today because of our commitment.

<http://us3.campaign-archive1.com/?u=b1f4f3db021c46d32cd3a095e&id=dfc4b8004b&e=f068231180>

BKFA IS TEN! Born from the Zonta Club of Adelaide Hills initiated Zonta Birthing Kit Project, BKFA was established in 2006. Over 1.5 million kits have since been sent overseas and to mark this incredible achievement, we've set a goal. That for a month, all funds raised and Assembly Days held across Australia will contribute to a target of 24,800 kits and \$24,800 in donations. 24,800 is the estimated number of women who will die in a month due to birthing and pregnancy related complications. The month's efforts will culminate on 10th September when BKFA will host an Assembly Day and celebration for our greatest friends and supporters and we would love you to join us for this.

ACSO



President Bev Gum with committee members of the Association of Community Services Organisation preparing for the 2016 Awards Lunch to be held on 9 October 2016

MEMBERS' ACTIVITIES

Lots of holidays to report. **Bev Gum** has set off on an exciting trip to Russia, accompanied by 4 of her friends. **Carolyn Millard** is still on leave; **Kathy Ellis** is overseas and **Carol Summers** is due to take off on two short breaks. **Millicent Hughes** will be travelling to France beginning September and **Maxine Panegyres** is presently holidaying in Queensland. **Akhter Rahman** will be in Melbourne to celebrate her son's special birthday with family and friends and **Gerry Sanderson** is due back soon from Europe. **Cheryl Triantafilidis** is stuck! in Greece repairing and maintaining her house in Rhodes. **Wendy Bruce** has spent a happy few weeks in Byron Bay and **Jenni Thomson** is presently on a well deserved shopping spree in Melbourne.

Thank you to our members who have contributed to this month's Zephyr:

- | | | |
|---|----------------------------|--------------------|
| ◆ | President Bev Gum | |
| ◆ | Lorraine Elliott | Finance Report |
| ◆ | Maxine Panegyres | Membership |
| ◆ | Mary Burford | Service |
| ◆ | Raema Mahony | Awards |
| ◆ | Members who contributed to | "Member updates" |
| ◆ | Wendy Bruce | Advocacy/Co-Editor |

If any member wishes to supply an article and photos, please email directly to bnewberry@internode.on.net. We would be happy to publish interesting information/events in the Zephyr.

EVENTS CALENDAR

September

- 8 **DV Centre:** Training session for people to continue to work at the DV Centre.
- 8 **Equal Pay Day Cocktail Event:** BPW Adelaide. Event opened by Minister for Status of Women, the Hon. Zoe Bettison MP. 6pm - 8pm in the Lyrics Room, Adelaide Festival Centre. Ticket \$50. Contact: bpwsa@bpw.com.au / 0431 442 204
- 14 **Adelaide High School Birthing Kit Assembly Day** (See Angela or Mary)
- 18 **Zonta Club of Mount Barker** film fundraiser Bridget Jones's Baby to be held at The Regal Theatre, Kensington Park at 1.00pm for 2.00pm. \$20 pp
- 24 **NCWSA "The Media"** at NCW House. 9am - 12 noon. Cost \$10. Register: ncwsa@bigpond.com

October

- 5 **Zonta Club of Adelaide** dinner meeting to be held at Hope's Cafe
- 5 **St Andrews Hospital Breast Care Lunch**
- 9 **ACSO** Lunch
- 14 **ACSO** Stand in the Mall. "Make a Difference, join a Service Club"
- 14 **Zonta Club of Adelaide** Dancing with Celebrities to be held at The Ellington
- 15 **NCWSA "Elder Abuse"** at NCWSA House. 9am - 12 noon. Cost \$6. Register: ncwsa@bigpond.com

November

- 4 **Moonlight Market Stall**, Thornden Park
- 4 **Community Quiz Night** raising funds for Eastern Adelaide Domestic Violence Service at the Campbelltown Function Centre, 172 Montacute Rd, Rostrevor, 5073 7pm for a 7.30pm start. \$15 per person (tables 8-10). RSVP **Mary Burford**.
- 10 **DV Centre:** Training session for people to continue to work at the DV Centre.
- 19 **Zonta Club of Adelaide Breast Care workshop**
- 25 **White Ribbon Breakfast 2016**
Adelaide Convention Centre

ADELAIDE WHITE RIBBON BREAKFAST



ZONTA CLUB MEETING NIGHTS

Adelaide Flinders	3rd Wednesday	Adelaide Hills	4th Wednesday
Adelaide Torrens	2nd Tuesday	Clare & Districts	3rd Tuesday
Fleurieu Peninsula	4th Tuesday	Gawler	2nd Wednesday
Lower Eyre	3rd Tuesday	Mt Barker	3rd Tuesday
Noarlunga Southern Vales	4th Wednesday	Para District Area	1st Tuesday
Port Lincoln	4th Tuesday	Riverland	1st Tuesday



Zonta International is a global service organisation of executives and professionals working together to advance the status of women through service and advocacy.

ZONTA INTERNATIONAL

Founded in 1919, Zonta International is a global organization of members working together to advance the status of women worldwide through service and advocacy. Its Objects are:

- To improve the legal, political, economic, educational, health, and professional status of women through service and advocacy.
- To work for the advancement of understanding, goodwill, and peace through a world fellowship of executives in business and the professions.
- To promote justice and universal respect for human rights and fundamental freedoms.
- To be united internationally to foster high ethical standards, to implement service programs, and to provide mutual support and fellowship for members who serve their communities, their nations, and the world.

ZONTA CLUB OF ADELAIDE INC BOARD

<u>President</u>	Bev Gum	
<u>Secretary</u>	Helen Joraslafsky	<u>Treasurer</u> Lorraine Elliott
<u>Directors</u>	Mary Burford, Daina Long, Deborah Lodge, Carolyn Millard, Gerry Sanderson, Carol Summers	

COMMITTEES 2016-2017

<u>Membership/Fellowship</u>	Aileen Connon, Helen Joraslafsky. Raema Mahony, Maxine Panegyres (Coordinator) Cheryl Triantafilidis,
<u>Advocacy</u>	Wendy Bruce, Millicent Hughes, Kathy Ellis, Erica Majba, Jennifer Stehn (Coordinator) Sarah Mohammadi, Akhter Rahman, Kaye Roberts-Thomson
<u>Service</u>	Hani Ashtari, Lynne Beaumaris, Julie Hughes, Mary Burford (Coordinator) Ivanka Jovanovich, Anne Milne, Gerry Sanderson, Jenni Thomson, Angela Vandellis, Kay Wood, Janice Watson
<u>Awards</u>	Lynne Beaumaris, Bev Gum, Millicent Hughes, Raema Mahony (Coordinator) Beverley Newberry. Maxine Panegyres, Margaret Peters
<u>PR/Program/Website</u>	Bev Gum, Daina Long, Akhter Rahman Beverley Newberry (Coordinator)
<u>Finance</u>	Deb Lodge, Erica Majba, Carolyn Millard, Carol Summers Lorraine Elliott (Coordinator)
<u>Nominating 2016</u>	Millicent Hughes, Maxine Panegyres, Gerry Sanderson

NATIONAL COUNCIL OF WOMEN SA	Millicent Hughes, Lynne Beaumaris
UNITED NATIONS ASSOC AUSTRALIA	
VISITORS BOOK	Val Baldwin
ACSO	Bev Gum
ARCHIVIST	Beverley Newberry
VOLUNTEERING STRATEGY FOR SA	Val Baldwin

We're on the Web!
 Club, International and District
www.zontaclubofadelaide.org.au
www.zonta.org (Member ID)
www.zontadistrict23.org.au

Zonta Club of Adelaide Inc
Box 3132 PO, Norwood 5067
 zontadelaide@gmail.com
 Charter 0627 on 17 April 1967
 Area 2 District 23